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## The Black Fly Masters Meet @The Lawrence Center Blue Hill YMCA

June 4<sup>th</sup>, 2022 – The Lawrence Center Blue Hill YMCA, Blue Hill, Maine

12:30pm Warm Up--- 1:30pm Start

Recognition Number XXXXXXX



	<p><b>All PWWS sponsored events will be governed by the current USMS rules. Times from this competition will be eligible for USMS records and Top 10 consideration, but not for world records.</b></p>
	<p>"The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1"</p>
	<p>Directions: <u>The Lawrence Center Blue Hill YMCA is located at 32 Pines Rd, Blue Hill, ME 04614</u></p>
	<p><b>Facility:</b> 6-lane pool with five racing lanes and an adjacent lane for warm-up and cool down. Electronic timing will be used.</p>
	<p><b>Meet Directors Matt Montgomery, and Scott Redmon, <a href="mailto:scott@acdiasails.com">scott@acdiasails.com</a>.</b></p>
	<p><b>Fees:</b> Entries received by Noon, Thursday, June 2<sup>nd</sup>, will be pre-seeded with a cost of \$20 for up to 5 individual events. Later entries, including deck entries, will be accepted at a cost of \$25 for 5 events. Make checks payable to Down East Family YMCA or DEFY.</p>
	<p><b>Send Entries To: Matt Montgomery, Lawrence Center Blue Hill YMCA, 32 Pines Road, Blue Hill, ME 04614.</b></p>
COVID-19	<p>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. •According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. US Masters Swimming cannot prevent you from becoming exposed to, contracting, or spreading COVID19 while participating in USMS sanctioned/recognized events. It is not possible to prevent against the presence of the disease •Therefore, if you choose to participate in a USMS sanctioned/recognized event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. •By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever hold harmless US Masters Swimming, The Downeast Family YMCA, Prestige Worldwide Swimming, and all meet officials from any liability or claims including for personal injuries, death, disease or property loss; including, but not limited to claims of negligence and give up any claims you may have to seek damages; whether known or unknown, foreseen or unforeseen, in connection with exposure, infection, and/or spread of COVID-19 related to participation in this competition.</p>
Recognition	<p><b>Recognized by the New England LMSC on behalf of US Masters Swimming. Recognition Number XXXXXXX</b></p>
Counters	<p>*Swimmers for the 500 free and must provide their own counters. Heats will be organized based on seed times.</p>

## The Order of Events!

Mixed 500 Freestyle
Mixed 25 Breaststroke
Mixed 100 IM
Mixed 200 Breaststroke
Mixed 50 Backstroke
Mixed 100 Butterfly
Mixed 25 Backstroke
Mixed 50 Breaststroke
Mixed 100 Free
Mixed 200 Butterfly
Mixed 100 Backstroke
Mixed 25 Free
Mixed 100 Breaststroke
Mixed 50 Butterfly
Mixed 200 Freestyle
Mixed 200 IM
Mixed 25 Butterfly
Mixed 200 Backstroke
Mixed 50 Freestyle
Blue Hill Relay