

2023 MOVY Masters All Relay meets

March 4, 2023 @ LSR7 Aquatic Center 3498 SW Windemere Lees Summit, MO

Warm up at 11:00, Relays begin at 11:30

We will start with Short Meters, with this event order:

1-2-3. Mens-womens-mixed 400 free relay

4-5-6. M-W-X 200 medley relay

7-8-9. M-W-X 800 free relay

10-11-12. M-W-X 200 free relay

13-14-15. M-W-X 400 medley relay

We will then reconfigure the pool, then repeat the same events in Short Yards.

Entries: call (816-560-6215) or email (bsherm81@gmail.com) Bill Sherman to enter. Let me know how many swims you can handle, and what your strokes and times are if you don't know me yet.

Cost is \$25.