Sweetheart Swim

Short Course Masters Meet
Hosted by Dads Club Swim Team
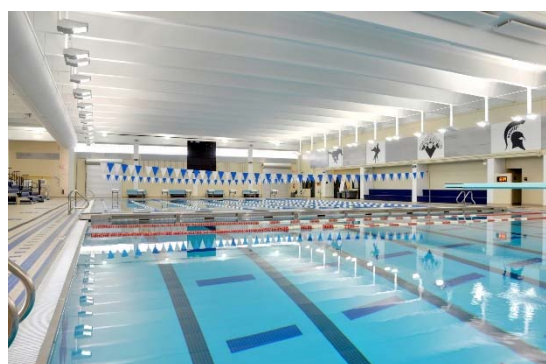### Saturday February 11, 2023
A Short Course Yards Meet

LOCATION: WW Emmons Natatorium, 10404 Tiger Trail, Houston, TX 77043.
Map link to the pool – WW EMMONS NATATORIUM-SPRING BRANCH ISD

FACILITIES: 25 Yard, eight (8) lane indoor pool with regulation starting blocks, bulkhead separating competition pool from diving well, Daktronics electronic timing system, eight lane scoreboard. Diving well will be available for continuous warm up and cool down. Locker room facilities available. Facility seats 800.

POOL LENGTH CERTIFICATION: The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

MEET REFEREE: Herb Schwab herb.schwab@gmail.com

MEET DIRECTOR: Nicole Christensen, ncr@creativewaters.net, 281-352-8434

DATE: Saturday February 11, 2023. Warm up begins at 12 PM. The Meet will begin at 1 PM.

RULES: Current USMS Short Course Rules will govern the conduct of the meet.

PARKING: Parking is available in the Natatorium parking lot and additional parking is available in the High School lot next.

Here is an aerial view of the facility:

DIRECTIONS: Take I-10 and exit Gessner exit. Facility is near Hammerly and Gessner on the North side of I-10. Heading north on Gessner, turn left onto Tiger Trail off of Gessner before you reach Hammerly. Pool will be on your right past high school.

SANCTION: Sanctioned by Gulf Master Swim Committee for USMS, Inc. Times achieved at the meet will be submitted to USMS and eligible for Top Ten consideration and USMS records.

ELIGIBILITY: Open to all currently registered USMS and FINA swimmers. Swimmers not currently registered with USMS will be given an opportunity to register with USMS while doing their online entry.

AGE: Athlete age at the meet is determined by their age on the day of the meet.

AGE GROUPS:

- **Individual:** 18-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69,70-74,75-79, etc.
- **Relays:** 18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95
  Note: The age of the youngest relay team member shall determine the relay age group.

RELAY ENTRIES: Relays will be deck entered and there will be no additional charge. Relays are composed of four men, four women and two men and two women for mixed relays. All relay swimmers must be registered to the same club.

ENTRIES: Online entries only at
https://www.ClubAssistant.com/club/meet_information.cfm?c=2587&smid=15256. A maximum of 5 individual events may be entered. Enter with short course yard times or convert your meter times to short course yard. Swimmers may enter with NT (no time) but it is preferred that a good approximate time be used instead.

FEES: Meet entry fee is $45. Online entry deadline is Friday February 10, 2023 **AT NOON**. **There will be no day of or deck entries**.

SEEDING: All events except the 400 IM, 500 and 1650 Free will be pre-seeded, with women and men seeded together, slowest to fastest. The 400 IM, 500 and 1650 Free will require positive check in (see deadlines below) and will be deck seeded swimming slowest to fastest.

DISTANCE CHECK IN:
500 Free   12:30 PM

SCORING: Individual and Relays through 8th place.

Individual: 9, 7, 6, 5, 4, 3, 2, 1   Relays: 18, 14, 12, 10, 8, 6, 4, 2

AWARDS: No awards will be given out.

PSYCH SHEETS AND HEAT SHEETS: Psych sheets will be emailed to the swimmers after entries close. Swimmers are asked to notify the Meet Director at ncr@creativewaters.net if they know BEFORE 4 PM on Friday Feb 10th that they are not going to swim an event. The meet will then be seeded and Heat sheets will be emailed to the swimmers Friday PM. **THIS IS A GREEN MEET AND NO HEAT SHEETS WILL BE GIVEN TO THE SWIMMERS AT THE SWIM MEET.** Copies will be posted at the venue in several locations. Swimmers are asked to save them to their phones or print them out and bring them with them.

RESULTS: Results will be posted during the meet on MeetMobile as well as SwimPhone. Hard copies will also be posted at the meet. Final results will be posted on the Gulf Masters Web Site at www.gulfmastersswim.org , www.usmssouthcentralzone.org and on www.usms.org

CONCESSIONS: There will be no concessions available however swimmers may bring any food and drink that they may want.

QUESTIONS: Meet Director Nicole Christensen at ncr@creativewaters.net 281-352-8434

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Order of Events
Saturday February 11, 2023
Warm Ups 12 PM, Meet Starts 1 PM

Swimmers may enter up to 5 events. All times will be assumed to be Short Course Yard times. Please convert Meter times to Yards. Swimmers may enter with no time (NT) or put in a good estimate.

Mixed	500 Free *

15 minute break - open pool for 2nd warm up

Mixed	100 Fly
Mixed	50 Breast
Mixed	400 IM
Mixed	100 Free
Mixed	200 Breast
Mixed	50 Back
Mixed	100 IM
Mixed	200 Free
Mixed	50 Fly
Mixed	200 Back
Mixed	100 Breast
Mixed	50 Free
Mixed	200 IM
Mixed	100 Back
Mixed	200 Fly
Women, Men or Mixed	200 Free Relay**
Women, Men or Mixed	200 Medley Relay**

5 minute break IF NEEDED

Women, Men or Mixed	400 Free Relay**
Women, Men or Mixed	400 Medley Relay**
Mixed	1650 Free*

*500 and 1650 Free Swimmers MUST supply their own counter

*1650 swimmers may get an official time in their 1000 if they turn in a Split Request form. Split request forms may be turned in for any event.

** Mixed relays are a combination of two men and two women who are all on the same team. Unattached is not a team. **Depending on number of relays entered, medley and freestyle relays of the same distance may be combined into one heat to swim at the same time.**