

2014 RECIPIENTS OF THE POSTAL SERIES

Each participant competed in the USMS National Long Distance Championships in the following 5 events:
ONE HOUR POSTAL, 5000 METER POSTAL, 10,000 METER POSTAL, 3000 YARD POSTAL, 6000 YARD POSTAL

gender	name			age	club	USMS #
age group	first	last	MI		abbr	
WOMEN						
25-29	Anne	Osborn	E	29	UC08	084B-08DXB
35-39	Michelle	McRae		38	PSM	364U-04FBZ
	Suzy	Jajewski		39	OREG	374Z-074MV
	Melinda	Camus	S	39	GAJA	454R-081EW
40-44	Nancy	Misage		43	TXLA	4341-07XBX
	Bonnie	Edwards	B	42	OREG	374F-065UP
45-49	Victoria	Rian	L	48	NAST	1648-02AD8
	Ruth	Giles-Ott		45	IM	214G-02VKN
	Rene	Ruth		46	UC41	414F-0952Z
	Flavia	Medlin	LZ	47	O*H*	184E-02RHK
50-54	Denise	Brown	H	54	MICH	1940-01U86
	Marcia	Cleveland	E	50	IM	214C-01S4Y
	Heidi	Kafka		51	IM	214B-02X7X
	Melissa	Harasz		54	SPM	144G-05H1D
	Dawn	Clark		50	SPM	144C-05VRX
	Suzanne	Cuda	E	53	MOST	434E-008RJ
	Allison	LaField		51	MOST	4349-06MXY
	Robertta	Varela-Hein	K	50	MOST	434Y-02NGX
	Marie	DeGennaro	E	54	MOST	434U-02PWB
55-59	Karen	Einsidler	L	58	AGUA	064M-01S73
	Mary	Sweat		56	OREG	374M-025UM
	Maddie	Diedo		55	MICH	1940-028U9
	Cynthia	Henley	P	56	SFTL	5048-07SFD
	Paula	Moores	J	56	SAWS	594S-01J0E
60-64	Shirley	Loftus-Charley	A	62	VMST	124F-WATER
	Linda	Callaway		61	MOST	434B-02NEV
	Jill	Wright	M	63	SAWS	5944-01J02
	NlIna	Clarkson	W	62	MOST	4348-093N8
70-74	Peggy	Whiter	S	70	OREG	3742-025YR
	Lynn	Francis	A	70	MOST	4340-02NGK

2014 RECIPIENTS OF THE POSTAL SERIES

Each participant competed in the USMS National Long Distance Championships in the following 5 events:
ONE HOUR POSTAL, 5000 METER POSTAL, 10,000 METER POSTAL, 3000 YARD POSTAL, 6000 YARD POSTAL

gender	name			age	club	USMS #
age group	first	last	MI		abbr	
MEN						
30-34	John	Batchelder	R	33	CMS	324G-086NY
	Andrew	Schaefer	F	30	BUMS	044R-06Z6S
35-39	Matt	Miller		36	OREG	374S-1500F
	Goody	Tyler		37	SLOW	3448-06VCS
45-49	Hardy	Lussier	C	48	OREG	374X-025VX
	Mark	Frost		47	OREG	374Y-07KU4
	Eduardo	Cruz		45	CMS	324Y-05XNM
50-54	James	Biles	B	53	WMAC	204C-SWMMR
55-59	Kern	Davis	M	59	SPM	144T-02RET
	Chris	Layton		55	IM	214Y-02VAE
	Timothy	Kennedy	C	57	SPM	144J-02RFO
	Joe	Aumiller		57	MICH	1948-029JT
60-64	Larry	Wood	W	60	TXLA	434B-02NJF
	Will	Reeves	W	61	SALT	344B-0310P
	Robert	Richardson	B	61	OREG	374H-049YA
	Allen	Larson	J	61	OREG	3579-05VZ3
65-69	Bob	Bruce	A	66	OREG	374G-025YX
	Pat	Marzulli		65	SPM	144E-02RMY
70-74	Larry	Raffaelli	L	71	VCM	3349-03B35
	Ralph	Mohr		73	OREG	374K-0261C
	John	Foges		70	OREG	374H-026R3

women	30
men	21
total	51

OREG
MOST
SPM
IM
MICH
CMS
TXLA
SFTL
SAWS
BUMS
SLOW

WMAC	1
SALT	1
VCM	1
O*H*	1
PSM	1
GAJA	1
NAST	1
AGUA	1
VMST	1
UC08	1
UC41	1