

"Going the Distance" – March, 2007

Zone / LMSC / Club / Swimmer / Distance in Miles / Age group

Breadbasket Zone

Colorado LMSC

CMS Mel Dyck 101.88 65-69
CMS Grace Dyck 56.34 65-69

Iowa LMSC

IAMA Diane Happel 52.73 40-44
IAMA Hunter Callanan 43.68 30-34

Minnesota LMSC

MINN Karen Zemlin 216.82 40-44
MINN Mark Sells 82.90 50-54
MINN Wes Clement 76.40 45-49
MINN Joan Ramquist 51.12 40-44
MINN Veronica Ellingson 44.81 30-34
NORT Jeff Brown 49.00 45-49
NORT Aaron Kelson 33.28 45-49
UNAT Charles Goodman 98.31 18-24
UNAT Daniel Kirkpatrick 70.00 45-49
UNAT Ramona Radosevich 14.09 30-34

Missouri Valley LMSC

MOVY Lindsey Urbatchka 150.38 18-24
MOVY Maria Eifler 80.54 45-49
MOVY Ed Fonner 67.00 55-59
MOVY Michelle Rautmann 54.71 30-34
MOVY Bill Sherman 47.05 45-49
MOVY Jaime Walla 44.97 30-34
MOVY Marie Kreipe 33.69 85-89
MOVY Eugenie Gruender 21.58 75-79

Colonies Zone LMSC

Adirondack LMSC

ADMS David Barra 142.70 40-44
ADMS Morgan Schutz 140.40 18-24
ADMS Richard McNally 110.26 45-49
ADMS Therese Gigliotti 73.87 40-44
ADMS RoseMarie Hunt 59.61 55-59
ADMS Nancy Bachman 6.96 50-54

Connecticut LMSC

CONN Kevin Hoffman 144.62 50-54
CONN Marian Brenner 75.40 75-79
CONN Patricia Thomas 71.67 45-49
CONN Michael Parry 64.43 40-44
CONN Kate De Simone 56.06 35-39

CONN Kathleen Hipona 54.26 45-49
CONN Teresa Rough 50.32 45-49
CONN Richard Bell 43.60 35-39
CONN August Zupka 41.33 50-54
CONN Lauren Tyler 37.73 45-49

Delaware Valley LMSC

1776 Jeffrey Bush 81.65 45-49
1776 Laurie Hohwald 33.23 50-54
BCCM Dan Lyons 30.00 70-74
UNAT Merrill Hilf 53.15 45-49
UNAT Carolyn Placke 49.55 40-44
UNAT Barb Weidner 18.30 40-44
UNAT Marie Neaves 16.10 60-64

Maryland LMSC

COLU Angela Kozlowski 55.03 40-44
DAMD George Murray 30.51 70-74
MARY Sandra Keil 3.44 45-49

Metropolitan LMSC

BDGR Steve Newman 190.92 45-49
METR Kathleen Romano 180.88 60-64
METR Janet Harris 103.38 40-44
METR Kristin Glick 56.50 30-34
METR Dahlia Thompson 42.59 25-29
METR Joy Rosenthal 41.27 45-49
METR Kitty Kessler 21.79 65-69
METR Andy Reed 10.06 35-39
REDT Suzanne Schwartz 25.74 45-49
UNAT Ken Chertoff 70.20 55-59
UNAT Elizabeth Salzer 29.53 45-49
WM Laura Tiedge 50.00 45-49

New England LMSC

NEM Elaine Kornbau 176.43 30-34
NEM John Melczer 136.00 40-44
NEM Woods Wannamaker 80.05 45-49
NEM Kristen Cook 67.32 25-29
NEM Larry Richardson 64.89 45-49
NEM Fred Gliesing 62.99 50-54
NEM Deborah Chassler 61.13 55-59
NEM Bob Sege 50.30 45-49

New Jersey LMSC

Irene Van Vranken 90.13 55-59
BERK Susan Kirk 75.28 45-49

DRMS	Robert Franks	65.60	50-54
DRMS	Ellen Kranefuss	48.02	45-49
GSM	Sandra Carosi	110.75	40-44
GSM	Jennifer Bauman	110.38	35-39
GSM	Lynn Ascione	97.93	40-44
GSM	Laura Smith	79.02	35-39
GSM	Richard Carlson	64.49	50-54
GSM	Amy Carow	54.50	45-49
GSM	Michael Sirkin	38.42	40-44
GSM	Ann Mancuso	33.40	45-49
JAM	Mary Sarotte	74.82	35-39
UNAT	David Juchniewicz	78.00	50-54
UNAT	Steve Glassman	46.45	55-59

Niagra LMSC

NIAG	Diana Adlowitz	69.43	30-34
NIAG	Thomas Weber	68.67	75-79
NIAG	Jenifer Bronson	67.65	25-29
NIAG	Dolores Schock	23.13	70-74

Potomac Valley LMSC

ALEX	Jon Wood	134.60	45-49
ANCM	Margot Pettijohn	126.19	60-64
ASAM	Denis Crean	141.36	45-49
ASAM	Ted Hart	38.84	40-44
ASAM	Cindy Hart	25.00	40-44
DCM	William Cummings	118.57	65-69
DCM	Mary Ella Payne	117.64	50-54
DCM	Andrea Haines	115.15	55-59
FXCM	Julie Oplinger	115.15	30-34
GERM	Dan Blitz	114.10	40-44
GERM	Craig Johnson	55.00	45-49
RMST	Brian Evans	93.70	40-44
TERR	Mollie Grover	113.86	25-29
TERR	Diana Corbin	113.07	35-39
TERR	Laurie Gray	6.16	35-39
UNAT	Matthew Fetters	104.60	45-49
UNAT	Rebecca Wolfinger	97.61	30-34
UNAT	Susan Cushman	42.04	45-49
UNAT	Kimberly Light	37.67	45-49
UNAT	Sherry Green	22.31	50-54
VSC	William Sulik	36.59	45-49
VSC	Lori Ann Pawlik	36.11	45-49
VSC	Kristine Kellogg	34.74	45-49
VSC	Kim Krogh	19.97	40-44
VSC	Trish Portare	12.96	50-54
WTRI	Katie Davison	233.52	25-29

Virginia LMSC

UNAT	Paul Bousel	133.76	50-54
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UNAT	Dennis Jordan	50.83	65-69
VMST	Richard Scott	66.25	70-74

Dixie Zone

Florida LMSC

BLUE	Sue Moucha	180.34	45-49
FACT	Joyce Hutchinson	62.30	65-69
FACT	Rae Ellen Suttie	52.60	60-64
FACT	Barb Galpin	52.00	60-64
FACT	Kathleen Tittle	43.86	55-59
FMM	Gaylord Hopkins	102.87	65-69
FMM	Patricia Bond	77.34	65-69
FMM	James Browne	58.81	65-69
FMM	Jean Allen	47.50	65-69
FMM	Karen Swanigan	28.80	50-54
FMM	Brud Cleaveland	22.84	90-94
FMM	Margie Hutinger	19.98	65-69
FMM	Marianne Vann	19.37	75-79
SCCS	James Allen	40.75	70-74
SPCO	Pete Turner	87.16	45-49
SYSM	Michael Beachler	96.62	55-59

Florida Gold Coast LMSC

GOLD	Joel McTague	74.01	30-34
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Georgia LMSC

AWJ	Caryl Barrett	33.15	40-44
BRYB	Ann Sykes	83.70	50-54
GAJA	Donna Hooe	204.71	45-49
GAJA	Kristina Ulveling	143.77	35-39
GAJA	Robert Brooks Bibb	77.65	45-49
GAJA	Scott Frederick	56.48	40-44
GAJA	Stephen Myers	54.80	40-44
GAJA	Kathleen Kuester	46.87	35-39
GAJA	Frank Sarotte	46.00	65-69

North Carolina LMSC

NCMS	Regina Gillman	100.40	40-44
NCMS	Bill Miller	87.13	50-54
NCMS	John Jackson	60.17	65-69
NCMS	Max Salisbury	58.05	50-54
NCMS	Dawn Franklin	53.01	35-39
NCMS	Richard Bober	51.71	55-59
NCMS	Laura Caskey	31.00	40-44
NCMS	Terri Garrou	18.78	50-54

Southeastern LMSC

	Sean Walters	25.00	40-44
GCPS	Katherine Clarke	74.74	60-64
GCPS	Sally Menk	40.48	65-69

UNAT Darcy LaFountain 360.19 50-54
UNAT Bruce Fetterman 168.62 45-49

Southern LMSC

SMS Louis Farmer 96.50 55-59
SMS Jean-Marie Lacobee 59.08 50-54
SMS Michelle Mayer 46.58 35-39

Great Lakes Zone

Allegheny Mountain LMSC

AMAM Stephen Filauri 53.13 40-44
TPIT Jim Thornton 103.84 55-59

Illinois LMSC

IM David Sebastian 100.32 45-49
IM John Sloan 91.07 55-59
IM Kevin Hupp 90.29 40-44
IM Dana Litoff 86.44 18-24
IM Jane del Greco 67.90 50-54
IM Ellen Tobler 66.30 35-39
IM Kenneth Shollenberger 50.34 45-49
IM Dorothy Debolt 50.20 45-49
IM Carrie Colburn 47.99 30-34
IM Kimberlie Streed 44.17 50-54
IM Geralynn Walsh 27.94 45-49

Indiana LMSC

IAMP Laura Johnson 43.13 25-29
ISF Karlene Denby 85.94 50-54

Kentucky LMSC

SKY Michael Greenleaf 47.28 40-44
SKY Mark Gill 18.84 35-39

Lake Erie LMSC

UNAT Eric Tuck-Macalla 23.21 45-49

Michigan LMSC

Dawn Mullen 21.45 40-44
MICH Denise Brown 372.22 45-49
MICH Joe Aumiller 227.60 50-54
MICH Harriet Wall 209.40 65-69
MICH Maddie Diedo 146.84 45-49
MICH Jennifer Parks 125.38 60-64
MICH Jeff Bailey 108.01 40-44
MICH Peter Horner 98.00 50-54
MICH Michael Bell 68.84 65-69
MICH Steve Erickson 63.07 50-54
MICH David Mange 54.42 50-54
MICH Brenda MacDonald 20.13 50-54

Ohio LMSC

CSMT Eric Davis 29.72 35-39
DRM Anne Frayne 69.55 50-54
DRM Jeanne Smith 35.06 45-49

Wisconsin LMSC

WMAC Carrie Kostopoulos 273.74 35-39
WMAC Stephen Justinger 119.03 55-59
WMAC Dan Slick 96.25 55-59
WMAC William Curtis 77.03 45-49
WMAC Suzi Green 66.71 45-49
WMAC Meredith Krejny 58.42 30-34
WMAC Sheryl Leonard-Schneck 33.52 40-44

Northwest Zone

Alaska LMSC

AKMS Shannon Titzel 124.55 35-39
AKMS Paula Smith 122.92 50-54
AKMS Ruth Carter 95.12 45-49
AKMS Stan Steck 79.97 50-54
AKMS Shawn Dickson 75.00 55-59
AKMS Kenneth Winterberger 69.46 50-54
AKMS Andy Duenow 64.00 40-44
AKMS Jennifer Eubank 53.29 35-39
AKMS Rebecca McKee 51.71 35-39
AKMS Nancy Kavan 51.50 40-44
AKMS Jim Lima28.88 50-54

Inland Northwest LMSC

INWM Matthew Bronson 127.40 40-44
INWM Cindy Clutter 79.67 45-49
INWM Margaret Hair 51.67 50-54

Montana LMSC

MM Mark Comfort 58.53 50-54

Oregon LMSC

MACO Jody Welborn 25.60 50-54
OREG Jac Nickels 262.89 55-59
OREG Tim Nelson 228.21 40-44
OREG Mary Sweat 176.25 50-54
OREG Dave Radcliff 175.50 70-74
OREG Michelle Macy 144.16 30-34
OREG Jon Schieltz 131.17 65-69
OREG Mike Carew 124.30 55-59
OREG Chris Gaarder 115.84 40-44
OREG Elizabeth Strausbaugh 111.85 30-34
OREG Karen Matson 95.43 40-44
OREG Raymond Allen 92.61 80-84
OREG Diane Cardwell 83.87 55-59

OREG	Susan Gorman	83.22	40-44
OREG	Alison Moore	81.45	35-39
OREG	Cynthia Larkin	73.00	45-49
OREG	Dallas Figley	69.90	55-59
OREG	Tam Jenkins	60.90	55-59
OREG	JC Briar	58.29	40-44
OREG	Andrea Smith	50.77	25-29
OREG	Pierre Blouin	42.27	40-44
OREG	Jeanette Groesz	40.32	55-59
OREG	Jacqueline Parker	40.21	25-29
OREG	George Weber	36.61	75-79
OREG	Peg Whiter	24.52	60-64
OREG	Charles Heiser	20.69	50-54
OREG	Oren Bergfald	8.50	40-44
OREG	Robin Forster	8.09	55-59

Pacific Northwest LMSC

PNA	Dan Smith	142.91	45-49
PNA	Kirk Nelson	121.82	35-39
PNA	Rebecca Logsdon	80.45	50-54
PNA	Mark Yang	65.31	40-44
PNA	Tina Alkezweeny	55.08	30-34
PNA	Nancy Graham	48.55	65-69
PNA	Jean Blackburn	44.29	55-59
PNA	Jim Stephens	42.81	50-54
PNA	Jane Moore	40.16	55-59
PNA	James Sanders	31.33	50-54
PNA	Laurie Marocco	30.47	50-54
UNAT	Wayland Hui	60.21	30-34

Snake River LMSC

SAWS	Kristi Lee	160.21	30-34
SAWS	Floyd Fisk	105.33	55-59
SAWS	Marie Baldner	13.93	60-64

Utah LMSC

UTAH	James Jonsson	126.32	45-49
UTAH	Fred Baird	94.32	55-59
UTAH	Chris Mart	93.14	50-54
UTAH	Ty Tait	51.08	40-44
UTAH	Dennis Tesch	24.66	40-44

Oceana Zone

Pacific LMSC

ALMA	Jeff Janosik	85.37	40-44
CRUZ	Sara Bothwell	86.45	30-34
LNM	Susan Miller	153.96	50-54
MAM	Jim Clemmons	140.40	55-59
MVM	Karla Rees	160.99	35-39
SNM	Tait Ecklund	85.91	25-29

SRM	Joel Brown	26.30	55-59
STAN	Andrew Scheiner	209.38	35-39
SUNY	Steve O'Neill	158.43	50-54
TCAM	David Harmer	105.61	60-64
UNAT	Anne Yates	85.31	50-54
UNAT	Reene Fiack	51.19	45-49
UNAT	Gabrielle Walters	50.51	45-49
USF	William Grohe	49.00	70-74

South Central Zone

Border LMSC

COM	William Marshal	46.51	40-44
COM	Kelly Brown	39.70	35-39
RGSC	Edward Wiles III	33.94	45-49
RGSC	Susan Traylor	26.41	50-54

Gulf LMSC

RICE	Douglas Kopp	19.29	55-59
SBAS	Kristine Kelly	205.34	18-24
SBAS	Christopher Mauk	103.90	30-34
SBAS	Darla Kelly	35.86	50-54
SBAS	Robert Kelly	18.04	50-54
SBAS	Richard Mauk	9.09	50-54
SBAS	Brett Butler	8.40	25-29
SWYM	Melanie Sellers	36.29	55-59
WMST	Nancy Crecelius	58.91	35-39

North Texas LMSC

CATT	Kristen Thompson	37.93	40-44
CATT	Kelly Thompson	16.31	35-39
DAMM	Katrina Lane	27.64	55-59
DAMM	Andrew Rohrbacher	11.30	45-49

Oklahoma LMSC

TULS	Paul Clark	38.10	50-54
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South Texas LMSC

AAAA	Louis De Leon	88.58	30-34
AAAA	Kathy Leusing Canales	44.35	45-49
MOST	Thomas Hetzel	243.46	70-74
MOST	Kathy Boyer	164.03	50-54
MOST	Susan Ingraham	94.60	45-49
MOST	Linda Callaway	86.77	50-54
TXLA	Rachael Maresh	132.53	30-34

Southwest Zone

Arizona LMSC

ARIZ	Dominick Aiello	145.00	70-74
ARIZ	Malinda Case	54.31	65-69
ARIZ	Bobbi Malone	45.30	60-64
ARIZ	Douglas Esch	32.25	40-44

New Mexico LMSC

NMMS Deb Summa 109.05 40-44
NMMS Jenny Nuuttila 100.58 30-34

San Diego Imperial LMSC

SSM Paton McClung 67.95 35-39
UNAT Linda West 41.52 55-59

Southern Pacific LMSC

Sue Dombkowski 177.83 40-44
BPMS Lois Goodman 153.88 60-64
CTM Suzanne Dodd 83.49 45-49
MMM Daniel Muth 75.25 40-44
NOVA Veronica Soria 74.06 35-39
SOBA Corby Arthur 38.16 45-49
UCLA Christopher Paul 97.72 35-39
UNAT Susan Ecklund 19.06 60-64

Unknown Zone / LMSC

Brian Wood 39.30 35-39