

Committee Name:	Long Distance	Session #:	1	Report #:	1
Committee Chair:	Phyllis Quinn	Vice Chair:		Catherine Rust	
Minutes recorded by:	Lorena Sims	Date/time of meeting:	02/26/23 at 8pm ET		

Actions Requiring Approval by the HOD:

1. None.

Motions Passed:

1. Motions to approve minutes from December and January.
2. Motion to approve John Shrum Memorial Chris Greene Lake Cable Swim as 2023 National Championship.

Number of committee members present:	11	Absent:	2	Number of other delegates present:	2
Committee members present: Phyllis Quinn, Jill Wright, Lorena Sims, Jim Davidson, Catherine Rust, Tim Murphy, Nicki Phillips, Stephen Rouch, Anna Jordan, Jenny Hodges, Bob Bruce, David Minor.					
Absent: John Fox, Ali Hall					
Ex-Officio members present: Robin Smith, Jay Eckert.					

Topic: LDC Meeting – February 26, 2023

The meeting was called to order at 8:00pm ET:

1. Welcome and roll call
2. Approval of any outstanding meeting minutes – December minutes: Correction made to “events” section. Motion to approve with corrections: Bob, second: Catherine – Motion carried without objection. January – No corrections. Motion to approve: Bob, second: Catherine – Motion carried without objection.
3. Reports from the chair (Phyllis), vice chair (Catherine), vice president (Robin), and NO representative (Jay).
 - **Phyllis** – A new bid for 2023 cable swim was received. It is a good thing to have extra events available for backup.
 - **Catherine** – Changes/improvements to the National Championship events have been suggested. Challenges to attendance noted are due to spreading events around the country. Possible ways to improve attendance are locations that are more friendly to larger groups of people, festival-style events, focusing on the distances from 1-mile to 5k. There is a subcommittee – the bid committee plus Robin – going over these things. Please take a look at the document submitted and submit your comments to Catherine ASAP. Please note that no changes will occur prior to 2025. Discussion – is national office willing to put money in to improve/enlarge events? Details are still a TBD as we go forward. Another consideration is to increase the benefits that we bring to our event hosts.
 - **Robin** – USMS Winter BOD Meetings are next month (March 24-26) in Houston. Please let me know if there are any questions or concerns you would like me to communicate to the Board. The EC is beginning preliminary discussions regarding the 2023 Annual Meeting agenda and timelines. We are reviewing the feedback from the 2022 mtg. I would like to thank Phyllis, Catherine, and the entire LDC for setting the

example of how to navigate change and consider new ideas that will move USMS forward into the next 50 years. Thank you all!

- **Jay** – One hour event results have been posted. We ended the event with 1,019 participants. Final results have now been posted and medals are being mail in the next week. See below for club participant contest results for clubs with 10+ entries . Winner of most overall and highest % are highlighted. Working on notifying those clubs and processing payment. Thoughts on ways to continue engaging more clubs and incentivizing participation?
4. Working group reports.
- a. 2023 Rules/Legislation – Jim and Tim, Lorena, Steve, Bob B, John.
 - FINA has made a ruling regarding watches and technology that you can wear a watch but you can't use it for pacing.
 - Discussion of possible amendment to 303.4.2.B – Amendment is to make category 1 swimwear the same as pool category 1 swimwear. Discussion that the rule was originally to prevent additional compression and the current popular back ties do not do that. Options include banning the ties, allowing the ties, or banning them only in NC events. This could be considered a roadblock to participation for both swimmers and race directors. Determination to reconsider amendment as currently written and consider a way to only restrict suits that provide an advantage.
 - b. PARA – Jim and TBD; Patches & Awards – National Office; All-Americans (AA) - Men – Lorena, TBD; (AA) Women –Jenny, Tim; (AA) Relays – Phyllis, TBD; Records – Jill, Tim, All-Stars – Lorena, TBD; Postal Series – TBD, Lorena; ePostal Series Recognition: Catherine, Jenny
 - Nothing to report.
 - c. Safety (as needed) – David M.
 - Nothing to report.
 - d. 2024 NC Recruitment/Selection – Jill, lead; Ali, Steve, Catherine & Jenny.
 - Nothing to report.
 - e. Goals – Catherine, lead; Lorena, Bob, Catherine, John.
 - Nothing to report.
 - f. LDNC Award – Jill, lead; Lorena, Dave, Jenny, Ali.
 - Nothing to report.
 - g. 2023 Clinic Working Group – Ali, Catherine.
 - Nothing to report.
 - h. All Star Criteria – Catherine, John, Jill.
 - Nothing to report.
5. New Business/Good of the Order
- Proposal to approve bid from Virginia for Cable – Motion: Bob B, Second: Jill Wright. Discussion regarding date of event. Additionally, there was a note that they award places for 1-3 but we need them to award 1-6. Stephen and Jay will address. Motion carried without opposition.
 - Discussion regarding April meeting falling on the last day of Spring Nationals. Meeting moved to April 23rd.

2023 Long Distance National Championships:

- **Long Distance – Lake Mission Viejo, September 16-17, 2023**
 - Liaison: Phyllis Quinn
 - No update.

- **Sprint Distance – Lake Mission Viejo, September 16-17, 2023**
 - Liaison: Phyllis Quinn.
 - No update.

- **Cable Swim – Foster Lake, Cancelled**
 - Event cannot go forward this year as permits are still pending in order to reconstruct the course.
 - A replacement event has been found in Virginia and this event will be updated in next month's minutes.

- **Middle Distance – Lake Oahe, August 12, 2023**
 - Liaison: Catherine Rust.
 - No update.

- **Marathon – Applegate Lake, July 15, 2023**
 - Liaison: Jill Wright.
 - No update.

- **Ultra-Marathon – Willamette River, July 8, 2023**
 - Liaison: Ali Hall.
 - No update.