

**2023 SWIM MELBOURNE MASTERS
USMS OPEN WATER 1.5K and 5K EVENT
Sunday, March 5, 2023
Enter Online: **TBD via Club Assistant****



SANCTION TBD: 38X-XXXX.

In granting this sanction it is understood and agreed that USMS shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that USMS and Swim Melbourne Masters shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this event, the athlete consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this event. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live event results. Official results will be posted on the Internet at **TBD**

USE OF AUDIO AND VISUAL: Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas/restrooms. Violation of this recording prohibition may result in ejection from the location by the Event Directors or their designee.

EVENT PERSONNEL:

CO-EVENT Directors: Zena Courtney, zenacourtney@hotmail.com, (206) 651-0823
Kelly Parker-Palace, palacekelly@gmail.com, (321) 704-9304

EVENT Referee: **TBD**

EVENT Independent Safety Officer: B. J. Graham, myswimcoachbj@gmail.com, (321) 403-1082

LOCATION: Paradise Beach at Howard E. Futch Memorial Park, 2301 Florida A1A, Melbourne, FL 32903, Amenities include food trailer (11AM-7PM), restrooms, outdoor shower, trash, free parking, play area, sand volleyball courts and covered pavilions.

DRIVING DIRECTIONS: Paradise Beach at Howard E. Futch Memorial Park is located on the beach at 2301 Florida A1A, Melbourne, FL 32903. From I-95 North or South, take Exit 182/FL-518 E exit and head east 7.8 miles to stop light at A1A S/N HwyA1A. Turn right at light on A1A S/N HwyA1A and drive south for .3 miles, turn left on Paradise at entrance on left to Howard E. Futch Memorial Park, park in parking lot. [Paradise Beach - Google Maps](#)

SWIM COURSE: This is an open water ocean swim. The course maps are shown at the end of this document. The 1.5K race will be one loop of three turn buoys. The 5K race will be slightly longer than three loops of a 1.5K course. The course consists of three turn buoys. For all races, the start will be an in-water start, and the finish will be on shore.

BACKUP SWIM COURSE: Should the waves on race morning be larger than 6 foot, the course will be changed to a rectangular course that requires swimming due east straight through the breaking waves and then north or south parallel to the shore for the required distance then returning to shore through the waves again.

WARM UP/WARM DOWN: A separate designated area for warm-up will be available before each event. Swimming outside of this area for warm up or warm down will result in disqualification.

CONDITIONS: The expected water temperature: 70-76°F. Each course is patrolled by Brevard County Ocean Rescue. Participants should be adequately trained for open water swims of this length. Previous experience in similar water conditions is highly recommended.

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ABANDONMENT: If local condition/safety concerns lead to an abandonment during the race, athletes are required to follow the lifeguard instructions and other event supporting personnel. In such a case, the event shall be considered complete. The final placings of all athletes shall be determined by the Event Director. Situations not covered shall be determined by the Event Committee.

TIME: Howard E. Futch Memorial Park opens at 7:00 AM each day. Event check-in begins at 7:45 AM at the tables on the beach in front to the main lifeguard station. Registration for the 1-mile will close at 8:30AM, 5K registration will close at 10:00AM. Mandatory safety meetings will be held approximately 15 minutes before the start of each race. **The 1-mile waves start 9:00AM and at 10:30AM for the 5K.** Each event may have multiple waves that will start approximately 2-3 minutes apart; the number of waves will be determined by the number of entries. All races start times are approximate. Warm-up will be available starting at 8:00 AM near the start chute.

RACE CUTOFF TIMES: The cutoff time is 60 minutes for the 1.5K swim. 1.5K swimmers not passing the 3rd turn buoy by 40 minutes from the start will be directed to swim to shore from this buoy and will be disqualified. Athletes unable to finish within the cutoff time will also be removed from the course by safety personnel and disqualified.

The cutoff time is 120 minutes for the 5K swim. 5K Swimmers not passing the third turn buoy on second lap within 100 minutes from the start will be directed to swim to shore from this buoy and will be disqualified. Athletes unable to finish within the cutoff time will also be removed from the course by safety personnel and disqualified.

GENERAL RULES:

- For USMS athletes, current USMS rules will govern the event.
- Events will start in waves, depending on the number of entries. Waves will swim fast to slow. The waves will be denoted by different color caps. Wetsuits might be seeded in a separate wave.
- Entries will be maximized at 300 combined for both events.
- All Officials must be current on their registration and training according to USMS standards.
- There will be a safety meeting before the start of races. The safety meeting is mandatory for all participants and officials.
- All races are unescorted swims. All watercraft, including boats, paddle boards or kayaks are prohibited on, at or near the race course during the time of the event, except for those used by the host club for conducting the event or lifeguard operations.
- All athletes must wear the provided swim cap. If two caps are worn, the provided cap must be on the top.
- USMS Just for Fun Division (for 1.5K event only): Fins or pull buoy allowed – all proceeds benefitting the Swim Melbourne Foundation. Swimmers in this division will start in the USMS category-2 wave. Fins must consist of soft rubber material with a length of no more than two feet and are subject to approval by the referee for safety reasons.
- Webscorer will be used as the timing system and popsicle sticks with numbers will be given out at registration and must be turned in right before you enter the water for the race start.
- Disqualified swimmer must leave the race course immediately.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the beach, in the restrooms, in spectator seating, on standing areas and in all areas used by athletes, during the event and during warm-up periods.
- Sale and use of alcoholic beverages are prohibited in all areas of the event venue.
- No glass containers are allowed in the event venue.
- All shelters must be properly secured

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- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Event Director Referee or their designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited.

USMS ELIGIBILITY:

- Athletes must be current members of USMS. One-event registration covering the whole event is available for adult (\$20) athletes. This can be used on-line and on race day.
- USMS Athletes must be current members of U.S. Masters Swimming.
- Entry times are not required for entry.
- Disabled athletes are welcome to attend this event and should contact the Event Directors regarding any special accommodations on entry times and seeding per USMS policy.
- The age for USMS athletes shall be determined by the age of the swimmer on December 31 of the year of competition, except for 18-year-olds, who must be 18 on the day that they swim.

ENTRY FEES:

Event	1.5K	5K	Both Events
Pre-race registration (online thru Thurs 03/02/2023)	\$60	\$75	\$125
Race day registration	\$80	\$95	\$165
One Event Registration (OEVT)	\$20	\$20	\$ 20

No refunds. No Whining

ENTRIES:

There are links for online registration for USMS members. Online registration for all races closes 11:59PM on 03/02/23 or when race participant limit of 300 swimmers is reached for the 1.5K/5K races. Mailed or hand delivered entries are not available pre-race. Athletes can register at the registration desk on race day, if the race participant limit is not reached. Race day registration for a “one-event” membership for USMS is available at the registration desk on race day. Credit card information

CHECK-IN:

The event will be seeded based on the provided mile time. Athletes must check-in at the Registration table.

- 1.5K registration is open on Saturday from 7:45 to 8:30AM.
- 5K registration is open from 7:45AM to 10:00 AM.

Athletes who do not check in will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS USMS:

- Custom designed awards will be given to the first 3 USMS registered finishers in each sex/age in the Category 1 (non-wetsuit division) (18-24, 25-29, etc.) in the 1.5K and 5K Events.
- Just for Fun Division: No awards will be given

ADMISSION AND PARKING: Free.

2023 Swim Melbourne Open Water

1.5K /5K Swims

Sunday, March 5, 2023

Paradise Beach, Melbourne Beach, FL

Race Day Registration

Last Name _____	First Name _____	MI ____	USAS/USMS# _____
Address _____			
Phone _____	E-Mail _____		
Club _____	Date of Birth _____	Age (on 3/5/23) _____	
Circle Gender M W			
Estimated 1650 yards/1500 meters time for waves seeding _____ (A blank time entry will be placed in the slowest wave). Please be accurate.			
<u>Emergency Contact:</u>			
Name _____	Relationship: _____	Contact # _____	

Sunday 1.5K race:	\$80 \$ _____
Sunday USMS 5K race:	\$95 \$ _____
Both Sunday races:	\$165 \$ _____
USMS One-event registration	\$20 \$ _____
Wetsuit: Yes No	
T-shirt – Circle size: S M L XL	\$20 \$ _____
T-shirt – Circle Gender: Male/Female	All Sales Final. No Refunds. Total \$ _____

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement"); 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events. 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include,

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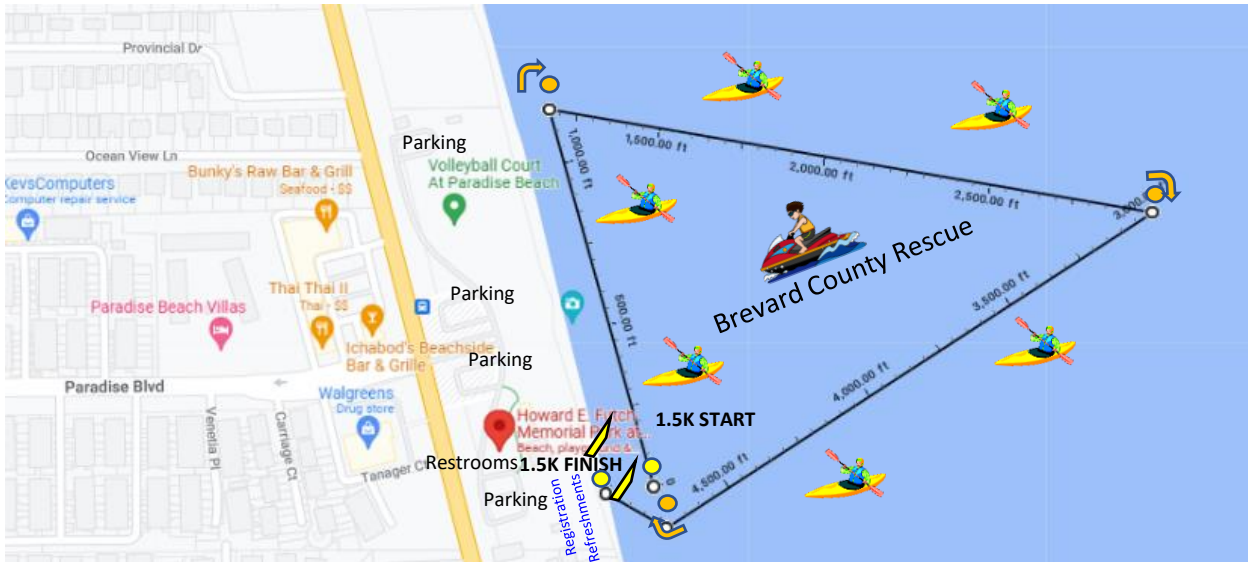
without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers (“Risks”). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events. 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events. 4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 I agree not to participate in USMS activities for a minimum of 10 days from the date the symptoms started, until the symptoms have subsided, or I have been cleared by a doctor. If I test positive for COVID-19 within 10 days following participation in a USMS activity, I will notify the USMS event director, coach, or club administrator immediately. 5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the “Released Parties”), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys’ fees) of any kind or nature (“Liability”) which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties. 6. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim. I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

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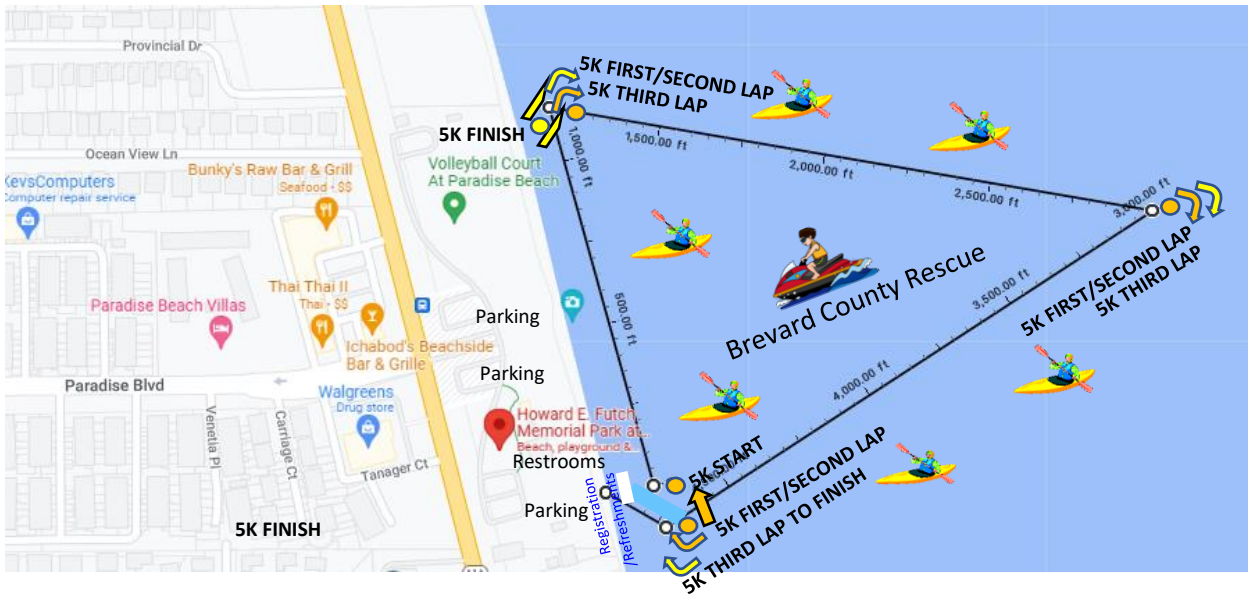
Last Name	First Name	MI	Sex (check)	Date of Birth (mm/dd/yyyy)
			<input type="checkbox"/> <input type="checkbox"/>	
Street Address, City, State, Zip				
Signature of Participant			Date Signed	

Revised 04/28/2022

2023 Swim Melbourne Open Water 1.5K /5K Swim Courses



1.5K COURSE: This course will be one loop of three buoys. Swimmers will start in the water and swim to finish on the beach after third turn.



5K COURSE: This course will be just over three loops of three buoy course. Swimmers will start in water by third turn buoy and swim parallel to the finish area to continue the first and second loops. After the third loop, swimmers will swim to the finish on the beach near the first turn buoy.