



DONNER LAKE OPEN WATER SWIM 2.7 MILES

SATURDAY, AUGUST 13, 2022 8:30 AM
Water temperature: 65-68° Truckee, CA. Altitude: 5933 ft.

Sanctioned by: Pacific Masters Swimming for
USMS, Inc. # Pending



LOCATION: Donner Lake, Truckee, CA. Located 35 miles west of Reno, NV and 100 miles east of Sacramento, CA. via Interstate 80. The start is at the east end of the lake by Donner Memorial State Park; the finish is at West End Beach.

COURSE: Straight, point-to-point, 2.7 miles. Expect water temperature 65 – 68 degrees. Altitude is 5933 ft.

WARNING: Participants should be adequately trained for this competition, which combines high altitude, cool water temperatures, and a lengthy swim. Previous experience in similar conditions is highly recommended.

COVID: The Donner Lake Swim will be following USMS, local and state COVID guidelines. Swimmers must follow these guidelines in order to participate in the swim.

ENTRIES: This event is open to 450 swimmers. Non-refundable, non-transferable entry fees are \$TBD per person if you pre-register; \$150 per person, for registration on race day. Registration opens June 1st. Registration for this event will only be available at www.clubassistant.com. Your credit card will be charged by “Donner Lake Open Water Swim” for this swim meet.. **No mail in entries will be accepted.** Online registration closes August 1, 2022. If the Donner Lake Open Water Swim sells out before race day, there will be NO race-day registration.

CHECK-IN: Check-in and race day registration will begin at 6:30 AM and close at 8:00 AM. Pre-race instructions will take place at 8:15 AM.

SHIRTS: Shirts may be pre-ordered with registration.

TIMING: Timing for this event will be provided by **Lynn Mentzer**.

RACE RESULTS: Race results will be in 2 categories. **Category 1 suits** (suits made from textile materials, shall not cover the neck and shall not extend past the shoulder nor below the ankles, no clasps or zippers). **Category 2 suits** (wetsuits or technical suits - Speedo Lazer, Blue 70s, rash guards and arm bands, no tape on the body.).

DIVISIONS: Masters divisions 18-24, 25-29, 30-34, etc.; male and female. No entrants under 18 years of age are permitted.

AWARDS: Special awards will be presented to the first Category 1 woman and man to finish (18+ and 40+) and the top three finishers in each Category 1 age group. All entrants will receive an official race cap and post-race refreshments. There are no rewards for Category II swimwear.

SWIM PROCEDURES: Pre-race instructions at 8:15 AM followed by a beach start at 8:30. **A 2 hour 30 minute time limit will be STRICTLY enforced.** If you fail to finish the race within the time limit, you will be disqualified and removed from the water. There are **NO EXCEPTIONS**; you will be removed from the water after 2 hours and 30 minutes.

PARKING: This is a point-to-point swim with parking available in designated parking areas at the start and at the finish. At the start of the race, you may park at the Donner Museum parking lot for a fee or on the south side of Donner Pass Road (absolutely NO parking on the north side of Donner Pass Road). At the finish, you may park at the West End Beach parking lot. A shuttle will operate between the start and finish from 6:30 AM to noon. Spectators must pay the West End Beach admission fee. Animals are not allowed in the park.

ACCOMMODATIONS: Accommodations in the area are limited, so make your reservations early! Campers should call 800-444-PARK for reservations for Donner Memorial State Park (located at the start of the race).

SAFETY: Bright colored caps will be provided and must be worn during the swim. The course will be patrolled by safety craft both motorized and non-motorized. Life jackets and "man in water" flags are required on all craft.

EQUIPMENT: The use of fins, pull buoys or other swimming devices shall not be permitted except that soft hand paddles may be used as a prosthesis, if they do not present a safety hazard to the other swimmers.

WARM-UP: A designated warm-up area will be provided from 8:00-8:15am. All swimmers wishing to warm-up prior to the race must do so in the designated warm-up area.

RACE START: All swimmers must be out of the water at 8:15 am.

KAYAK: If you want to kayak for the race, contact James Conkey at jconkey@nevadavisiongroup.com

MOTORIZED BOATS: If you wish to volunteer to have a motorized boat on the water please contact Susan at susancsorensen@gmail.com

ADDITIONAL RACE INFORMATION:
www.donnerlakeswim.org

RACE DIRECTOR: Laura Harsh donnerlakeswim@gmail.com.

