

2013 RECIPIENTS OF THE POSTAL SERIES

EACH PARTICIPANT COMPETED IN THE USMS NATIONAL LONG DISTANCE CHAMPIONSHIPS IN THE FOLLOWING 5 EVENTS:
ONE HOUR POSTAL, 5000 METER POSTAL, 10,000 METER POSTAL, 3000 YARD POSTAL, 6000 YARD POSTAL.

gender	name	club	age	USMS #
age group	first	last	MI	abbr
WOMEN				
25-29	Kelsey	Bowen	C	27 OREG 373G-0271E
30-34	Kari	Pederson	J	30 GAJA 453B-04F6V
35-39	Andrea	Packard	H	38 NCMS 1331-0336B
	Serena	Johnson	H	36 OREG 373D-06K7N
	Anica	Chiscione	39	OREG 373M-025V4
	Melinda	Camus	S	38 GAJA 453P-081EW
40-44	Jayna	Iomac	M	41 OREG 373G-05E1N
	Kathy	Farrell Guizar	41	HMS 833A-011HJ
	Ruth	Giles-Ott	44	IM 213Z-02VKN
	Charly	Ashworth	R	40 OREG 373G-085R0
	Cynthia	Kraft	A	43 ARIZ 483V-07Y76
45-49	Victoria	Rian	46	NAST 1639-02A0B
	Marcia	Cleveland	E	49 IM 213D-01S4Y
	Dawn	Clark	49	SPM 143D-05VRX
	Flavia	Zappa	L	46 O'H* 183F-02RHK
	Robertta	Varela-Hein	K	49 MOST 433X-02NGX
50-54	Denise	Bowen	H	53 MICH 1931-01U86
	Susan	Ingraham	R	53 MOST 433S-02NH2
	Heidi	Katka	50	IM 213C-02X7X
	Karen	Matson	A	50 OREG 373C-0266T
	Melissa	Harasz	53	SPM 143Z-05HTD
	Shawn	Fratcher	M	52 AGM 433S-01K4P
	Maddie	Diedo	54	MICH 1931-028U9
	Cynthia	Howe	L	52 MOST 433B-05GWX
	Shirley	Bibles	51	AGM 433B-06BKX
	Allison	LaField	50	MOST 433A-06MKY
55-59	Nery	Sweat	55	OREG 373K-024UM
	Elaine	Valdez	S	58 MOST 433F-02POH
60-64	Shirley	Loftus-Charley	A	61 VMST 123T-02HKM
	Linda	Callaway	60	MOST 433C-02NEV
	Jill	Night	62	SAWS 833S-01J0Z
	Carol	Stark	R	64 OREG 373K-026LU
65-69	Greta	Van Meesteren	66	NCMS 133M-0232R

gender	name	club	age	USMS #
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MEN				
30-34	Michael	Kleinert		32 UNAT 4430-05VJR
35-39	Matt	Miller		35 OREG 373V-07EEF
	Michael	Hastaja		38 IM 2131-0255N
40-44	Jonathan	Shinnick	C	40 MERR 093N-07K14
	Eduardo	Cruz		43 CMS 823X-05XNM
	Christian	Fujo	F	42 OREG 373Z-026K2
45-49	Hardy	Lussier	C	48 OREG 373W-025VX
	Kurt	Dickson	F	46 ARIZ 483S-02E1S
	Mark	Frost	F	46 OREG 373X-07KU4
	Paul (tank)	McNamara	F	49 GAJA 453S-0601J
50-54	James	Blies	B	52 WMAC 203Z-0204D
	Chris	Layton		54 IM 213K-02VAE
	Sein	Hoff		51 IM 213D-093C9
	Kirk	Frambes		53 MOST 433C-06P9A
55-59	Timothy	Kennedy	C	56 SPM 143H-02RF0
	Larry	Wood	W	59 TXLA 433C-02NJF
	Joe	Humler	F	56 MICH 1939-0291T
60-64	William	Reeves	W	60 SALT 343C-0310P
	Robert	Richardson	B	60 OREG 373G-049YA
	Allen	Larson	J	60 OREG 373S-05V23
	Pat	Marzulli		64 SPM 143F-02RMV
	Michael	Larow	F	63 OREG 373J-026XU
65-69	Bob	Bruce	A	65 OREG 373Z-025YX
	Bob	Husson		68 NCMS 1339-023NF
	Leonard	Williamson	M	68 CARS 383J-06J0T
70-74	Larry	Raffaelli	L	70 VCM 333A-0365S
	John	Dei	L	71 UNAT 333H-026W1
	Ralph	Mohr	L	71 OREG 373J-0261C
	Henry	Half	M	70 MOST 4338-02NH8

women	33
men	28
total swimmers	62

OREG	17
MOST	8
IM	6
SPM	4
NCMS	3
GAJA	3
MICH	3
ARIZ	2
AGM	2
NAST	1
VCM	1
TBIS	1
CMS	1
VMST	1
SAWS	1
SALT	1
WMAC	1
O'H*	1
MERR	1
TXLA	1
CARS	1
UNAT	2