

OMS May 2026 Annual Membership Meeting

Committee Name:	Oregon Masters Swimming LMSC	Session #:	
Committee Chair:	N/A	Vice Chair:	Paul Windrath
Minutes recorded by:	Paul Windrath	Date/time of meeting:	May 31, 2026

Actions Items:

1. None

Motions Passed:

1. n/a

Number of board members present:	13	Absent:	7	Number of guests present:	Many
Board members present (list all, including chair and vice chair):					
Paul Windrath (Vice-Chair, Sanctions)					
Bob Bruce (Long Distance)					
Christina Fox (Membership Coordinator)					
Gary Whitman (Data Manager)					
Jacki Allender (Officials)					
Paul Frentsos (Coaches)					
Sandi Rousseau (USMS Rep) Jayette Pettit (Awards)					
Marci Wright (ALTS)					
Jayette Pettit (Awards)					
Angela Fadlovich (Communications)					
Joy Ward (Safety)					
Mary Beth Windrath (Payment Administrator)					
Tim Waud (past General Chair)					
Guests Present: Many					
The event was well-attended by OMS membership					
Committee Members Absent:					
Julie Baker (Secretary)					
MJ Caswell (Top Ten)					
Steve Darnell (Records)					
Nancy Vincent (OREG Club Rep)					
Cheryl Morgen (ALTS)					
Geneva Olsen (Webmaster)					
Doug Christensen (Treasurer)					

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Overview:

The 2026 Annual Meeting consisted of two parts:

The first session was a Stroke Clinic from 8 am – 9:30 am.

1. The clinic was free to all participants.
2. Tim Waud and Paul Frentsos led the clinic with assistance from 10 OMS coaches
3. 70 swimmers attended the 90-minute session with a broad ability level represented.
4. Basic body position and stroke technique for the 4 strokes was presented.

The second session was a traditional business meeting from 10 am – 1 pm:

- 1) 85-90 OMS members and guests attended the second session.
- 2) Paul Frentsos presented a Tech Talk - “Old School, New School” – outlining changes that have taken place in the swimming community over the past 40 years.
- 3) Paul’s presentation was followed by a buffet lunch.
- 4) Paul introduced the Board members who were present and their function on the OMS Board.
 - a. Paul Windrath (Vice-Chair, Sanctions Chair)
 - b. Doug Christensen (Treasurer)
 - c. Christina Fox (Membership)
 - d. Gary Whitman (Data Manager)
 - e. Jacki Allender (Officials)
 - f. Paul Frentsos (Coaches)
 - g. Sandi Rousseau (USMS Rep)
 - h. Jayette Pettit (Awards)
 - i. Tim Waud (past General Chair)
 - j. Angela Fadlovich (Communications)
 - k. Marci Wright (ALTS)
 - l. Joy Ward (Safety)
 - m. Mary Beth Windrath (Payment Administrator)
 - n. The absent Board members and their roles were also noted.
- 5) Paul briefly reviewed various aspects of Oregon Masters LMSC:
 - a. Presented an overview of the LMSC financial picture including revenue and expenses sources
 - b. Highlighted that OMS is an administrative entity that provides financial resources as well as administrative expertise to Clubs/WOGS who need assistance.
 - c. Highlighted that OMS may have to increase the focus on Club and Coach Development as a result of changes at the National level due to Bill Brenner’s retirement.
 - d. Highlighted that the OMS Board has several vacancies: General Chair and Club Development

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- 6) Jayette presented the 2025 OMS annual awards:
- a. Ol' Barn (Scot Sullivan).
 - b. Connie Wilson Memorial (Nancy Vincent).
 - c. Hazel Bressie Spirit – Female (Veronica Fruneaux-Orantes).
 - d. Gil Young Spirit – Male (Bob Kraus).
 - e. Special Service (Michelle Jones and Ben Goodlad).
 - f. Most Splashes (Joy Ward, Aaron Hawkins).
 - g. Female Under 49 Swimmer of the Year (Lex Higlett).
 - h. Male Under 49 Swimmer of the Year (Evan Edwards).
 - i. Female Over 50 Swimmer of the Year (Christine Mcclafferty).
 - j. Male Over 50 Swimmer of the Year (Dan Kirkland).
 - k. Pool “All Star” (no awardee).
 - l. Team Spirit (Golds Aquatic Club Camas).

NOTE: Subsequent discussion revealed the Swimmer of the Year calculations were incorrect. The actual awardees were respectively: Sonja Skinner, Blake Holden, Christine Mcclafferty, and Cliff Stephens.

Paul thanked everyone for coming and adjourned the meeting at 1 pm.

Respectfully submitted,

Paul Windrath
Oregon Masters Swimming Vice-Chair