# USMS Convention — Jacksonville, Florida 2018

Committee Name: Coaches Session #: No 1

Committee Chair: Bob Jennings Vice Chair: Kenny Brisbin

Minutes recorded by: Kenny Brisbin Date/time of meeting: 9-27-18 11:33am

### **Actions Requiring Approval by the HOD:**

1. NONE

#### **Motions Passed:**

1. None

Number of committee members present: 11 Absent: Number of other delegates present:

Committee members present (list all, including chair and vice chair): Bob Jennings, Kenny Brisbin, Chris Campbell, Tim Waud, Dean Hawks, Chris McPherson, Skip Thompson, Scott Bay, Helen Naylor, Terry Heggy, Crystie McGrail

#### **Minutes**

The meeting was called to order at 11:30am

- 1. 11:30
- 2. Bob introduced the entire Coaches Committee and thanked everyone for attending.
- 3. Awards: Chris Campbell reviewed each award and discussed how we review and evaluate the nominations/awards. Gave some history on the Kerry O'Brien and other awards. Encouraged attendees to nominate USMS members.
- 4. Level 4 Coaching Certification: Chris Campbell discussed each level 1.-3 being classroom achieved. Level 4 portfolio and what it takes to become level 4. ONe coach achieved level 4 this year and will be announced at HOD meeting. Chris stressed to all attendees that we are here to help coaches obtain level 4 and to please reach out to us if any questions.
- Level 4 Coach Certification -The 2018 recipient of the USMS Level 4 Coach Certification was announced at the meeting -Congratulations to April Cheadle of Bainbridge Aquatic Masters, Pacific Northwest.
- 6. LMSC Communications: Kenny Brisbin Presented Coaching Survey results, 280 coaches responded and concerns were vast but a few big ones were a) Clinics stroke work, dealing with aging swimmers, b) when and how best to use gear, c) LMSCs to help with "get together" for coaches d) LMSC to help with scholarships to attend clinics for coaches
- 7. International Coaching: Tim Waud Korea; submitted budget to Finance Committee, created job descriptions and application which will be submitted to Streamlines.
- 8. High Performance Camp from August coaches attended ranged in ages 35 73. Full days/multitude of different subjects covered. Working together with great coaches and Dr. G. From those coaches, great feedback received and well worth every bit of the money. Each year they are looking for coaches to help them at camp (mentoring). Some discussion about providing 2 a year, east coast vs west coast.
- 9. National Coaching Clinic. 65 Coaches so far signed up hotel block sold out. Multiple speakers discussions of Open Water, Swimming science, how to t train someone from 100m to the mile, dry land presentation without having weight room, stroke tweaking and then in water work on Sunday which includes Open Water work.
- 10. Coaches Certification Marianne Groenings Level 1 & 2, 281 educated so far this year. In total over 3000+ coaches completed LVL 1 and 2 and 500+ have done level 3. 74 coaches have completed stroke development clinic.
- 11. Articles: Terry Heggy discussion about submitting articles that everyone can submit, If your writing is weak, no need to worry as the editor will help you write the article.
- 12. Mentoring Program: Chris McPherson Mission Statement discussion on this being a national program. Budget request submitted; allowing four coaches to travel. Goal is to have applications by end of the year and launch early next year.
- 13. On-line coaching All Coaches returning for next year.

- 14. On Deck Coaching Sign up Genius used for the large National events and Convention. Many volunteer coaches in the meeting, thanks to all who helped out.
- 15. 2018 Swim Clinic Argentina Received over 60 applications, after careful review, Marty Hendrix was selected...
- Adult Learn to sSwim Discussed the importance of all coaches taking this program. Then the importance of holding the clinics.
- 17. Peer to Peer coaches call coming up on Oct 9th. Please submit to Bob Jennings anything you would like to discuss.
- 18. Championship Committee requesting the Coaches Committee They want help for 1/2 warmup for distance events, Sprints down one lane and back another, coaches committee needs to develop something for Championship.

12:30pm.

# Tasks for the Upcoming

### 1 Year

1. Championship Committee has requested that our committee come up with a distance and sprint warm up that the on-deck coaches could use you as Nationals to alleviate congestion in the lanes.

The meeting was adjourned at. 12:23pm