



Palm Springs Masters SCY Swim Meet **Sunday, January 29, 2023**

Sanctioned by Southern Pacific Masters Swimming for USMS, Inc. #333-S0XX

Facility: Palm Springs Swim Center is an outdoor 50 meter by 25 yard competition pool located at 405 South Pavilion Way, Palm Springs, CA 92262. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Timing System: The primary timing system will be fully automatic. Colorado Timing will be used. Times may be submitted for USMS record and Top 10 consideration.

Directions and Parking: Palm Springs Swim Center is located in Sunrise Park, at the corner of Ramon Road and South Sunrise Way, adjacent to Palm Springs High School. From South Sunrise Way, turn East on East Baristo Road then turn South on South Pavillion Way. Enter parking lot on right. Parking is free. Follow signs to pool.

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. Age on January 29, 2023, determines age group for the meet. You must be at least 18 years of age on January 29th to compete.

Warm-up: USMS warm-up policies will be enforced. There will be NO DIVING into the pool any time except into the designated sprint lane(s). Warm-up rules will be announced. Warm-up in the competition lanes will be available for one hour prior to the start of the meet. Additional warm-up lanes will be available.

Entries: All swimmers must be registered with USMS for 2023 or foreign equivalents. Early Entry Fee \$50.00 flat fee per swimmer. Early entry price closes Wednesday January 18, 2023 at 11:59pm Pacific Time. Late entries will be allowed for a flat fee of \$60.00. Entries close Wednesday January 25, 2023 at 11:59pm Pacific Time. Swimmers are limited to a total of 5 individual events, not including relays. **If the meet is deemed too large, the 5th event will be dropped.** Indicate your 5th event on your entry form. There will be no refunds. The **1650yd Freestyle may be limited to 3 heats** at the discretion of the Meet Director.

NO DECK ENTRIES ALLOWED FOR INDIVIDUAL ENTRIES.

Disability Swimmers: Disability swimmers are welcome. Please notify the meet director and meet referee, prior to the competition, of any disability and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment if required.

Seeding: All events are timed finals and will be deck seeded slowest to fastest by entered time, ages and sexes combined.

Check-in: Positive check-in is required for all events 400 yards and longer. Check-in closes at **8:00AM for Event #1** 1650 Free and **8:30AM for Event #2** 400 IM.

Relays: All relays will be deck entered on SPMS relay forms available at the meet. Relays are free. **All relay swimmers must be entered in the meet.** For each relay swimmer who is not entered in individual events, a fee of \$20.00 and a signed liability release must be completed online or submitted with the relay entry prior to the start of Event#1. A swimmer may swim only **ONE** Medley Relay (Events # 7, 8, 9)) and **ONE** Freestyle Relay (Events # 16, 17, 18).

BRING YOUR OWN FINS for Event 23, the Fun Fin Relay!

Awards: Individual: Ribbons for places 1 to 3. Relay: Ribbons for 1st place.

Snack Bar: Limited snacks and food items will be available for purchase. Hospitality for Officials, Volunteers, and Coaches will be provided.

Questions: Meet Director Richard Mignault, (917) 744-4233, PSMastersSwim@gmail.com

Meet Referee: Cami Stein

Meet Admin: Alina de Armas

Order of Events
Sunday January 29, 2023
Warm-up starts at 7:30 AM
Meet starts at 8:30 AM

EVENT #	EVENT
1.	1650 yd. Freestyle (check-in required) (Entries may be limited to 3 heats)
2.	400 yd. Individual Medley (check-in required)
3.	200 yd. Freestyle
4.	50 yd. Butterfly
5.	100 yd. Backstroke
6.	200 yd. Breaststroke
7 / 8 / 9.	200 yd. Medley Relay (Men, Women, or Mixed) (Swimmers are limited to ONE Medley Relay)
10.	200 yd. Individual Medley
11.	50 yd. Breaststroke
12.	100 yd. Butterfly
13.	200 yd. Backstroke
14.	100 yd. Freestyle
15.	50 yd. Backstroke
16 / 17 / 18.	200 yd. Freestyle Relay (Men, Women, or Mixed) (Swimmers are limited to ONE Freestyle Relay)
19.	100 yd. Breaststroke
20.	50 yd. Freestyle
21.	200 yd. Butterfly
22.	100 yd. Individual Medley
23.	100 yd. (4x25) Fun Fin Relay (Bring your own fins)