



AZLMSC SC Yards State & S.W. Zone Championship
April 9 & 10, 2022, Oro Valley, AZ

Meet Director: Doug Springer

Meet Referee: Judy Gillies

Sanction: Sanctioned by AZLMSC for USMS Inc.

Rules: 2022 USMS rules apply. All events are timed finals. Swimmers are limited to a total of 8 individual events for the entire meet and no more than 5 per day, not including relays. Age on April 9, 2022 determines the age group of the swimmer for the meet.

Long distance events: Each swimmer may only swim 1 event in the first session (1650 or 1000). The first session is limited to the first 24 swimmers to register for either event. The 1650 and 1000 will be seeded fastest to slowest based on entry times. Positive check-in is required for the 1650 and 1000 events. Check-in for the 1650 and 1000 will close at the start of warm-up for that session. Wait listed swimmers will be notified of any openings at that time.

Seeding: All events (except the 1650 & 1000) will be pre-seeded. All events besides the 1650 and 1000 will be seeded slowest to fastest. All individual events are mixed. No deck entries or late entries will be accepted.

Eligibility: Any swimmer with a valid 2022 USMS registration. International entries will enter the swimmer's FINA-recognized Masters Swimming registration. For further information on registration contact Doug Springer at dspringer@wbhsi.net.

Affiliation: A swimmer's team affiliation as stated on online registration will apply throughout the meet, except that a swimmer may become unattached at any time.

Individual Awards: Medals will be awarded for 1st, 2nd and 3rd in each age category. Male and female high point awards for each age group will be awarded. Individual Points will be awarded as follows: 9,7,6,5,4,3,2,1 and doubled for relays.

Team Awards: Team awards for 1st and 2nd by team size based on USMS 2022 membership registration. The team awards are as follows: Large 50+ members, Medium 25-49 members and Small 1-24 members.

Results: Available through Club Assistant at www.clubassistant.com

Entries and fees: Swimmers may only swim one relay (men, women or mixed) per event. Flat entry fee of \$65 for online entries. Fee includes a meet T-shirt.

No deck entries, mail or fax entries will be accepted.

- For **online registration** please visit <https://www.clubassistant.com>
- Online registration closes on April 5, 2022.

REMINDER:

The entry fee includes a meet T-shirt. Please indicate your T-shirt size on your Club Assistant entry form.

1. **Facility:** The Oro Valley Aquatic Center (OVAC), renowned for fast times, is located next to Canyon del Oro High School in the James D. Krieger Park, 23 W. Calle Concordia, Oro Valley, AZ 85704. OVAC is an outdoor 18-lane 25-yard pool operated at 80° F with non turbulent lane lines and electronic timing. We will run 8 lanes for competition and set aside additional lanes for warm-up. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

Location: Directions from I-10: Ina Rd. exit #125, east on Ina to Oracle Rd., left (north) on Oracle to Calle Concordia, left (west) on Calle Concordia, pool is on your right in $\frac{1}{4}$ mile. There is a parking lot available directly east of the pool off Calle Concordia.

Meet Sessions and Order of Events

SATURDAY APRIL 9TH - SESSION #1	
WARM-UPS START 7:00 am MEET STARTS 7:30am	
1	MIXED 1650 FREE (FASTEST TO SLOWEST)
2	MIXED 1000 FREE (FASTEST TO SLOWEST)
SATURDAY APRIL 9TH – SESSION #2	
WARM-UPS START 10:00 am MEET STARTS 10:30am	
3	MIXED 400 IM
4	MIXED 50 FREE
5	MIXED 100 FLY
6	MIXED 200 BREAST
10 MINUTE BREAK	
7	WOMEN’S 400 FREE RELAY
8	MEN’S 400 FREE RELAY
9	MIXED 400 FREE RELAY
10	MIXED 100 IM
11	MIXED 200 BACK
12	MIXED 50 BREAST
13	MIXED 200 FREE
10 MINUTE BREAK	
14	WOMEN’S 200 MEDLEY RELAY
15	MEN’S 200 MEDLEY RELAY
16	MIXED 200 MEDLEY RELAY

SUNDAY APRIL 10TH – SESSION #3	
WARM-UPS START 8:00 am MEET STARTS 8:30am	
17	WOMEN’S 800 FREE RELAY
18	MEN’S 800 FREE RELAY
19	MIXED 800 FREE RELAY
20	MIXED 200 FLY
21	MIXED 100 BACK
22	MIXED 500FREE
23	MIXED 100 BREAST
24	MIXED 50 FLY
10 MINUTE BREAK	
25	WOMEN’S 400 MEDLEY RELAY
26	MEN’S 400 MEDLEY RELAY
27	MIXED 400 MEDLEY RELAY
28	MIXED 100 FREE
29	MIXED 50 BACK

30 MIXED 200 IM
10 MINUTE BREAK
31 WOMEN'S 200 FREE RELAY
32 MEN'S 200 FREE RELAY
33 MIXED 200 FREE RELAY