

**THE 2023 CARDINAL CLASSIC SCY SWIM MEET AT SUN PRAIRIE EAST HIGH SCHOOL
SUNDAY, FEBURARY 12, 2023**

SPONSORED BY:	Wisconsin Masters Aquatic Club/Madison Area Masters
SANCTIONED BY:	Wisconsin LMSC for USMS, Inc. Sanction number:
LOCATION:	Sun Prairie East High School Pool 888 Grove Street, Sun Prairie WI Use door #20 to enter.
DATE AND TIME:	Sunday, February 12, 2023. Pool Opens at 9:30 A.M., Warm-up 9:45 A.M. Meet starts at 11:00 A.M.
FACILITIES:	8 lane, 25 yard pool with anti-turbulent lane guides, starting blocks and backstroke flags. Lanes 2-8 will be used for competition. The length of the competition course, without a bulkhead, is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.
COVID PROTOCOLS:	All current protocols in place at the time of the meet will be followed. At the time this sanction was submitted, there were no state, local or school district protocols. Check the Wisconsin Master's website (https://www.wisconsinmastersswimming.com) to determine if COVID protocols have been implemented. If protocols are in place, swimmers, spectators or meet officials that cannot or do not conform to the protocols will not be allowed in the venue. There are no refunds of entry fees.
ELIGIBILITY:	Open to all swimmers 18 years and over as of Sunday, February 12, 2023. Because this is a USMS sanctioned event, current USMS or FINA membership is required for insurance reasons. There are three membership options: <ol style="list-style-type: none"> 1. Current USMS membership. 2. One-Event membership. Online entry is required for USMS One-Event memberships. Times swum under USMS One-Event registration are not eligible for USMS Top 10 or records consideration. USMS One-Event memberships are not eligible for USMS or Wisconsin records (individual or relay), All-American consideration or All-Star consideration. 3. Current membership to a FINA governed Masters swimming country or club.
RULES:	Official USMS Masters Rules will govern this meet. All events will be timed finals. If initial splits are desired, the swimmer is responsible for completing the Split Notification Form and presenting it to the administrative official prior to the end of the meet, or if backstroke or a relay leadoff, prior to the swim.
SEEDING:	Heats will be computer seeded, slowest to fastest. Please submit a reasonably accurate seed time. A "NO TIME" will be seeded in the slowest heat. Age groups and sexes will be combined.
TIMING:	Primary: Automatic timing system (Colorado), Secondary: Semi-automatic with one button, Tertiary: two watches. Note: The timing system precision qualifies as appropriate for setting USMS Records, and Top 10 Consideration. (103.18.5).
WARM-UP PROCEDURE:	Swimmers must enter the pool feet first in a cautious manner. When announced, lanes 6 and 7 will be start and sprint lanes with swimming in one direction only and exiting to the side or end. Lanes 1-5 and lane 8 will be for circle swimming only. NO DIVING STARTS or BACKSTROKE STARTS from the blocks or the deck in these lanes. Hand paddles, kickboards, fins, etc., may not be used at any time during the warm up period. Lane 1 will be the designated lane for warm up/cool down during the meet. No jumping, diving or socializing in Lane 1 or on the handicap ramp while the meet is in progress.
ENTRY FEE:	USMS Members \$15.00 plus \$6.00 per individual event.

	<p>One-Event members \$30.00 plus \$6.00 per individual event. There are no refunds of entry fees.</p>
ENTRY LIMIT:	<p>Six individual events plus relays. The 500 freestyle will be limited to the first 28 entries received and each swimmer entered in the event will be responsible for providing a person to count for them. THIS IS A POSITIVE CHECK-IN EVENT. There are two new wrinkles to this meet. After the Medley Relay you will have a chance to swim a 50 yard Individual Medley. No sign-up, just show up. The fun continues, after the Free Relay, a 150 yard Individual Medley. Again, no sign-up, just show up. However, you must swim at least 25 yards of each stroke IM order. (Fly, Back, Breast, Free)</p>
ONLINE MEET ENTRY:	<p>Enter online with Club Assistant. The link for this meet is: https://www.clubassistant.com/club/meet_information.cfm?c=2381&smid=15465 The online entry deadline is Saturday, February 11, 2023. No deck entries for individual events.</p>
ENTRY DEADLINE:	<p>Paper entries must be received by 6:00 pm, Saturday, February 4, 2023. The Universal Meet Entry Form must be used, one person per form. The liability release must be signed without any alterations. Fees, payable to 'Madison Area Masters' and a copy of current USMS registration card must accompany the paper entry form. Deck entries for individual events will not be accepted.</p>
MEET DIRECTOR:	<p>Steve Justinger 6047 Hagen Hill Circle Madison WI 53718-6219 608-695-2645 sjustinger@hotmail.com</p>
AWARDS:	<p>Ribbons for 1st to 3rd place.</p>

SCHEDULE OF EVENTS

- | | |
|--------------------------|---------------------------|
| 1. 400 Individual Medley | 10. 200 Butterfly |
| 2. 200 Freestyle | 11. 100 Backstroke |
| 3. 50 Breaststroke | 12. 200 Free Relay* |
| 4. 200 Backstroke | 13. 100 Breaststroke |
| 5. 100 Butterfly | 14. 50 Butterfly |
| 6. 200 Medley Relay* | 15. 100 Freestyle |
| 7. 50 Freestyle | 16. 50 Backstroke |
| 8. 200 Breaststroke | 17. 200 Individual Medley |
| 9. 100 Individual Medley | 18. 500 Freestyle |

* Submit relay entries at the meet. Relays may be all men, all women or mixed (two men, two women).

DIRECTIONS: From I94 exit 244 (CTH N). Go North. Navigate two roundabouts and drive approximately 4 miles to stoplight, Grove Street. Turn left, drive toward athletic fields, and use door #20 to enter building.
From Highway 151 exit 103 (CTH N). Go South. Bristol Street will merge with STH 19. At first stoplight turn left onto Main Street. At second stoplight turn right onto Grove Street. Turn right at 888 Grove Street, drive toward athletic fields, and use door #20 to enter building.