

Breadbasket Zone

Marcia Anziano, Chair

Introduction

This report will highlight individual LMSCs and their successes from the past year.

Discussions and Projects Since Last Convention

At the 2017 convention, the zone meet was discussed. In the past, and still today, we rotate the zone meet around each LMSC, and they host it in combination with their local LMSC Championship or similar meet. An idea was presented to host a virtual zone meet. The idea behind it was that each LMSC would choose one meet to run in the given order that all others would use and that the results would all then be combined into one meet using Meet Manager. It was an interesting idea, but no follow up occurred. This year it will again be discussed, should we decide to try it, then more organization will need to be put into actually bringing it to fruition.

Around the zone:

Ozark gets the prize for being the busiest LMSC. I ask each chair for input for my report. Thanks Ozark for all the content.

In October, Ozark LMSC Board elected the following officers for two-year terms commencing November 1, 2017: Maryanne Barkley - Chair, Bruce Hopson - Vice-Chair, John Pohlmann - Secretary, Katrina Pon - Treasurer & also added a new Multisport Chair, Ed Matecki.

In November, a Sanctioned, Short Course Meters Meet in Edwardsville IL held by St Louis Area Masters with 7 teams and 36 swimmers.

In February, two teams offered locations for the SPV Winter Fitness Challenge 30-minute swim.

In March, a Recognized, Short Course Yards Meet was held at the Four Rivers Area YMCA in Washington, MO with 4 teams and 23 swimmers

In April, a Sanctioned, Ozark LMSC Short Course Yards Championships was hosted by St Louis Area Masters at Marquette HS, MO with 11 teams and 60 swimmers.

Teresa McDowell received the 2018 Ozark LMSC Service Award (just retired from board after volunteering for more than a decade),

In May, at the Nationwide USMS Spring Nationals in INDY: 40 Ozark LMSC swimmers - 34 from St Louis Area Masters, 5 from Clayton Shaw Park Tideriders and 1 Ozark Unattached.

In June, a Sanctioned: USMS 1-mile Sprint Open Water National Championships hosted by Saluki Masters Swim Club at Little Grassy Lake in Carbondale, IL with 65 swimmers (56 in the OW National Championship and 9 additional swimmers in the two other non-championship events.

In July, a Sanctioned: Long Course Meters Meet - Shea Challenge Classic hosted by Saluki Masters Swim Club at SIUC Shea Pool in Carbondale, IL

In August, the LMSC will be supporting Swim Across America St Louis at Innsbrook.

USMS Zone Reports and Agendas

The LMSC gained a new club this year: Fort Leonard Wood Frogs (FLWF) in Fort Leonard Wood, MO.

Missouri Valley: The LMSC hosted their version of the virtual Breadbasket zone meet. They had a good showing at Spring Nationals. The LSMC had some turnover on the Board, long time registrar Heidi Loecke was replaced by Paige Miller: long time Treasurer, Bob Welchlin was replaced by Jeff Leonard, a new Webmaster was added in Brent Magnusson. Susan Blattner was added as a new board member with the role yet to be defined.

Minnesota: The LMSC continues to host several Open Water events each year.

Nebraska: On January 1, the Omaha Masters hosted the annual New Year's Day Challenge. Thirty swimmers took the challenge and logged a total of 232,500 yards. The challenge was 100 X 100 or 100 X 75 or 100 X 50. It's a great way to start the New Year!

In February, the Common Ground Masters hosted their annual Keep It Short Swim Meet. The sprinters love this meet. No distance events.

In March, the Omaha Masters held a swim clinic each Saturday after practice. One Saturday for each stroke and one for flip turns. The swimmers really enjoy the clinics. They are held twice a year.

In April, the Omaha Masters help their annual spring swim meet. It was the most well attended meet they have had. There were several first-timers.

In May, 3 of our swimmers participated in Spring Nationals and brought home some hardware.

We will have at least 3 more meets this coming fall.

Colorado: New Board members were elected, Chair Christopher Nolte, Vice Chair Terry Heggy. Due to issues with getting general attendance at their annual meeting, they chose to use an online voting system so that they could reach out to every registered member. If anyone has questions about this, it can be discussed during the meeting. They continue to struggle with their Open Water training venue, and this year due to all the private permits that have been issued, chose not to run the event as an LMSC. Ideas for future years are being discussed.

Iowa: The LMSC hosted the actual Breadbasket Zone Meet.

North Dakota: nothing reported

South Dakota: Their state meet happened in Pierre in April. They had 64 swimmers a **new record**. There was a USMS recognized swim at Pactola Reservoir with 88 swimmers. Our sanctioned open water swim across the Oahe Dam coming up on August 11.

Agenda

1. Discussion of a virtual zone meet – continues – however, if this is to happen this year then more structure must be put into place.
 - 1.1.Meet coordinator
 - 1.2.Rep from each LMSC
 - 1.3.Defined process

USMS Zone Reports and Agendas

1.4. Defined meet order

1.5. Deadlines/specific tasks assigned

2. Use of USMS Breadbasket Zone Facebook page – encourage others to post things here and continued discussion of communication
3. Discussion of the LMSC Standards – thoughts, ideas, opinions after the second iteration.
4. Zone Meet rotation.
5. 2019 – Nebraska
6. 2020 – Minnesota
7. 2021 Colorado

2018 Breadbasket Zone Meeting

Thursday, September 27th, 9:45AM – 11:15AM, City Terrace 12

Colonies Zone

Mollie Grover, Chair; Rand Vaillancourt, Vice Chair

Members: Everyone who attend convention and is registered within the Colonies Zone

Ex-Officio: n/a

Introduction

It has been a pleasure to serve as the Colonies Zone Chair for the last year. We have a high performing zone with members from 10 LMSCs: Virginia, Potomac Valley, Maryland, Delaware Valley, New Jersey, Metropolitan, Adirondack, Niagara, Connecticut, and New England, all with members who are heavily involved in USMS.

Discussions and Projects Since Last Convention

1. LMSC Standards Survey and Results
 - a. All LMSC Chairs and Treasurers were surveyed on the LMSC standards. Standards that were not met were promptly corrected by impacted LMSCs where possible. Those LMSCs that have missed the same mandatory standard(s) two years in a row will be put on a remediation plan.
2. Zone Championships held:
 - a. 2017 SCM (WPI)
 - b. 2018 SCY (GMU-Fairfax)
3. Solicitation for nominations for the Colonies Zone Dorothy “Dot” Donnelly Award
4. LMSC Development Committee projects

Action Items

1. Award 2018 Colonies Zone Dorothy “Dot” Donnelly Award
2. Award 2018 – 2019 Zone Championships
3. Solicit bids for any available 2018 – 2019 Zone Championships
4. Encourage more communication between LMSC Chairs in the Zone

Agenda

1. Call to Order and Introductions
2. Presentation of the 2018 Colonies Zone Dorothy “Dot” Donnelly Award
3. LMSC Standards Survey Results
4. LMSC Development Committee Updates
5. Zone Championship Recap
 - a. 2017 SCM
 - b. 2018 SCY

6. New Business
7. Events

2018 Colonies Zone Meeting
Thursday, September 27th, 9:45AM – 11:15AM, City Terrace 6

Dixie Zone

Ed Saltzman, Zone Chair

Committee Members

The committee is comprised of representatives from each of the seven LMSC's within the Zone: Florida, Florida Gold Coast, Georgia, North Carolina, South Carolina, Southeastern, Southern.

Introduction

The Dixie Zone Committee meets, in person, annually at the USMS Convention to conduct business and discuss issues relevant to the zone. The zone operates between conventions via email amongst the Zone chair and the LMSC chairs.

Discussions and Projects Since Last Convention

1. All LMSC's within the zone completed their LMSC Standards survey and received their feedback. Six out of seven LMSC's scored 89% or better on the Mandatory Standards and 87% or better on the Target Standards. Four LMSC's scored 100% on their Mandatory Standards and Two scored 100% on their Target Standards.
2. Zone Championships were held for the following courses:
 - a. SCY – Feb. 9-11, Valentine's Meet, Clearwater, FL – (33) Teams, (192) Swimmers, (827) Individual Splashes, (51) Relays
 - b. SCM – Scheduled to be held – Dec. 1-2, Coral Springs, FL
 - c. LCM – Not held this year, to show support for the Pan Am Masters Championships
 - d. OW – June 1-2, Chattanooga Swim Fest, Chattanooga, TN Distance = 4.5M (78 swimmers)
3. The Dixie Zone was also host to the:
 - a. YMCA Masters Nationals. Ft. Lauderdale FL. (Apr. 19-22)
 - b. Pan Am Masters Championships. Orlando FL (July 28-Aug. 3)
4. Dixie Zone teams did very well at the USMS Spring Nationals in Indy.
 - a. **Regional Club Division** – NCMS (4th), GAJA (13th) and Southern Masters (16th)
 - b. **Local Club Division** – PBM (2nd), SFTL (4th), PALM (7th)

Action Items

1. Elect Zone Championship hosts for 2019 (SCY, LCM, SCM, OW).
2. Discuss Dixie Zone endorsement for the Zone At-Large Director position.

Agenda

1. Roll Call / attendance.
2. Zone Reports (Chair, Webmaster, Top Ten, Records).
3. LMSC Reports (LMSC Chairs – FG, FL, GA, SC, NC, SE, SO)
 - a. How is your LMSC running?
 - b. Any major problems or issues you would like to discuss, or get feedback on how other LMSC's are addressing?
4. Dixie Zone At-Large Director candidates- 5 minutes each
 - a. Jack Groselle
 - b. Matt Hooper
 - c. David Morrill

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- d. Maddie Sibia
- 5. Discussion/Vote on Dixie Zone At-Large Director endorsement.
- 6. Solicit and vote on Dixie Zone Championship hosts for 2019
- 7. Q&A/ Open discussion on LMSC Standards Survey Results
- 8. Old Business
- 9. New Business
- 10. Adjourn

2018 Dixie Zone Meeting
Thursday, September 27th, 9:45AM – 11:15AM, City Terrace 5

Great Lakes Zone

CJ Rushman, Zone Chair

The Great Lakes Committee meets annually at USMS Convention, and operates between Conventions via email and phone calls amongst the Zone's LMSC chairs. The committee is comprised of representatives from each of the eight LMSC within the Zone.

The LMSCs in the zone are as follows: Allegheny, Illinois, Indiana, Kentucky, Lake Erie Michigan, Ohio, and Wisconsin.

The Great Lakes Zone has a plethora of swim meets with open water events as well. The Great Lakes Zone membership has remained stable. As of June 15th, the Great Lakes membership is 7066, with a retention rate of 89%. Our zone has hosted Spring Nationals at I.U.P.U.I., which was the largest USMS event ever on record. The Illinois LMSC hosted the 1 mile National Championship Open Water Swim at Little Grassy Lake, in Makanda, Illinois June 9th and the ever popular Big Shoulders 2.5K & 5K Open Water in Chicago, Illinois in September.

Zone Issue(s)

1. Promoting Zone Competition.

Action Items

1. Develop and Promote a Zone Meet (summer and winter)
2. Discuss LMSC standards and how to help our LMSC's.
3. Roll call and introduction of New Delegates
4. Approve 2017 minutes
5. LMSC Reports – summary of LMSC's accomplishments during the past year.
 - a. Allegheny
 - b. Illinois
 - c. Indiana
 - d. Kentucky
 - e. Lake Erie
 - f. Michigan
 - g. Ohio
 - h. Wisconsin
6. Convention "hot topics" and any impacts to our Zone.
7. Old business
 - a. Zone website
 - b. Social media/Facebook page
8. New business/adjourn

**2018 Great Lakes Zone Meeting
Thursday, September 27th, 9:45AM – 11:15AM, Orlando**

Northwest Zone

Sally Dillon, Chair

Committee Members

Ken Winterberger (AK, also zone Treasurer), Matthew Bronson (IW), Jeanne Ensign (MT), Tim Waud (OR), Sally Dillon (PN), Jim Clemmons (SR), and Aaron Norton (UT).

Ex-Officio: At-Large Director Sarah Welch (PN), Webmaster Hugh Moore (PN), Zone Record Keeper Steve Darnell (OR).

Introduction

The Northwest Zone covers an area of 1,044,936 square miles, which includes all of Alaska, Idaho, Montana, Oregon, Utah, and Washington. There are seven LMSCs as Idaho, Oregon, and Washington combine to form four of them: IW, OR, PN, and SR. With such a broad area to reach out to, the zone continues to make good use of the Zone Jet, which was donated to us in 2016 by the Breadbasket Zone.

The NW Zone roster currently lists 102 USMS members who are volunteering at the board level of their LMSC (5 more than last year). The Zone conducts conference calls in March, June, and December and an in-person meeting at the USMS convention in September. While all leaders within the zone are invited, conference calls typically have 12-15 attending. Meeting minutes are posted on the USMS website. At “press time”, the zone has 4086 members and 52 clubs. Snake River is the smallest LMSC with 137 members and 4 clubs and Pacific NW is the largest with 1624 members and 7 clubs. Oregon and Pacific NW have registered workout groups (32 and 29 respectively). The Zone distributes a newsletter 4-times a year, which is posted to the Zone website at www.northwestzone.org/.

Discussions and Projects Since Last Convention (meeting highlights)

1. In December, bids were accepted for the following 2018 NW Zone Championship events: SCY – Big Sky Montana Swim Club, April 6-8 at the University of Montana in Missoula; OW – Sawtooth Masters, 1-mile OW on June 2 at Broadside Harbor in Caldwell, ID; LCM – Oregon Reign, July 20-22 at Mt Hood Aquatic Center in Gresham, OR (event was originally scheduled for a weekend in August but changed due to an anticipated pool closure); and SCM – Puget Sound Masters, November 17/18 at King County Aquatic Center in Federal Way, WA
2. In March, significant discussion was had regarding the College Club Swimming program and the effects it has had on membership – particularly in the Inland NW and Utah LMSCs. USMS board members Donn Livoni and Sarah Welch offered information and the noted that a proposal will likely be considered at convention that provides a “bridge membership”.
3. In June it was announced that compared to last year, 6 of the zone’s 7 LMSCs had improved scores in the LMSC Standards assessment that took place in February. Hugh Moore has submitted the necessary paperwork to run for the At Large Director – NW Zone position. The chair is in the process of surveying the LMSCs to determine the level of involvement of newer members on the boards and as convention delegates.

Action Items

1. Meeting minutes, treasurer reports, and bids for zone championship events were approved at various meetings.

USMS Zone Reports and Agendas

Agenda

1. Call to order and introductions
2. Actions taken between meetings: Approval of the June 10, 2018 meeting minutes
3. Reports:
 - a. Chair – Sally Dillon
 - b. Treasurer – Ken Winterberger (via correspondence)
 - c. Webmaster – Hugh Moore
 - d. Zone record keeper – Steve Darnell (via correspondence)
4. Old Business
 - a. Zone Championship meets update
 - b. *The Chatter* – zone newsletter
 - c. Other
5. New Business
 - a. Prospective bids for 2019 events
 - b. Other
6. LMSC reports – brief summary of accomplishments during the past year
 - a. Alaska
 - b. Inland NW
 - c. Montana
 - d. Oregon
 - e. Pacific NW
 - f. Snake River
 - g. Utah
7. Convention “hot topics”
8. Other business, as time allows
9. Adjourn

2018 Northwest Zone Meeting
Thursday, September 27th, 9:45AM – 11:15AM, City Terrace 11

Oceana Zone

Sally Guthrie, Chair

Introduction

The Oceana Zone includes the Pacific and Hawaii LMSCs. From one end to the other is over 2,700 miles, the greatest end to end distance of any zone. The zone committee meets annually at the USMS Convention and conducts other business, as needed, by phone and email.

Discussions and Projects Since Last Convention

The two LMSCs are joined only by our shared Pacific Ocean. Both are well run LMSCs and both have demonstrated compliance with all mandatory LMSC standards in the 2017 LMSC Standards survey compiled by the USMS LMSC Development Committee. As of 7/11/18 there are 11,065 USMS members in the Oceana Zone. Along with the trend in the rest of USMS this number is a 3.95% decrease in members in the zone. However, although Pacific membership is down (4.38%), Hawaii has bucked the trend and their membership is up (3.83%) as of 7/11/2018.

Oceana Zone Meeting Agenda

1. Introductions
2. Approval of Last Year's minutes
3. Reports of the LMSCs
4. Review of proposed rule changes that may be of interest to the Zone
5. Oceana representation on USMS Committees
6. New Business
7. Adjournment

2018 Oceana Zone Meeting
Thursday, September 27th, 9:45AM – 11:15AM, City Terrace 8

South Central Zone

Bruce Rollins, Chair; Nicole Rembach, Vice Chair

Chairs: Kathryn Mendez, **Oklahoma Chair**; Ed Coates, **South Texas Chair**; Carrie O'Banion, **Arkansas Chair**; Richard Garza, **North Texas Chair**; Bruce Rollins, **Gulf Chair**; Chris Lysinger, **West Texas Chair**

Ex-Officio: All remaining attendees who have USMS Convention voting rights.

Introduction

Our purpose at our annual Convention Zone meeting is to discuss, organize and direct South Central Zone Meets, opportunities and policies for the upcoming year(s). This document is a **recap** of this year's activities and projects after last year's Convention. Next, this document will list some of the **items to be discussed at the upcoming Convention** to be held in **Jacksonville, Florida on September 27-29, 2018**. Make sure your folks are registered and have their rooms...soon.

Discussions and Projects Since Last Convention

1. The Short Course Meters All-Time Records have been up-dates as of 4/18/18. They are attached.
2. A planned telephone call to finalize the location of the 2019 Short Course Yards Zone Championship was eliminated as TAMU pulled out of consideration. **The 2019 SCY Zone Championships will be held at The Woodlands**. Details to come at Convention.
3. Our goal is still to try and get our Zone Championship booked out for at least two years...if possible. **I am looking for all bids for 2019 LCM Zones and 2020 SCY and LCM meets be submitted to me before 8/15/18**.
4. **LMSC Standards survey happened in the spring of 2018**. Results were published, and your Zone Chair was asked to help the LMSCs comply with them. Long-term, our approach should be more "Carrot" and less "Stick."
5. Our **South Central Zone recognized Baker Shannon with our Jesse Coon Memorial Volunteer Award** at the LCN Zone Championship Meet. The presentation is attached.
6. **Leadership changes are noted in the Oklahoma LMSC with the election of Kathryn Mendez as their new Chair**.

Action Items in Advance of the Convention

1. **We need to elect a NEW South Central Zone Chair in 2019**. This new person will automatically be made a member of the LMSC Development Committee. The job description link is: https://www.usms.org/admin/lmschb/gto_role_zonechair.pdf . **I am willing to discuss the job requirements with anyone interested in running**.
2. Please come to the meeting prepared to present at least one or more names for the upcoming Jesse Coon awards for 2019 and maybe 2020. South Texas gave me one...but I feel we should have a pool of qualified folks to choose from...which we do have, in my opinion.
3. Please be looking into pools for Zone Championship meets for LCM 2019 and SCY and LCM for 2020.

Agenda –

Welcome and Roundtable of introductions-

1. Conflict of interest disclosure request concerning agenda items.
2. Designate a “**minute taker**” for SC Zone Meeting.
3. **LMSC Chairs** - address a few sentences about your LMSC:
Size, meets, accomplishments, and anything else we might enjoy.

Old Business Review-

1. SCY Zone Championship Meet – UT Austin – Ed Coates
2. LCM Zone Championship Meet - Texas A&M University – Nicole Rembach Review
Cost of Awards - Zone Medals/High Point
Future of Socials/Volunteers
3. Zone Records – SCY & LCM -Susan Ingraham and Nicole Rembach
4. LMSC Standards – Future Actions
5. Jesse Coon Memorial Service Award Discussion
 - a. Recognize Susan Ingraham - 2017 Honoree
 - b. Nominations from each LMS by 1/1/19

New Business –

1. SC Zone Championship Meet Bids
 - a. SCY Meets Bid(s) – 2019 & 2020 Presentations
 - b. LCM Meet Bid(s) – 2019 & 2020 Presentations
 - c. Vote/Affirm each choice as a motion
2. Emmet Hine Zone Award – Volunteer Recognition
 - a. Nominations from each LMSC
 - b. Due by 1/1/19
3. Fitness Events – Review USMS National Challenges (2 of 3)
 - a. Anything New
 - b. Ideas?
4. Open Water in the Zone –
 - a. Swim Across America in Houston Area – March
 - b. Dallas?
5. USMS College Club Team Formations & Policy
6. Formalize Zone policies and procedures

Address Parking Lot Thoughts and Adjourn
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USMS Zone Reports and Agendas

Jesse Coon Memorial Award 2018

Welcome to the 2018 South Central Long Course Zone Championships.

Also, **Welcome to Aggieland!**

Plus, **Thank you to Nicole Rembach** for directing this terrific meet again at this terrific pool!

Let me tell you a story...

In 2006, the South Central Zone **created a Volunteer Spirit Award** in honor of one of the great ambassadors of Masters Swimming in the world, in the US, in Texas, and importantly in Aggieland! His name was Jesse Coon, and he was the pride of Bryan/College Station.

Jesse was a great swimmer and a pioneer setting **national and world records** as the first person in the **90 year old age group by swimming the 200 IM, 200 Butterfly and 400 IM**. Some of these are South Central Zone records that stand, even today.

But more importantly, **he loved our sport**, and he loved **encouraging** others with his swimming and **kind words**. **He worked tirelessly to promote Masters Swimming and to help it grow.**

Over the years, we have chosen to honor many swimmers who live those values that Jesse Coon embraced as a swimmer and an ambassador for Masters Swimming in Texas. Swimmers all of us are proud to have known and watched over the past 12 years. Of course, we have honored Graham Johnston, Dirk Marshall, Renee Protopapas, Sandy Cattarin, Bud Jackson, Tom and Carolyn Boak, Judy Wagner, Dave Young, Susan Ingraham and others. Today **we welcome and recognize a new member who represented all those values Jesse Coon demonstrated through his swimming achievements and contributions...to others and to USMS.**

This year's recipient is an accomplished swimmer **who is definitely in it for the long haul**. To-date, this swimmer has amassed **over 130 Top 10 Nationally Ranked individual event swims**, plus **over 12 Top 10 Relay Nationally ranked finishes**. This recipient's coaches can always count on this swimmer **to generate many points in any meet for their team**.

More importantly, this swimmer learned several years ago that there was a YMCA group in Houston that needed medals **to give to first and second graders from several title one elementary schools who were teaching their students how to swim**. This kind and very generous swimmer called this group and asked their leader how many medals they needed. **Bottom line is that he donated over 300 medals** (5 bags full). Imagine the look on these children's faces when they earned a medal by swimming across the pool or learning how to float. Especially, when it might be one from either a World FINA Championship or a USMS National Meet or even a Canadian National Championship Meet. These are medals from a very special and very generous swimmer.

In summary, if you have not yet guessed who this very decorated swimmer might be, if you have ever met him, you know what an inspiration he is. We should all strive to be like him...I know I do...as **he is the oldest swimmer at today's meet. He is 93 years young**. He swims for **The**

Woodlands Master Swim Team. He is none other than Baker Shannon. I said his name correctly...Baker Shannon.

Congratulations on being this year's Jesse Coon Memorial Award recipient. Thank you for being you!



**2018 South Central Zone Meeting
Thursday, September 27th, 9:45AM – 11:15AM, City Terrace 4**

Southwest Zone

Mary Hull, Zone Chair

Introduction

The Southwest Zone includes Arizona, New Mexico, San Diego-Imperial, and the Southern Pacific LMSCs. The committee meets annually at the U.S. Masters Swimming convention and conducts other business as needed by email. All four LMSCs have hosted meets this year. The zone has also had some open water swims.

1. Introductions
2. LMSC Reports: Arizona, New Mexico, San Diego-Imperial, Southern Pacific
3. Zone Meets for 2019: SCY---Arizona, SCM---Southern Pacific
(Note that this year AZ will be hosting SCY Spring Nationals and Mission Viejo will be hosting LCM Nationals. A discussion on possibly not having one or more of the zone meets this year will be needed)
4. Old Business
5. New Business

2018 Southwest Zone Meeting
Thursday, September 27th, 9:45AM – 11:15AM, City Terrace 10