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| Committee Name: | Long Distance | Session #: | 1 | Report #: | 1 |
| Committee Chair: | Ali Hall | Vice Chair: | Phyllis Quinn | | |
| Minutes recorded by: | Lorena Sims | Date/time of meeting: | 7/26/2020 | | |

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| Number of committee members present: | 15 | Absent: | 0 | Number of other delegates present: | 3 |
| Committee members present: Ali Hall, Lorena Sims, Phyllis Quinn, James Davidson, Robin Smith, Catherine Rust, Dave Brancamp, Donn Livioni, Stephen Rouch, Chuck Beatty, Sarah King, Bob Singer, Jenny Hodges, Laurie Hug, Jill Wright, Alana Aubin. | | | | | |
| Ex-Officio members present: Kimberly Elsbach, David Miner, Onshalee Promchitmart. | | | | | |

Actions Requiring Approval by the HOD:

1. Motions to amend and approve LDHK1, LD1, LDHK9, LD14, LD7, and LD13.

Motions Passed:

1. Motion to amend and approve meeting minutes – passed without opposition.
2. Motion to reconsider LDHK1 – passed without opposition.
3. Motion to amend and approve LDHK1 – passed without opposition.
4. Motion to reconsider LD1 – passed without opposition.
5. Motion to amend and approve LD1 – passed without opposition.
6. Motion to reconsider LDHK9 – passed without opposition.
7. Motion to amend and approve LDHK9 – passed without opposition.
8. Motion to reconsider LD14 – passed without opposition.
9. Motions to amend and approve LD14 – passed without opposition.
10. Motion to reconsider LDHK30 – passed without opposition.
11. Motion to withdraw LDHK30 – passed without opposition.
12. Motion to reconsider LD7 – passed without opposition.
13. Motion to amend and approve LD7 – passed without opposition.
14. Motion to reconsider LDHK19 – passed without opposition.
15. Motion to withdraw LDHK 19 – passed without opposition.
16. Motion to reconsider LD13 – passed without opposition.
17. Motions to amend and approve LD13 – passed without opposition.
18. Motion to approve 2022 LDNC Hosts – passed without opposition.

Agenda and Discussion:

The meeting was called to order at 8pm EDT.

1. Welcome and roll call.
2. Approval of any outstanding meeting minutes.
 - Motion to amend and approve - Phyllis. Second - Catherine. Passed without opposition.
3. Reports from the chair (Ali), vice chair (Phyllis), vice president (Donn), and NO rep (Onshalee).

- Donn - HOD meetings and rules forums will be held on a webinar. Voting will be through the polling aspect of zoom in a webinar. No events will be sanctioned until end of August at least.
- Ali - Thank you to all for your hard work and dedication with the pivot to virtual meetings and virtual convention. Presentations are coming together. Tentative agendas have been sent for LDC meetings 1, 2, and 3.
- Phyllis - Reminding people to look at the delegate package for the convention, regarding signing in, etc. LDC rules meeting is going to be held as a webinar - chat will be disabled and folks can raise their hand to be acknowledged. For convention, they do not want you to call in via phone, but instead use an iPad, tablet, or computer. Put BOD Town Hall meeting on your calendars for August 5th.
- Onshalee - Open water contracts have been updated. As regards the virtual championship, there is a manual upload option versus the current Garmin issues. Jay sends the following via email:

Open Water Central:

The new OW operations guide is nearly complete and will be added to this page soon. Karen LeFebre from the OWC created an 80-slide PowerPoint including lots of information that was scattered in the old GTO. David Miner condensed it down to ~11 Word doc pages in a user friendly format for usms.org. It will have “accordion” sections like this page and links to existing resources on usms.org (such as the Rule Book), plus a printable version. The new event checklist will be removed once the operations guide is published since there is a lot of crossover between them.

We’ve also been doing testing on the new OW results database using recent OWNC results that Sarah and Jim provided. The operations guide and results database are the two main missing pieces of OW Central. We’re also working on updating navigation on usms.org so OW Central will be easy to find for swimmers, event organizers, and volunteers. Once this is all complete we plan to start promoting the new OW Central page. Let me know if you have any feedback in the meantime.

2021 Contracts:

These still need to be completed. We have two substantive changes from previous years: removing the \$200 performance bond (discussed during the December LDC meeting) and adding Force Majeure language, which should’ve been included all along but has become critical during the pandemic. I plan to reach out to all of the 2021 hosts next week and ensure this task is completed prior to the Virtual Annual Meeting (and get a head start on the 2022 contracts as those hosts are finalized).

Highlights from recent USMS communications:

- Virtual Annual Meeting schedule and details: please review this thoroughly in addition to the details Ali sent after conversations with Jessica Reilly
- The Board extended the recommendation not to sanction events through August 31. A subcommittee of the Board is having frequent conversations on this topic and we’ve also been working with staff at other NGBs to share resources with the hope of events returning in the coming months.
- Several technology upgrades through Swim.com: new library of searchable/customizable workouts that can be printed or sent to your device via Swim.com app, swim tracking enhancements, and virtual event integrations
- Virtual events: the SmartyPants Vitamins USMS Summer Fitness Challenge is going on now through July 31 with a 2K swim or 30-minute dryland options. The

2020 Toyota USMS Virtual Championships will be held August 12-23. More VC details:

- Goal is to offer a fun and safe way for members to compete in pool/OW events in a workout setting.
- All pool events and the OWNC distances (1 mi, 2 mi, 5K, 10K, 10 mi) will be available.
- Free for all USMS members to participate on the Swim.com app – PLEASE spread the word to your teammates and friends.
- Optional fee of \$20.20 to receive swag (cap, medal, sticker, cling) with net proceeds benefitting USMS COVID-19 Relief Program in support of restarting local club operations.
- USMS partners will be provide raffle prizes and discount offers.

4. Working group reports.

a. Ex-Officio from OWC report: Kim Elsbach.

- Open water will be doing a dress rehearsal with their August meeting for the convention committee meetings. This will include presentations on running a race with social distancing and others.

b. 2020 Rules/Legislation: Jim, Alana, Donn, Lorena, Bob S., Robin, Steve.

- Motion to reconsider 301.1 – Jill. Second – Jim. Motion passed without opposition.
 - Motion to approve as amended – Dave. Second – Robin. Motion passed without opposition.
- Motion to reconsider 301.2.2 – Jim. Second – Chuck. Motion passed without opposition.
 - Motion to approve as amended – Jill. Second – Jenny. Motion passed without opposition.
- Motion to reconsider 305.2 – Jill. Second – Jenny. Motion passed without opposition.
 - Motion to approve as amended – Kim. Second – Phyllis. Motion passed without opposition.
- Motion to reconsider Glossary revisions – Jim. Second – Jenny. Motion passed without opposition.
 - Motion to approve as amended – Jill. Second – Phyllis. Motion passed without opposition.
 - Friendly amendment – Alana. Second – Kim. Motion carried without opposition.
 - Friendly amendment – Jill. Second – Kim. Motion carried without opposition.
 - Friendly amendment – Kim. Second – Chuck. Motion carried without opposition.
- Move to reconsider LDHK30 – Jill. Second – Jenny. Motion carried without opposition.
 - Move to withdraw LDHK30 – Jim. Second – Jill. Motion carried without opposition.
- Move to reconsider 303.10.3a – Kim. Second – Jim. Motion carried without opposition.
 - Motion to approve as amended – Jill. Second – Jim. Motion carried without opposition.
- Move to reconsider 307.7.4b – Kim. Second – Jill. Motion carried without opposition.
 - Motion to withdraw – Kim. Second – Jill. Motion carried without opposition.
- Move to reconsider 308.1.6 – Jim. Second – Kim. Motion carried without opposition.
 - Motion to approve as amended – Phyllis. Second – Bob S. Motion carried without opposition.
 - Amendment to say “their” instead of “A” – Jim. Second – Phyllis. Motion carried without opposition.

c. PARA: Jim and Sarah; Patches & Awards – Dave; ePostal Recognitions – Catherine; All-Americans (AA) - Men – Lorena, Chuck; (AA) Women –Jenny; (AA) Relays – Phyllis, Dave; Records – Jill, All-Stars – Laurie, Alana; Postal Series –Alana, Laurie.

- As all OWNC events are cancelled for 2020, we will not be able to award All Stars for 2020. We will still be able to award Individual and Relay All Americans for the ePostals as well as the ePostal Series. Do we need to vote on this or can we just make this happen as we move forward with this year?
- We have heard from various swimmers throughout USMS with concerns about the ePostal Challenge series. The availability of pool space and time for both LCM and SCY. Swimmers can't get enough swim time to complete the swims. Concerns of injury, not being able to train

- We only have 2 registrations at this time. Could we consider allowing 5k/10k in open water? Discussion included how the technical details would work, whether cancellation was a better option, or how best to help the host. Suggestion was to reach out to the club to have them put together a proposal for what they'd like to do. Request club input and decision prior to August 3rd.
3. 3,000y/6,000y: Palm Beach Masters -- UPCOMING
 - Liaison: Catherine Back Up: Chuck
 - Palm Beach Masters is working on their logo at the moment. They've had feedback from the NO and now need to revise logo a bit.

2021 Long Distance National Championships:

1. Sprint – Masters of South Texas, May 15th
 - Liaisons: Catherine/Kim
2. Long Distance – Masters of South Texas, May 16th
 - Liaisons: Catherine/Kim
3. Cable Swim – Foster Lake, June 26th
 - Liaisons: Jill/Jenny
4. Middle Distance – Newport Pier to Pier, July 10th
 - Liaisons: Robin/Phyllis
5. Marathon – Applegate Lake 10k, July 17th or 19th
 - Liaisons: Ali/Dave
6. Ultra-Marathon – 10 mile New England Masters, July 24th
 - Liaisons: Steve/Chuck
7. OHeP – Oregon Masters
 - Liaisons: Sarah/Robin
8. 5k/10k – Kentucky Masters
 - Liaisons: Jim/Jenny
9. 3k/6k – Loveland Masters
 - Liaisons: Chuck/Bob