### **Moses Lake Masters**

# **January 20th, 2024**

**Date/Times**: Saturday, January 20, 2024. Warm-up starts at 9:30am. Event #1 (400 IM) starts at 10:30am. Event #3 not to begin prior to 11:30 am.

**Sponsor:** Moses Lake Masters Swim Club. Sanctioned by <u>Inland Northwest Masters Swimming</u> (IWMSC) for United States Masters Swimming, Inc. (USMS) Sanction number 353-S001.

**Facility:** Moses Lake High School Tony St. Onge Pool of Dreams, 803 E Sharon Ave, Moses Lake, WA, 98837. 25 yard competition pool with 8 lanes and Daktronics automatic timing system. Locker rooms adjacent to pool deck.

The length of the competition course has been measured and is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. Times from this competition will be eligible for world records, USMS records and Top 10 consideration.

### Health/Safety Protocols: None.

Eligibility: All swimmers must be currently registered USMS swimmers or foreign equivalent. New members can register online: <a href="www.usms.org/reg">www.usms.org/reg</a>. Non-members may participate by purchasing a One-Event Membership with USMS for \$20 at time of entry. One-event participants are not eligible for setting any records or Top Ten swims.

**Rules**: 2024 USMS rules will apply. Available at www.usms.org/rules and at the meet. Certified stroke and turn judges will be present. Events will be seeded slow to fast. Relays can only be swum mens, women's or mixed.

**Deadline**: Online meet entry closes by Tuesday, January 16th. . T-SHIRT ORDERS BY TBD. Any entries after that date will not have a tshirt (cotact the meet director to see if there are any extras).

**Fees**: \$TBD for entries charged to a credit/debit card. Optional T-shirts \$TBD.

**Conduct of the meet**: Each participant may swim six individual events and 3 relays.

**Club Scoring**: Individuals must be signed up with the club they represent to have their points count for that club

**Awards**: First-Third place ribbons will be available.

Directions: From I-90 exit 179 at HWY 17 travel north on HWY 17 which turns into Pioneer Way. Take a left on E Sharon Ave and continue to the high school.

**Hotels:** There is a block of rooms at the Wingate Hotel in Moses Lake. If you are a visiting official and would like a room in your name let the meet director know. We have a limited number of donated rooms.

1735 Kittelson Rd, Moses Lake, WA 98837 Phone: (509) 766-2000 Reservations here (clickable)

No Host Social afterwards at TBD

**QUESTIONS:** Contact Meet Director Tony Preston @ 509-770-1590 or preston.tony@gmail.com

## **Enter the Meet**

Go to here for registration by 1/15 & buy a Meet Shirt by 1/16

# **Order of Events**

- 1) 400Y IM
- 2) 1650Y Free

2nd Warmup – Approx. 11:30am

- 3) 400Y Free Relay (M/W/Mixed)
- 4) 50Y Free
- 5) 200Y Back
- 6) 100Y Fly
- 7) 50Y Breast
- 8) 200Y Free

### Break (10 minutes)

- 9) 200Y Medley Relay (M/W/Mixed)
- 10) 100Y IM
- 11) 200Y Breast
- 12) 50Y Back
- 13) 100Y Free
- 14) 200Y Fly

#### Break (10 minutes)

- 15) 200Y Free Relay (M/W/Mixed)
- 16) 200Y IM
- 17) 100Y Breast
- 18) 100Y Back
- 19) 50Y Fly
- 20) 500Y Free