

| | | | |
|-----------------------------|--------------|------------------------------|------------------|
| Committee Name: | Coaches | Session #: | Report #: |
| Committee Chair: | Scott Bay | Vice Chair: | Cokie Lepinski |
| Minutes recorded by: | Bob Jennings | Date/time of meeting: | 3.12.14 |

Motions Passed:

Number of committee members present: **14** Absent: **5** Number of other delegates present: **1**

Committee members present (list all, including chair and vice chair): Chair: Scott Bay (Florida), Vice Chair: Cokie Lepinski (Pacific), Ex Officio: Bill Brenner, EX Officio C J Rushman (Kentucky), E.C. Jody Smith (Oregon), Ken Brisbin (Pacific), Matthew Edde(Northwest), Marty Hendrick(Gold Coast), Heather Howland (Illinois),Bob Jennings (Florida), Katherine Longwell (Allegheny), Erin Matthews (Maryland), Jillian Wilkins (Florida), Sue Nutty (Nebraska), Lori Payne(Ozark)

Not present:Chris Campbell(Pacific),Brian Cummings(Indiana), Kimberly Lloyd(New England), Kerry O'Brien(Pacific), Dustin Poe(Gulf),

Minutes

The meeting was called to order at 8:03 p.m. eastern

1. Level 4 Coaching Certification Roll out Plan and Update: The next step is to get the information about certification published in Streamlines and Streamlines for Coaches. The application will cost \$50 and will be in Microsoft Word and PDF.
2. Cross committee projects and development: Looking to set up one hour standardized curriculums that will be part of weekend workshops through out the country in 2015. The creators of the curriculum will not be the instructors. Coaches were interested in stroke mechanics, stroke development, how to run a meet, nutrition, and working with triathletes. These individuals volunteered to work on different curriculums: Jillian Wilkins - How to Run a Meet, Cokie Lepinski – Stroke Mechanics, C J Rushman – Working with Triathletes. Scott will be asking the members of the committee to contribute.
3. **Subcommittee and Task Force Reports**

International Coaching – Heather is in the process of finalizing applicants. Four or five coaches will be at the meet in Montreal

Web Workouts – No problems or complaints. There will be a quarterly review

LMSC Communications – Lori Payne - There have been several very successful Peer to Peer Conference calls. The Reach out to Coaches was very positive. There was a discussion of larger clubs mentoring smaller ones

Certification – Bill Brenner – We are continuing to add new venues and being asked back from various LMSC's. 158 coaches have been involved in the certification classes so far this year. There will be 22 classes in 2014. Levels 1 & 2 classes will be offered at the ASCA convention (Sept 12) in Jacksonville and level 3 at USAS convention(Sept. 17) in Jacksonville also. This year 24 individuals attended levels 1 & 2 certification in South Carolina on a Monday.

Awards – Criteria is on the website

High Performance –No update

Publications –No update

Web Content – No report

Triathlon / Open Water – No report

Fitness – Bob Jennings – The fitness committee is looking for nominations for their Fitness Award. The individual may be a swimmer or a coach that encourages swimming for fitness. The Fitness committee would appreciate coaches to encourage their swimmers to participate in the Check Off Challenge. It can be completed as part of practice or in a meet. The cost is \$20

4. **Old Business** - no report

5. **New Business** – no report

The meeting was adjourned at 8:58 pm eastern
