Potomac Valley Summer Shorts Meet



LCM Short Sprint Distances

Sponsored by Potomac Valley LMSC June 26, 20223 USMS Sanction xxx-xxxx





Date / Location

Sunday, June 26, 2022 The St. James competition pool 6805 Industrial Road Springfield, VA 22151 Warm-ups begin 8:00 AM, meet starts at 9:00 AM

Facility

10 lanes x 50 meter pool, 8 lanes used for competition A continuous 50 meter warm-up lane will be available Automatic Colorado timing system will be used Spectator seating is available in the balcony gallery

Events will be seeded combined men and women, slowest to fastest times

Events fee (# events entered x \$7 each)

The length of the competition course is on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Entries / Fees

No awards will be presented

Entry fees are \$7 and \$7 per event entered Entries are due end of Friday June 24

Rules

Fees

\$ 7.00 Entry Fee

Total amount

Final results w	vill be posted online at https://pvm	asters.org		
		Name (from card)		Club Abbrev.
		USMS Number (from ca	rd)	Age on 12/31/22
Seed Time	Event Order	Seed	Time	Event Order
	1. 50 Butterfly			6. 50 Freestyle
	2. 100 Freestyle			7. 100 Butterfly
	3. 50 Breaststroke			8. 50 Backstroke
	4. 100 Backstroke			9. 100 Breaststroke
	5. 200 Individual Medley			