2020 U.S. Masters Swimming Annual Meeting — Virtual

Session #:

Committee Name: Kathy Englar

Committee Chair: Mary Jurey

Minutes recorded by: Kathy Englar

Date/time of meeting: 9/1/20 5:00 PM PST

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Actions Requiring Approval by the HOD:

1. None

Motions Passed:

1. None

Committee members present (list all, including chair and vice chair): Mary Jurey, Brigid Bunch, Chris Campbell, Anita Cole, Emily Cook, Brian Cummings, Kathy Englar, Ann Marshfield, Matt Miller, Andy Seibt, Lisa Watson, Ken Winterberger

Other attendees: Jenny Hodges, Hugh Moore, Thaddeus Camory, Diana Triana, Cheryl, Hannah Cohen, Mia Erickson, Mary Schneider, Leslie Scott, Susan Ingraham, Kenny Brisbin, Cassidy Rindge, Aaron Schneider, Sue Nutty, Elaine Krugman, Beth Nymeyer, Alta Stengel, Carol Nip, Carrie Stolar, Jessica Seaton, Kyle Derry (USMS), Jeff Bush, KH, Arlette Lodges, Karen Harris, Chris McPherson)

Minutes

The meeting was called to order at 5:05 PM PST by Mary Jurey. The meeting was recorded on Zoom.

- 1) Mary kicked off the meeting with a presentation about the Fitness Education Committee. Highlights were:
 - a. Given the pandemic's impact on organized swimming, we're all fitness swimmers at present
 - b. Recently updated statement of purpose
 - c. Establishment of sub-committees to make progress on action items
- 2) Each sub-committee presented a report:
 - a. Mary reported for the SmartyPants Fitness Challenge sub-committee and compared 2019 to 2020 registration information.
 - b. Kathy Englar reported for Membership and Retention Sub-committee
 - c. Ann Marshfield reported for the COVID-19 sub-committee
 - d. Ken Winterberger reported for the communications sub-committee
 - e. Emily Cook presented for the Fitness Award sub-committee
- 3) Mary presented the committee's goals:

- a. Better communication with the national office, progress having been made thanks to Onshalee Promchitmart's participation
- b. Better communication with other committees and the ability to work together to implement programs that matrix across our areas of responsibilities
- 4) Mary talked about our renewed commitment to fitness swimmers as a result of the pandemic and its associated absence of competition and difficulty with pool space
 - a. Emphasis on the social/fun aspects of our swimming community is key; the mental aspects of masters swimming are as important as the physical
 - b. We need to be more nimble and use social media for more timely outreach
 - c. Congratulations to our community, swimmers have responded to the challenge of closed pools showing great dedication and passion.
- 5) Q&A
 - a. Several questions about the Fitness Award (which has not yet been, but will be, awarded for 2021)
 - i. Emily Cook reported there are swimmers being considered and that their Go-the-Distance results are being considered
 - ii. Clarification that the award is not meant only for members of this committee
 - iii. input that the award could benefit from increased visibility since many people don't know about it
 - b. Question about whether non-USMS-members who participated in the SmartyPants Fitness Challenge received recruiting information. Mary confirmed yes.
 - c. Several questions about committees working together. Kenny Brisbin confirmed that the needs of Fitness Swimmers are a top priority on Coaches Committee calls since most of the swimmers at any workouts are fitness swimmers
 - d. Thaddeus Camory noting the priorities of the Diversity Committee asked how mental fitness is being considered, prompting a discussion about and recommendation of J. Nichols <u>Blue Mind</u> (book) and that the Sports Medicine committee is addressing the topic in a series of articles we'll see in Streamlines.
 - e. Several ideas were suggested for additional virtual/postal events.

The meeting was adjourned at 6:10 PM PST