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North Texas Spring Fling SCY Swim Meet



Saturday, March 4, 2023
USMS Sanction : 263-S001

North Texas LMSC
Swim Meet Registration



Upcoming North Texas LMSC Swim
Competition Schedule

[Friday, March 31, 2023 - 2023 South
Central Zone Short Course
Championships](#)

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Registration Schedule

It is now 9:28:37 AM Central Time (CST) on Monday, December 5, 2022.

	Open	Close
Swimmer Registration	Thu, Dec 1, 2022 09:00 AM	Fri, Mar 3, 2023 12:00 PM

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Warm-Up/Start – Meet warm-up at 12 noon, Meet start at 1:00 pm.

Sanction: Sanctioned by North Texas for USMS, Inc. Sanction Number is 263-S001. Times achieved at the meet will be submitted to USMS and are eligible for Top Ten and USMS National records.

Facility: Garland ISD Natatorium 2585 Firewheel Pkwy, Garland, TX 75040. For directions and description of facility see: <https://gisdnatatorium.net>

The length of the competition course is not on file with USMS. Eligibility of times achieved in this meet will be contingent upon pool length measurement and approval with USMS; if bulkheads are present, their placement must also be confirmed by measurements at the meet (USMS articles 105.1.7 and 106.2.1).

Garland is a 65M x 25yd pool. The competition course will be set up using 8 lanes of the 25-yard width of the pool (NO bulkhead) with non-turbulent lane lines and fully automatic timing system with display board. Warm-up/warm-down lanes will be available during the meet. Parking is available adjacent to the natatorium. Locker room facilities available.

CONCESSIONS: There will be no concessions available however swimmers may bring in food and drink (no glass and no alcohol). Please be courteous and clean your area before leaving the pool.

Eligibility: Open to all swimmers who are 18 years or older as of March 4, 2023 and are currently registered with United States Masters Swimming (USMS).

Entries and Fees:

- The entry fee is \$40.00 to enter. All entries must be completed online by Wednesday, March 1, 2023, at 11:59 pm.
- The late entry fee is \$50.00 for all online entry forms received Thursday, March 2, at 12:01 am to 12:00 NOON Friday, March 3, 2023.
- Day of meet paper deck entries are \$60.00 CASH and will only be accepted with print or electronic copy of current USMS registration card. Deadline for accepting deck entries is 12:30pm Saturday, March 4.
- A swimmer may enter a maximum of five (5) individual events.
- NO ONE SWIMS WITHOUT 2023 USMS REGISTRATION.
- The online entry form is available on USMS.org and www.northtexasmasters.org

First Meet Free Promotion: Sponsored by North Texas LMSC. If you have never entered a Masters meet, you can enter the meet for FREE! To enter you must be a member of North Texas LMSC for 2023. Email your request to [Lynn Morrison](mailto:Lynn.Morrison@ntxlm.com) for verification and to receive your Club Assistant entry coupon.

Seeding: Submit current best times, in yards. Men and women will swim separate for distances 100 yards and under. For distances 200 yards and over, men and women will swim mixed and be seeded by time only. All events will be swum from slowest to fastest, with the exception of the 400 IM, 500 Free, and 1000 Free which will be determined day of the meet. The 500 free and 1000 free may swim two to a lane depending on time and number of entries. Entries without seed times will be placed in the slowest heats. All events will be deck seeded approx. 15 minutes before the anticipated start of each event. Positive check-in is required on the day of competition for EACH event.

Rules: Current USMS rules will govern the conduct of this meet. THE NO FALSE START RULE WILL BE ENFORCED.

USMS Split Notification Forms: Fully completed forms must be submitted prior to the end of the meet. Forms will be available at the meet or can be downloaded https://www.usms.org/admin/lmschb/gto_rectab_split_request.pdf.

Meet Results: Final results will be posted during the meet on MeetMobile

Special Note: This meet is run fast! Be prepared! No refunds will be given.

Meet Director: Bobby Patten at bp@pegasusaquatics.org.

SCHEDULE OF EVENTS

Men and women swim separate for distances 100 and under.

Men and women will swim mixed (together) for distances 200 or over. The meet results will be sorted by gender and age group. The length of the break will be determined by meet director.

Session 1

Warm-ups start at 12:00 PM

Meet Session starts at 1:00 PM

#	Sex	Event	
1	Women	50 Y	Back
2	Men	50 Y	Back
3	Mixed	400 Y	IM
5	Women	50 Y	Fly
6	Men	50 Y	Fly
7	Women	100 Y	Breast
8	Men	100 Y	Breast

Session 2 - After Break

#	Sex	Event	
9	Women	100 Y	Back
10	Men	100 Y	Back
11	Mixed	200 Y	Fly
13	Women	100 Y	Free
14	Men	100 Y	Free
15	Mixed	200 Y	IM
16	Mixed	500 Y	Free

Session 3 - After Break

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#	Sex	Event	
17	Women	50 Y	Breast
18	Men	50 Y	Breast
19	Mixed	200 Y	Back
21	Women	50 Y	Free
22	Men	50 Y	Free
23	Women	100 Y	Fly
24	Men	100 Y	Fly

Session 4 - After Break

#	Sex	Event	
25	Mixed	200 Y	Breast
26	Mixed	200 Y	Free
27	Women	100 Y	IM
28	Men	100 Y	IM
29	Mixed	1000 Y	Free

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