



Central Illinois Open Water Swim (CIOWS)

June 24, 2023

Sanctioned by ILMSA for USMS, Inc. Sanction Pending

TIME: 7:00 a.m. positive check-in, 8:00 a.m. warm-up, 9:00 a.m. event start

LOCATION: Evergreen Lake at Comlara Park, 3001 Recreation Area Drive, Hudson, Illinois 61748

FACILITY: This is an open water event in a freshwater lake. Evergreen Lake was built in 1970 to serve as a secondary water source for the City of Bloomington, IL. The lake is owned by the City of Bloomington, IL, and is managed by the McLean County, IL, Department of Parks and Recreation. Depth ranges from 15 to 50 feet. There are no tides and only a small current created by an overflow dam, which is more than a mile from the CIOWS course. Underwater hazards occasionally are caused from fallen trees, but will be clearly marked with yellow buoys when the course is set up. Water temperature and weather conditions will be sent via e-mail to participants in the weeks and days leading to the event.

ELIGIBILITY: Must be over 18 years of age and a current USMS member. **Under USMS Open Water rules, your age is determined as of December 31, 2023**, except that you must be at least age 18-years old on June 24, 2023. In accordance with USMS rules, verification of membership registration must be provided with your entry, verified through online registration. To register with USMS go to: <https://www.usms.org/login-to-registration-page>

ENTRY OPTIONS: Entry fee is \$45 before June 11 and \$55 after. Entries close at noon on June 23. No entries after close will be allowed—no exceptions. Register online at: https://www.ClubAssistant.com/club/meet_information.cfm?c=1530&smid=14414

ENTRY DEADLINE: June 23 at 11:59 a.m. (Noon)

MEET CONDUCT: 2023 USMS rules govern the conduct of the event. Timing is provided by electronic chip worn on participant's ankle.

ORDER OF EVENTS:

2.4 miles participants start at 9:00 a.m. 1.2 miles participants start at 9:10 a.m.

EVENT DIRECTOR: Miranda Henson, miranda@cimst.org

OFFICIALS: Todd Schmidt and Curt Keller