



# The Catalina Swim Mixer @The AYCC

February 19<sup>th</sup>, 2022 – The Alfond Youth and Community Center, Waterville, Maine

**11am Warm Up--- 12pm Start**

Recognition Number XXXXXXX



	<p><b>All PWWS sponsored events will be governed by the current USMS rules. Times from this competition will be eligible for USMS records and Top 10 consideration, but not for world records.</b></p>
	<p>"The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1"</p>
	<p>Directions: <u>The Alfond Youth and Community Center is located at 126 North St, Waterville, Maine</u></p>
	<p><b>Facility:</b> 6-lane pool with five racing lanes and an adjacent lane for warm-up and cool down. Electronic timing will be used.</p>
	<p><b>Meet Directors</b> Kyle Bauer at <a href="mailto:kbauer@clubaycc.org">kbauer@clubaycc.org</a> or (207) 873-0684 and Tim Lecrone at <a href="mailto:tlecrone@msn.com">tlecrone@msn.com</a></p>
	<p><b>Fees:</b> Entries received by Noon, Thursday, February 17<sup>th</sup> will be pre-seeded with a cost of \$20 for up to 5 individual events. Later entries, including deck entries, will be accepted at a cost of \$25 for 5 events. Make checks payable to Alfond Youth &amp; Community Center.</p>
	<p><b>Send Entries To:</b> Kyle Bauer, Alfond Youth &amp; Community Center, 126 North St, Waterville, ME 04901.</p>
COVID-19	<p>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. •According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. US Masters Swimming cannot prevent you from becoming exposed to, contracting, or spreading COVID-19 while participating in USMS sanctioned/recognized events. It is not possible to prevent against the presence of the disease •Therefore, if you choose to participate in a USMS sanctioned/recognized event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. •By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever hold harmless US Masters Swimming, The Alfond Youth Center, Prestige Worldwide Swimming, and all meet officials from any liability or claims including for personal injuries, death, disease or property loss; including, but not limited to claims of negligence and give up any claims you may have to seek damages; whether known or unknown, foreseen or unforeseen, in connection with exposure, infection, and/or spread of COVID-19 related to participation in this competition.</p>

Recognition	<b>Recognized by the New England LMSC on behalf of US Masters Swimming. Recognition Number XXXXXXXX</b>
Counters	*Swimmers may choose either the 500 or 1000 free and must provide their own counters. Heats will be organized based on seed times.

### The Order of Events!

Mixed 500 or 1000 Free*
Mixed 100 Breaststroke
Mixed 100 Butterfly
Mixed 50 Free
Mixed 200 IM
Mixed 50 Backstroke
Mixed 100 Free
Mixed 200 Breaststroke
Mixed 100 Backstroke
Mixed 50 Butterfly
Mixed 100 IM
Mixed 50 Breaststroke
Mixed 200 Backstroke
Mixed 200 Free
Mixed 200 Butterfly