## USMS Convention — Atlanta, Georgia 2016

Committee Name: Coaches Committee Session #: 1

Committee Chair: Bob Jennings Vice Chair: Kenny Brisbane

Minutes recorded by: Erin Mathews Date/time of meeting: Thursday 9/22/16, 3:30-4:45

### **Actions Requiring Approval by the HOD:**

1. Budget

### **Motions Passed:**

1. N/A

Number of committee members present: 17 Absent: 1 Number of other delegates present:

Committee members present (list all, including chair and vice chair): Bob Jennings (Chair), Kenny Brisbane (Vice Chair), Erin Mathews, Jen Masquelier, David Clark, Dean Hawks, Wyatt Bradbury, Scott Bay, Chris Campbell, Mark Johnston, Crystie McGrail, Helen Naylor, Kerry O'Brien, Tim Waud, Steve Weatherman, Bridget Bunch

Committee Members Absent: Andrew LeVasseur

#### **Minutes**

The meeting was called to order at 3:28.

- 1. Chair Welcome Introductions
- 2. Review of 2015 and Subcommittee Reports
  - a. Awards decided announced at HOD and Saturday Banquet
  - b. Eduction: 516 newly certified coaches, new opportunity for coaches wanting to run a clinic. Want coaches to be greater resources, pay our coaches (professionals), certifications and education.
  - Level 4 lots of applicants, Rand Vaillancourt and Emily VonJenzen. Portfolio submission, cleaned up language for the future.
  - d. Mel Goldstein (Indiana): Discussion on the criteria to determine level 4? Over 30 but he doesn't qualify?
  - e. Communications taking all the minutes and forward to LMSC chairs, filtered down to the coaches, LMSC Coaches Chairs - we want to help you. Wyatt, how to get the information directly to the coaches, instead of it being filtered through the LMSC Chairs.
  - f. High Performance Camp August 27 Sept 1 ten swimmers all ability levels. Nadine Day was the head coach. Hill Carrow director, trainer testing, technique review, lactate testing, Injury prevention, starts, turns, transition, strength training, connected with a local gym to measure body fat, sports nutrition. Joint venture Triangle sports commission, GAC, and Coaches Committee.
    - i. August 26 31, 2017
    - ii. Allowing "mentee" coaches the opportunity to learn: rotating through coaches, build up the profession.
  - g. National Coaching Clinic Nov 11-13, 2016 San Mateo, CA. \$175, and early bird special. 84 people right now, still have space.
    - i. Going forward need to consider more events in the Hemisphere for the international people, the expense and experience for those people traveling from abroad.
  - Web Workouts
    - i. Need for new applications. Streamlines email.

- i. On Deck/ Convention
  - i. Spring went smoothly, good communication with the host.
  - ii. Summer Safety Marshall all corners of both pools, coaches more vigilant in watching the dive in entries. Better information to the coaches for the smoothly running the meet.
- 3. Goals for 2016 and Beyond
  - a. Revise Level 4 application, terminology, support coaches at all levels (fitness to championship)
  - b. Budget World Masters Championship In Hungry- asked Finance committee to send coaches to Budapest. Three different pools, three different coaches. Asked for a coach for the open water events. (link to Dr. Jim Miller, he will have been in Hungry for the three weeks prior).
  - c. Pan Am Games 2018 Fabulous experience.
- 4. Old Business
  - a. Certification/Education
    - i. Level 3
      - 1. CPR/AED AnnaLee Matysek if we require that the instructors have to have it then it would double in insurance and open up law suits. Required at Level 4. Lifeguards and the local law, it can effect your practice.
  - b. Meet Entry times how the meet is set up and the times are way out of line with what they do, the coaches should remind their swimmers to use accurate times, a novice swimmer shouldn't be in the fastest heat.
- 5. New Business
  - a. Thanks to Tracy Grilli and Ed Saltzman for the swim space this morning, Drylands coaches, THANK YOU.
  - b. Kerry O'Brien National coaches clinic, Pacific masters, annual meeting, the coaches are invited to join. Dana Vollmer is the speaker. Nadine Day - thanks to Pacific for what they are doing to coordinate the national coaches clinic.
  - c. Everyone in the room is an ambassador to the sport of swimming. Adult Learn to Swim program. Use the free caps from USMS.

# Tasks for the Upcoming Year

- 1. Revise Level 4 application
- 2. Create new level 4 class, so that they can become Level 5 coaches.
- 3. Select Coaches for 2017 World Masters in Budapest, Hungry.
- 4. Continue Online line coaches, on deck coaching at nationals, dry land and workouts at convention.

The meeting was adjourned at 4:28.