

Safety Plan

2023 SWEDISH FISH March Madness

This safety plan is written on December 21, 2022.

Feet first entry (no diving) during warm ups and breaks when pool is open. Diving is only permitted with authorization from the official and is only to be done at the end of the warm up sessions and in designated lanes. One way swimming only when blocks are in use. Pertaining to COVID 19 we will follow, at a minimum, recommended guidelines from the USMS website and laws of the State of Illinois. We will also adhere to any restrictions set by Loyola Academy pertaining to masks or other requirements.

If Covid-19 conditions make any of the following necessary, we will

- require masks be worn at all times except when in the water for warmups and competition, and while approaching and mounting the starting blocks before a race
- ask that swimmers not move to the starting area until the heat before theirs has been called to the starting position to reduce congestion in the starting area
- limit the number of timers per lane to one timer, with one alternate timer and one head timer available should three watches be necessary for an individual swim
- have someone ready to hand new disposable masks to swimmers as they exit the pool after each race
- have hand sanitizer available at multiple locations and wipe down surfaces frequently touched
- not post results on paper on a wall, a common location of many people congregating; instead, results will be available on MeetMobile App
- relays may be cancelled or arranged so that there are empty lanes between relay teams
- other steps that may be suggested or required.