

2023 TMSC Oklahoma Memorial State Championship Meet

Saturday, August 12, 2023 - Jenks Trojan Aquatic Center

Warm - up: 9:00 to 9:45 am. Meet starts at 10 am

Sanctioned by OMS for USMS, Inc. Sanction No.##

Meet Director: Denise Smart, TulsaMastersSwimClub@gmail.com

www.okswim.org

Directions: Jenks (High School) Trojan Aquatic Center 495 N. Birch St, Jenks, OK.

From U.S. Hwy 75: Take the Main St/Jenks exit. Turn left on Elm Street, right on 'B' Street, left on Birch. The pool is on the right.

From the Creek Turnpike: Elm Street exit. Right on 'B' Street, left on Birch. The pool is on the right.

From Riverside Drive: 96th Street west across the Arkansas River bridge. Right at the first light, immediate left at the stop sign, 'B' Street. Turn right onto Birch St. The pool is on the right.

Facility: 50 meter, INDOOR, 8 lane competition pool with non-turbulent lane lines. Continuous warm up and cool down lanes will be available during the meet.

The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Eligibility: The meet is open to all current USMS registered Masters swimmers age 18 or over as of August 12, 2023. USMS registration is available online at www.usms.org/reg.

Conduct of Meet: The meet will be conducted under 2023 USMS rules. Heats will be seeded slow to fast by time only. Entrants without seed times will be placed in the slowest heat. All events will be timed finals. *We will have 2 scheduled 10 minute breaks during the meet. Additional breaks as needed or by special request of the Head Official.* Please contact the meet director if you have any questions.

Timing: Electronic timing will be used with watch backup.

Entry Limit: Each swimmer may participate in a maximum of 5 events, excluding relays. The swimmer may enter the 800 m free or the 1500 m free, but not both.

Registration: Swimmers should submit their entries via [LINK TO ENTRY FORM](#) or email TulsaMastersSwimClub@gmail.com.

Entry fee is \$30 if emailed by 11:00 pm Wednesday August 9, 2023. Checks payable to *Jenks Community Education (JCE)*. **No credit or debit card.**

Deck Entries: Deck entries will be accepted the day of the meet until 9:30 am. Deck entry fee is \$40.

Deck entries close at 9:30 am the day of the meet.

Checks payable to *Jenks Community Education (JCE)*. **No credit or debit card.**

All swimmers will need to provide a copy of their current 2023 USMS card.

PRINT a copy of your 2023 USMS card: www.usms.org/reg/getcard.php

PRE-REGISTRATION STRONGLY ENCOURAGED!

Results will be posted online at www.okswim.org

Warm-ups start at 9:00 AM

Meet starts at 10:00 AM

Event #	Sex	Event
1	Mixed	400 M Free
2	Mixed	200 M Breast
3	Mixed	50 M Fly
4	Mixed	100 M Free
5	Mixed	200 M Back
6	Mixed	50 M Breast
		10 minute break
7	Mixed	200 M Fly
8	Mixed	100 M Back
9	Mixed	800 M Free
10	Mixed	1500 M Free
11	Mixed	50 M Free
12	Mixed	200 M IM
		10 minute break
13	Mixed	100 M Breast
14	Mixed	50 M Back
15	Mixed	100 M Fly
16	Mixed	200 M Free
17	Mixed	400 M IM
18	Mixed	200 M Free Relay
19	Mixed	200 M Medley Relay