



DONNER LAKE OPEN WATER SWIM

2.7 MILES SATURDAY, AUGUST 10, 2024 8:30 AM

Water temp. : 65-68° Truckee, CA. Altitude: 5933 ft.

**Sanctioned by: Pacific Masters Swimming for
USMS, Inc. #**



LOCATION: Donner Lake, Truckee, CA. Located 35 miles west of Reno, NV and 100 miles east of Sacramento, CA. via Interstate 80. The start is at the east end of the lake by Donner Memorial State Park; the finish is at West End Beach.

WARNING: Participants should be adequately trained for this competition, which combines high altitude, cool water temperatures, and a lengthy swim. Previous experience in similar conditions is highly recommended.

ENTRIES: This event is open to 450 swimmers. Entry fees are \$85 per person if you pre-register. All entry fees are nonrefundable in the event the swim is cancelled for any reason whatsoever, including but not limited to registered swimmer non participation, cancellation of the event at any time for any reason, or for any other reason not listed.

Sierra Nevada Masters Swimming, Inc. is a Section 501(c)(4) non-profit corporation organized under the laws of the State of Nevada. In agreeing to participate in this swim event hosted by Sierra Nevada Masters Swimming, Inc., Participants acknowledge that any and all grievances or claims Participants may have against Sierra Nevada Masters Swimming, Inc. due to this event shall be governed and construed under the laws of the State of Nevada, and the courts of the State of Nevada shall have jurisdiction over any disputes. Such State of Nevada governing law declaration shall be further understood by Participants to be irrespective of the location of this swim event at Donner Lake, Town of Truckee, State of California.

\$170 per person, for registration on race day if the swim does not sell out.

Registration opens June 3, 2024 at 4pm.

Registration for this event will only be available at

CHECK-IN: Check-in and race day registration will begin at 8:00 AM and close at 8:00 AM. Pre-race instructions will take place at 8:15 AM.

SHIRTS: Shirts may be pre-ordered- more information to come.

TIMING: Timing for this event will be provided by Lynn M.

COURSE: Straight, point-to-point, 2.7 miles. Expect water temperature 65 – 68 degrees. Altitude is 5933 ft.

SWIM PROCEDURES: Pre-race instructions at 8:15 AM for a beach start at 8:30. **A 2 hour 30 minute time limit will be STRICTLY enforced.** If you fail to finish the race within the time limit, you will be disqualified and removed from the water. There are **NO EXCEPTIONS**; you will be removed from the water within 2 hours and 30 minutes.

www.clubassistant.com, **no mail in entries will be accepted.**

Online registration closes August 1, 2024. If the Donner Lake Open Water Swim sells out before race day, there will be NO race-day registration.

COVID: The Donner Lake Swim will be following local and state COVID guidelines. Swimmers must follow these guidelines in order to participate in the swim. United States Masters Swimming encourages all swimmers receive the COVID vaccine.

RACE RESULTS: Race results will be in 2 categories. **Category 1 suits** (suits made from textile materials, shall not cover the neck and shall not extend past the shoulder nor below the ankles, no clasps or zippers). **Category 2 suits** (wetsuits or technical suits - Speedo Lazer, Blue 70s, rash guards and arm bands, no tape on the body.).

DIVISIONS: Masters divisions 18-24, 25-29, 30-34, etc.; male and female. No entrants under 18 years of age are permitted.

AWARDS: Special awards will be presented to the first Category 1 woman and man to finish (18+ and 40+) and the top three finishers in each Category 1 age group. All entrants will receive an official race cap and post-race refreshments.

PARKING: This is a point-to-point swim with parking available in designated parking areas at the start and at the finish. At the start of the race, you may park at the Donner Museum parking lot for a fee or on the south side of Donner Pass Road (absolutely NO parking on the north side of Donner Pass Road). At the finish, you may park at the West End Beach parking lot. A shuttle will operate between the start and finish from 6:30 AM to noon. Spectators must pay the West End Beach admission fee. Animals are not allowed in the park.

ACCOMMODATIONS: Accommodations in the area are limited, so make your reservations early! Campers should call 800-444-PARK for reservations for Donner Memorial State Park (located at the start of the race).

SAFETY: Bright colored caps will be provided and must be worn during the swim. The course will be patrolled by safety craft both motorized and non-motorized. Life jackets and "man in water" flags are required on all craft.

EQUIPMENT: The use of fins, pull buoys or other swimming devices shall not be permitted except that soft hand paddles may be used as a prosthesis, if they do not present a safety hazard to the other swimmers.

WARM-UP: A designated warm-up area will be provided from 8:00-8:15am. All swimmers wishing to warm-up prior to the race must do so in the designated warm-up area.

RACE START: All swimmers must be out of the water at 8:15 am.

KAYAK: If you want to kayak for the race, contact James Conkey at jconkey@nevadavisiongroup.com

MOTORIZED BOATS: If you wish to volunteer to have a motorized boat on the water please contact Susan at susancsorensen@gmail.com

ADDITIONAL RACE INFORMATION:
www.donnerlakeswim.org

RACE DIRECTOR: Laura Harsh
donnerlakeswim@gmail.com.