

2022 Southern California Invitational

Irvine Novaquatics & Southern California Swimming

SANCTIONED BY: USA Swimming & SCS
SANCTION NO: S22 - 080
SANCTIONED BY: Southern Pacific Masters Swimming for USMS, Inc
SANCTION NO: 332-S011
SPONSORED BY: Irvine Novaquatics/SCS

DATE OF MEET: July 7 – 10, 2022
ENTRIES DUE: June 29 2022 (Wednesday)

Warm-up: 2:00pm Thurs, 7:00 am, Fri, Sat, Sun
PRELIM START TIME: 4:00pm Thurs, 8:30 am, Fri, Sat, Sun
FINALS START TIME: 5:00 pm Fri, Sat, Sun

POOL: William Woollett Jr. Aquatics Center, 4601 Walnut Ave., Irvine, CA 92604

COURSE: WILLIAM WOOLLET JR. AQUATICS CENTER is a 50 meter by 25 yard pool with 8 competitive lanes and 8 warmup/down lanes. This competition course has been certified in accordance with 104.2.2 © on file with USA Swimming. Pool Depth Measurements at Start and Turn Ends Lane 1 – 8 = 7'. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with Articles 105.1.7 and 106.2.1

SPECTATORS: SPECTATORS WILL BE ALLOWED. TICKET SALES ONSITE AND THROUGH THE FOLLOWING LINK:

<https://www.eventbrite.com/organizations/events>

VIEWING WILL ALSO BE AVAILABLE ON YOUTUBE. https://www.youtube.com/results?search_query=irvine+novaquatics

ENTRY INTO THE MEET

ELIGIBILITY & AFFILIATION: Open to athletes who are 2022 USA Swimming registered. Registration application must be at SCS Office by June 29, 2022. There are substantial penalties for swimmer and club (2022 Swim Guide, Part One, III, B) if USA Swimming registration is completed at meet. Before the first day of the meet, a swimmer may change his/her affiliation by the standard procedure. At the meet, a swimmer may UNATTACH (not attach) by notifying the Admin Ref in writing and paying the appropriate fee. Athletes 18 and over must complete the free on-line USA Swimming Athlete Protection Training in order to compete.

USMS (MASTERS) ENTRY: To swim a dual-sanctioned meet as a Masters swimmer, you must either enter electronically or using an SCS entry card (available on www.socalswim.org), submit a copy of the USMS Declaration of Intent to swim a dual-sanctioned meet as a Masters swimmer, and a copy of your 2022 USMS Registration. Age on December 31, 2022 determines age group for the meet. You must be registered with USMS and be at least 18 years old to compete. Times achieved by USMS members competing in a USA Swimming sanctioned meet as USA Swimming athletes may not be submitted for FINA world record consideration.

Only swimmers who compete in USMS sanctioned events as USMS members are eligible to submit times for FINA world record consideration.

USMS athletes are permitted to swim prelims only and prelims will be considered timed finals under USMS rule 102.5.5.

QUALIFYING TIMES: SUBMIT LONG COURSE METER TIMES. If qualifying in yards, submit best yard time.

- Swimmers must have achieved the Long Course or Short Course Time Standard after Sept. 1, 2020. DO NOT SUBMIT NT (no time), ET (estimated time) or work out time trials. Seeding order: conforming Long Course, conforming Short Course, non-conforming Long Course, non-conforming Short Course
- Swimmers with National or Junior National qualifying times in yards may enter at the meter National or Jr standard.
- Swimmers may enter as many events as qualified but may only compete in three (3) individual events per day, including time trials.
- B Flight Only Option: When electronic team entry file is submitted, a list of swimmers choosing to swim only in the B flight may be included as a **separate file(*.doc, *.docx, *.pdf, *.tst)**. No flight changes will be made after the **entry deadline**.

PROOF OF TIME: This is a PROOF OF TIME MEET. **Proof of time is required through SWIMS, the National Times database, or recognized FINA competitions. Times must be achieved at (a) a USA Swimming sanctioned competition, (b) a USA Swimming observed competition, (c) a USA Swimming approved competition, or (d) a FINA approved competition. Times in the database are not meet entry only proof of entered time.** Submit ACTUAL times achieved for each event. Special entry procedure: A swimmer may enter up to 2 bonus event/s not to exceed 3 events per day including time trials. **Label bonus events "B"**.

AWARDS: Individual High Point Awards will be given to the top scoring male and female. A swim off will determine the recipient in the event of a tie.

TIME TRIALS: Time permitting, a time trial session will be offered at the conclusion of the morning sessions. \$15.00 per event for SCI participants. \$15.00 per event plus \$14.00 surcharge if not entered in the SCI.

ENTRY FEES: \$13.00 per Individual Event must accompany entry card. \$14.00 surcharge per swimmer must accompany entry.

Relays: \$26.00 per relay team entered must be paid with entry or upon deck entry. Teams are limited to three relays per event.

Electronic team entry is encouraged. Team entry, which must include single team payment and all proofs of times, is encouraged. E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline.

Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

**MAKE CHECKS PAYABLE TO:
and MAIL ENTRY TO:**

**IRVINE NOVAQUATICS
Alina de Armas
PO Box 63
Simi Valley, CA 93062
Email: meetprocessor@gmail.com**

ASSUMPTION OF RISK: We have taken enhanced health and safety measures for all attendees. Swimmers must follow all posted instructions. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the venue for this event, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19: USA Swimming, Inc., cannot prevent participants from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

COVID-19: BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTHERN CALIFORNIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS MEET.

RULES AND PROCEDURES

MEET REFEREE: Janet Knoepfel will be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to janetwk1014@gmail.com

RULES: Current USA Swimming Rules, including Minor Athlete Abuse Policy (MAAPP 2.0) will govern this meet. Current SCS Meet procedures for Heats and Finals Meets will be enforced (See 2022 SCS Swim Guide). This meet will follow all State, Local and Facility guidelines as it pertains to Covid-19. This meet will be pre-seeded for all events except events 400 meters or longer. Scratch deadlines for 400 IM, 400, 800 and 1500 Freestyle events will be announced.

Prelims: If the meet is "flighted" the "A" flight will swim fast to slow; the "B" flight will swim fast to slow. If not "flighted", all prelims will swim fast to slow (3 heats circle seeded, 2 heats for 400's).

FINALS: Finals will consist of the top 24 swimmers in each event from prelims with the Consolation heats competing prior to the Championship Final heat. Only one championship final for the 800 and 1500 freestyle events..

COACHES AND OFFICIALS: To receive a meet deck pass Coaches and Officials must be current USA Swimming members including California required concussion training (CDC or NFHS). Coaches must complete USA Swimming Coaches Advantage Tutorial and the Athlete Protection Training module. International guests are exempt. Meet deck pass should be visible at all times.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence though out the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGES: Deck changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

DISTANCE FREESTYLE: Prelims of Women's 800 and Men's 1500 will be Thursday, July 8. Women's 800 final will be Friday; Men's 1500 final will be Saturday. Sunday: Women's 1500 & Men's 800 will be swum fastest to slowest, alternating women and men's heats. Fastest heat of women's 1500 will be third event of Sunday finals; fastest heat of men's 800 will be sixth event. All other heats will be swum in the preliminaries. THREE HEATS each (women and men) will be swum as part of prelims; any other heats will swim during the break. **Note: W1500/M800 check-in to be seeded will close at 5:00 pm Saturday** (check-in to swim will close at 10:00 am Sunday).

WARM UP: All warm ups must be supervised by a USA Swimming member coach. 7:00-7:45 am: the competition pool will be open for

general warm-up with Lanes 1 & 8 reserved for push-pace work - NO DIVING. 7:45-8:20 am: Lanes 1 & 8 will be designated for push-pace work: **Lanes 2 & 7 will be sprint lanes, one-way from the blocks under USA Swimming member coach supervision. Practice starts only in the sprint lanes.** No equipment will be allowed in the competition pool. The *diving pool* will be available for warm-up/cool down at all times - No diving at any time. **Based on entries, warm up time may be divided and assigned starting at 6:30 am.** Warm up entry 3 point, slip slide: no diving/jumping.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.