

Results for “Go the Distance” (GTD) Final - 2008

Oh my - what a year it has been! The U.S. Masters Swimming Fitness Event “Go the Distance” (GTD) is now in the books with a record 631 participants (344 women and 287 men)!

The total distance swum by all participants is a whopping 171,837.78 miles! Our group average was an amazing 272.33 miles.

The most miles swum in 2008 were by Carrie Kostopulos-Doebler (35-39) with 2000.32 miles and Ray Cottom (60-64) who swam 1564.05 miles.

Our youngest participants are 20 years old (Landon, Thomas and Sean) and our most mature swimmers are Brud and Gertrud who are both 91! The age group with the most participants was the 45-49 (113) year olds but the folks in the 50-54 years old age group swam the most miles!

The Colonies zone had nearly twice as many swimmers as any other zone. And not too surprisingly, they swam the most miles!

The final breakdown of how many participants achieved each of the GTD distance Milestones is:

<u>Milestone</u>	<u>Total</u>	<u>Achieved 12/08</u>	<u>Milestone</u>	<u>Total</u>	<u>Achieved 12/08</u>
50 Miles	588	5	400 Miles	118	29
100 Miles	537	16	500 Miles	69	15
150 Miles	458	20	750 Miles	22	5
200 Miles	375	40	1000 Miles	5	
250 Miles	292	31	1250 Miles	3	
300 Miles	227	41	1500 Miles	2	1
365.25 Miles	149	29			

A hearty congratulations to all of you who achieved one or more GTD Distance Milestones!

The final results are posted at <http://www.usms.org/fitness/content/gothedistance08> for your review. There is also a complete list of participants that have achieved a GTD Distance Milestone in December as well as a complete list of all distance milestone achievements for 2008.

The final highlights and tidbits for GTD 2008 include quite a variety of topics! We start with the lyrics to the “Go the Distance” which is from the movie “Hercules”!

Then we recognize all of the participants who “negative split” their distance in 2008, those that swam more in 2008 than they did in 2007 and also a special recognitions to those participants that got “oh so close” to their last milestone (< 2.5 miles!).

Our “Meet the GTD Swimmer” feature completes our highlights. This month we introduce you to Charlie Schlegel, Corby Arthur, Mike Broglio, Michael Sirkin and Barbara Phillips!

To all GTD 2008 participants - thank you so much for “going the distance” in 2008. For those of you who are still thinking about participating – it’s time to join the fun! Let’s see how far we can all swim in GTD 2009!

*Your GTD pal,
Mary Sweat
U.S. Masters Swimming Fitness Committee*