Committee Name: Long Distance Session #: 1 Report #: 1

Committee Chair: Ali Hall Vice Chair: Phyllis Quinn

Minutes recorded by: Joanne Wainwright Date/time of meeting: 12/15/19

# **Actions Requiring Approval by the HOD:**

1.

### **Motions Passed:**

1. To set the 2020 Performance Bond for LD National Championship events to \$0.

Number of committee members present: 13

Absent: 3

Number of other delegates present: 4

Committee members present: Ali Hall (Chair), Phyllis Quinn (Vice Chair), Donn Livoni (Vice President), Dave Brancamp, Robin Smith, Sarah King, Alana Aubin, Catherine Rust, Jim Davidson, Bob Singer, Joanne Wainwright, Laurie Hug, Matt Miller. Ex-O Members Present: Jay Eckert, Kim Elsbach (OWC; 2020 LDC Member Jenny Hodges. Absent: Steve Rouch, Lorena Sims, Sandra Frimerman-Bergquist; David Miner (Ex-O); Bob Bruce (Ex-O)

The meeting was called to order at: 8 p.m EST.

- 1. Welcome and roll call Ali welcomed everyone and thanked them for their work in 2019.
- 2. Approval of any outstanding meeting minutes No minutes to be approved.
- 3. Reports from the chair (Ali) The committe has been active in the e-Forum during the last couple of months. Vice Chair (Phyllis) No report. Vice President (Donn) Donn introduced himself to the new committee and stated that he will help in any way he can in 2020.
- 4. Working groups reports
  - a. **OWC** Ex-Officio report: Alana, Jim (back-up): Welcome to the new OWC leadership Kim Elsbach! No report.
  - b. **2020 Rules/Legislation** –Jim and Alana; Donn, Lorena, Bob S., Robin, Stephen, \_\_\_\_. There was a discussion regarding the elimination of the LD NC \$200 performance bond. Jim moved that the LDC set the 2020 performance bond to \$0. 2nd. Alana **MSA** LDC will propose legislation in 2020 to remove the bond from the rule book for 2021. Jay will return bonds to those who paid for 2020. Jim posted the rules approved at convention and would like committee members to send comments to him or Alana.
  - c. **PARA** Jim and Sarah: Patches & Awards Dave; ePostal Recognitions Catherine; All-Americans (AA) Men Lorena, \_\_\_\_; (AA) Women Dave, Joanne; (AA) Relays Phyllis, Dave; Records Jill, Joanne, All-Stars Laurie, Alana; Postal Series Alana, Laurie. Sarah is finalizing results from 3000/6000, All-Stars, and All Americans, she hopes to have the results posted by the 1st two weeks of 2020.
  - d. Club Assistant Lorena, & Stephen. No report.
  - e. **LD NC Host Tutorial Working Group:** Sarah, Robin, Lorena. After 5K/10K this year, the group realized that more help should be given to the hosts, especially with results. They are working on a tutorial with results and working with the LDC. Jim was offering guidance with this project and hopefully will be streamlining this information in 2020.
  - f. Safety (as needed) David M., lead. No report
  - g. Documents Bob S., lead; & \_\_\_ (ePostal Guide Bob S. & Jill; OW Champs Guide Bob S. & \_\_\_.)Documents have been completed but must edit out performance bond information and then will be posted.

h. LD NC Event Final Evaluation Revision: Catherine, Alana, Bob S., Jim discussed the creation of a new evaluation form to include a survey with the liasion and event host to see what is working and what needs improvement. The exclusion of a performance bond will allow for more flexibility and creativity. i. 2022 NC Recruitment/Selection – Jill, lead; Robin, Matt, Stephen & - Jill received a request for information from one person and will reply. j. Communications — Laurie, lead; (back up). - Information about different 2020 OW & ePostal Championships was published in Swimmer magazine. k. Goals – Phyllis, lead; Lorena, Robin, Bob S., Matt, Catherine, Joanne and . Will start with new goal setting in 2020. 1. LDNC Award – Jill, lead; Laurie, Catherine, Joanne, Dave, Ali - No report \_\_\_\_. Have an on deck clinic m. 2020 Clinic Working Group—Catherine, Stephen, and scheduled for July 17 with Middle Distance OWNC Event in Cleveland. Pasta dinner to follow. n. 2020 Convention Presentation Workgroup: Sarah, Dave, Jim and . Sarah - Have not started anything with this topic. Sarah would like anyone to please take pictures at events or teams swimming ePostal events. Pictures may also be shared with Laurie Hug. Below is a list of the 2020 LD NC events and the liaisons assigned. Each lead liaison will please give a brief written report on the status of their event (sent to the full committee prior to the conference call - THURSDAY at latest for SUNDAY calls). LIAISONS—PLEASE CHECK YOUR EMAIL EARLY AND OFTEN FOR MESSAGES. 2020 Long Distance National Championships: • USMS Long Distance OWNC • Lake Del Valle, CA (5k) June 13 Backup: Phyllis o Liaison: Dave • USMS Sprint Distance OWNC • Semana Nautica, Santa Barbara, CA (1 mile) June 20 o Liaison: Robin Backup: Jill USMS Middle Distance OWNC Brogan OW Classic, Lake Erie, OH (2 miles) July 18 o Liaison: Catherine Backup: Stephen USMS Ultra Marathon Distance OWNC Lake Mempremagog, VT (10 miles) July 25 o Liaison: Laurie Back Up: Stephen USMS Cable OWNC Lake Placid, NY (2 miles) August 15 o Liaison: Donn Back Up: Bob S. USMS Long Distance OWNC Lake George, NY (10k) August 22

Back Up: Bob S.

o Liaison: Ali

| o | OHeP: Tamalpais Master                  | 'S              |
|---|---|-----------------|
| o | Liaisons: Sarah                         | Back Up: Lorena |
| • | 5,000m/10,000m: Southern Oregon Masters |                 |
| o | Liaison: Jim                            | Back Up:        |
|   | 2 000 /C 000 D 1 D                      | 1 1 4           |

• 3,000y/6,000y: Palm Beach Masters
o Liaison: Joanne Back Up: \_\_\_

**Other business for the good of the order:** Thanks to Jill, Working Group Reports, and to Ali and Phyllis. Everyone makes it an easy group to work with.

Next Call: Sunday, January 26, 2020 8p ET

Meeting Adjourned at 8:33 p.m. EST

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## **Projected List of Dates for 2020 LDC Calls:**

Jan 26

Feb 23

Mar 29

April 26

May 24

Jun 28

July 26

Aug 30

Sept 27

Oct 25

Nov 29

Dec 27

## LDC Approximate High-Level Timeline Items by Month: A work in progress

#### January:

New OWNC season registrations open prepare bid letters and documents initiate work on new goals

#### February:

send out bid letters and post documents send out award nomination requests begin to consider rules changes

#### March through May:

consider rules changes begin recruiting bids updates on LD NC events progress

#### June:

Prepare next year's events finalize rules proposals finalize award nominations finalize bid recruitment

## thick of the competition season

## July:

award working group meets bid selection working group meets

## August:

finalize all LDC details to prepare for convention

## **September:**

Convention

## **October-December:**

Request to next season's details Conclude remaining event details Open registration for next season's OWNCs that would like Wrap-up year's business