



SWIM-MASTER

VOL XI - No 2

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FEBRUARY 1982

ALL-AMERICAN MASTERS SWIMMING TEAM FOR THE YEAR **1981**

WOMEN 25-29

Sandy Neilson
Kimberly Mogalian
Barbara Belogorsky
Patricia Hines
Dorothy Wise
Debra Glassman
Susan Skiff
Chris Ruppert
Christine Lasell
Sidney Swayman
Barbara Chruh
Melinda Whitcomb
Lori Scott
Theresa Clarke
Jeanne Mason
Kathy Killingsworth

WOMEN 30-34

Lynn Skrifvars
Marianne Brems
Barbara Dunbar
Janet Gettling
Gretchen Drake
Susan Spencer-Horner
Susi Chandler
Joan Farmer
Dorothy Wise
Christine Ruppert
Alice Belknap

WOMEN 35-39

Diana Todd
Carolyn Johnson
Jane Katz
Betty Bennett
Carol Chidester
Jane Murphy-Sherman
Rebecca Richter
Donna Burkhardt
Nancy Breen
Nancy Ridout

WOMEN 40-44

Juanita Correa
Lynne Weir
Carin Vanderbush
Angela Konig
Ilona Sike
Marsha Soucheray
Nancy Brown
Janet Royer

WOMEN 45-49

Juanita Correa
Patricia Bresee
Lavelle Stoinoff
Helen Buss
Anne McGuire
Janet Lamott
Nancy Brown
Jayne Bruner

WOMEN 50-54

Gail Roper
Cynthia Bruce

WOMEN 55-59

Dorothy Donnelly
Dorothy Resseguie
Ruth Billard
Jeanne Merryman
Alicia Horst
Charlotte Costello
Clara Walker
Margaret Morrison
June Krauser

WOMEN 60-64

Viola Andresen
Jane McCollister
Mardie Brown
Gertrude Zint
Nancy Pessel
Jeannette Eppley
Bette Crowell
Mimi Lee
Dorothy Resseguie
Nancy Phillips

WOMEN 65-69

Dawn Musselman
Ivy Browne
Marie Wicklun
Mildred Anderson
Maxine Merlino
Joan Osborne
Nancy Clark

WOMEN 70-74

Edie Goldman
Celia Ballard
Ruth Switzer
Beatrice Johnston
Elsa Mattila
Catherine Cress
Bernice Wayne
Jerry Bennett
Julia Dolce
Mona Scharf
Elizabeth John
Madeleine Miller
Rita Shephard
Sally Scott

WOMEN 75-79

Marjorie Bronson
Sis Fogle
Marian McKechnie
Edna Landon
Katherine Pelton

WOMEN 80-84

Martha Keller
Pearl Miller
Ella Peckham
Francis Watkins
Doris Hogan
Martha Keller
Jamie Cameron

WOMEN 85-89

Luella Tyra
Nellie Brown

MEN 25-29

Jeffrey Rolan
James Montgomery
Peter Brunson
Michael Stamm
Chester Miltenberger
Clay Evans
Steven Baxter
James Griffith
Mark Chatfield
Michael McGuire
Joseph Bottom
Walter Bricker
Steven Stocksdale
Kurt Mickelson
Donald Anderson
Robert Hansen
John Cleveland
Brent Barker
Dale James

MEN 30-34

William Barthold
Fred Schlicher
Robert Janis
Richard Cooley
Peter O'Keefe
Ronald Marcikic
Klaus Barth-Dieter
John Ferris
Michael Jones
William Tingley
James Stine
Clay Kolar
Thomas Perrin
Byron Reidenbaugh

MEN 35-39

Robert Boyer
Stephen Clark
David Gray
Charles Hunter
Raymond Zeason
Michael Fitzmaurice
Ronald Wood
Arthur Smith
Jon Katis
Vernon Slovan

Timothy Garton
Henry Dewitt
James Crane
William Bacon
Scott Guthrie
Roy Davis
Richard Ennis
Phillip Goode
James Beglinger

MEN 40-44

Gary Laprise
Lance Larson
Murray Rose
Hap Cole
Frank Legacki
Ramond Padovan
Lou Schaefer
Drury Gallagher
John Carey
David Gillanders

MEN 45-49

Richard Hunkler
Brad Sturtevant
James Bohan
Barr Clayson
Donald Brown
Manuel Sanguily
Wally Dobler
William Yorzyk
Jerome McNamee
Al Coxon

MEN 50-54

Charles Thomas
Graham Johnston
Harold Bege
Richard Bennett
John Kortheuer
Robert Kueny
Edward Emes
Winthrop Wilson
Hubert Williams
Neal Palmer
Miguel Cornejo
Peter VanDijk

MEN 55-59

Herbert McAuley
Duane Draves
Arthur Koblisch
Paul Hutinger
Barton Greenberg
Skip Mann
Perry Rockwell
John Florance
John Woods
Ed Kerswill
James Forbes
Ted Von Berckefeldt
George Cunningham

MEN 60-64

Raymond Hakomaki
James Welch
Raymond Taft
Paul Herron
Thomas Lind
Robert Merrick
John Crews
Birch Davidson
Frederick Van Dyke
Aldo Da Rosa

MEN 65-69

Kelley Lemmon
James Eubank
Harold Sexton
William Rowe
David Rowan
Bennett Allen
Walter Pfeiffer
Woodrow Bowersock
Austin Newman
Albert Vandewighe
William Grant
Matthew Sielski

MEN 70-74

William Shott
Benton Wood
Lloyd Osborne
Arthur Hargrave
William Share
Rufus Clark
William Loughborough
William Stinson
Benton Wood
Harold Perry

MEN 75-79

Arthur Rule
Henry Strothmann
Frederick Lappe
John Wallace
Theodore Johnson
Irving Merritt
Al Kallunki
Thomas Cureton
Winston Kratz
Perc DeCremier

MEN 80-84

Clarence Ross
Irving Weber
Alfred Bastian
Hubert Williams
Thomas Cureton
Walter Laury
Ralph Fletcher

MEN 85-89

Thomas Lane
Robert Simmonds
Isidore Castin



International **SWIMMING HALL OF FAME, INC.**

1 HALL OF FAME DRIVE • FORT LAUDERDALE, FLORIDA 33316 • TELEPHONE: 305/462-6536

Dear Masters Swimmers:

The Hall of Fame has run out of space and, out of economic necessity, must find ways to finance its new addition. The Building Fund is underway. Katherine Rawls, one of our Charter Honorees in 1965, has started it off with a \$5,000 donation.

Since Masters Swimming has never been adequately represented in the existing Hall (we weren't organized when most of the space was allocated), we want to build a Masters Area which displays the complete record, the personality, and the objectives of Masters Swimming. Jack Kelly, Jr., President of the International Swimming Hall of Fame, is very enthusiastic about all this, as is Buck Dawson, the Executive Director. They feel that the Masters Program represents the outstanding contribution that swimming has made to our society in this half century! The fitness awareness of adults is a story that needs to be constantly emphasized, and we know that Masters Swimming is probably the best of all the adult fitness programs. Certainly it is the most fun. We wish to make it even more newsworthy, giving credit to what we have accomplished.

A drive to finance the Masters Swimming Area has already been started. Florida Gold Coast Masters Swimmers have begun by offering their contributions as a memorial to the late Gaither 'Gay' Rosser, the Spirit of Masters Swimming. There have been many who have won more races than Gay, but none whose life expressed more fully the goals of our Program; a lifetime of vigorous swimming for Fun, Sport and Health.

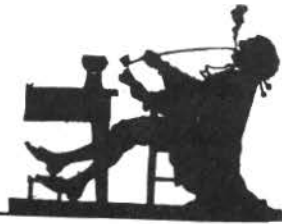
Donations to the Masters Swimming Area are earmarked as such, and the Hall of Fame plans matching funds for everything we raise. Your donations will be noted in a leather-bound Masters Swimming display book. No gift is too small to help us and no gift is too small to be noted. As the gifts get larger, they will be recognized as: Lifetime Gold Pass \$100, Charter \$1,000 and Founder \$5,000. The Charter and Founder members are recognized on the wall of the entranceway to the Hall of Fame. All can be paid on the installment basis, with the gold pass and patch sent with the first installment of \$25.00. Again, it's tax-deductible (JAX:EO:65-452). The Hall of Fame is going to be here for a long time!

Gratefully, June Krauser, Chairperson

June Krauser

The Good Life

by Robert Tolf



Anne McGuire displays her sports medals.

A few hundred feet from the bustle of Delray Beach's Federal Highway, nestled into a sub-tropical lushness replete with ficus and fern, towering eucalyptus and strangling vine, there's a handsomely designed hideaway that has as much in common with the run of the mill CBS 3-2 as its owners have with the run of the mill South Floridian.

A multi-level structure of wood, it's been home for Anne and Jim McGuire since they moved to the Sunshine State in 1964. That's the year Florida Atlantic University

was on the launching pad and young Dr. McGuire, armed with his Ph.D from UCLA where he was a Hughes Fellow in engineering, accepted a position in the physics department.

He's now a professor in mathematical physics and he's published a variety of articles in numerous learned journals. He's also spent a couple sabbaticals in Australia, teaching in Adelaide and Melbourne.

A native of Indiana, Jim did his undergraduate work at Purdue. That's where he met Anne who was a member of the same class, 1956. A swimmer from Birmingham, Ala., she was a member of the college's Lafayette Swim Club. At that time, Purdue was the only college in the country where girls could compete in an organized, team effort and they set all the records and won all the championships.

Anne was an important member of that team, a breast stroker. And she's still an important member of a swimming team, the Gold Coast Seniors' team.

A few weeks ago in California, in the Seniors' 45-49 age category she splashed her way to six medals, four first and two seconds, incredibly improving on her best time in the 400 medley, a time she set 27 years ago!

First place finishes came in the medley, the 50, 100 and 200 meter breaststroke.

"I hate to be second," the superbly conditioned Anne comments. Judging from the trophies, the plaques, the medals that adorn her home, she seldom has to worry about second place finishes.

The All-American patches, the medals in all shapes and sizes fill two oversize baskets, a couple feet across. Before too long another basket is going to be needed.

Anne will also have to make room on wall or shelf for other awards, those gained in running. Unlike most serious swimmers who find it difficult to combine two such different muscular activities, Anne finds running improves her swimming, her wind, her strength.

But not just an occasional jogging tour along beach or road, but a run of miles and miles. Enough to compete in — and to finish — this year's Orange Bowl Marathon. Running all the 26 miles plus, never having to walk.

Anne, with a master's degree in physical education from the University of California at Irvine, teaches that subject at Atlantic. She's also coach of girls soccer and, of course, the girls swim team.

Anne also gives private swimming lessons, concentrating on the younger set, infants nine months and up. She knows from extensive experience that the little ones are not afraid of the water when they are that young, that they know instinctively to hold their breath. As they get older they lose that talent.

With Anne's method it takes five days to learn to swim and she also takes on adults, finding it amazing that there are so many people, especially in this state with all its water, whose education and exposure have never included such a basic tool of survival.

At home, Anne is an avid gardener, filling inside as well as exterior with a variety of thriving plants. Jim prefers the kitchen. He's an accomplished amateur chef, doing a special kind of cold chicken, enlivening London broil with red wine and flaming brandy blending the best ham salad I've tasted since the days my midwestern Grandmother used to brighten our holiday picnics with ham salad sandwiches.

Jim has another hobby or rather, avocation. He's a tried and true opera buff, a lover of Gilbert and Sullivan — he can recite the intricate lyrics by the hour — and an undoubted authority on the history of music, the composers and performers.

Anne and the family used to exile their opera fanatic to an upstairs soundproof room, but since they found him a walkman, he can now join family, ear plugs firmly in place, the tape spinning out the arias as loudly as he wants.

That family, two girls, one a senior at Atlantic and the other (former Phi Beta Kappa at the University of Florida) working for a bank in Atlanta, and two boys, both at the University of Florida), rendered great moral support for Jim's one and only stage appearance.

It was the realization of a life-long dream: To perform in an opera or operetta. And he approached the role, Marmaduke Poindexter in Gilbert and Sullivan's "The Sorcerer," with all the enthusiasm and intensity he puts into everything else does. Strutting across the stage at FAU in grand style.

It's the way wife Anne approaches her career.

Together they form a vital and highly rewarding version of the Good Life.

TO: USMS LOCAL MASTERS SWIM COMMITTEE CHAIRMEN-
& REGISTRARS

FM: TED HAARTZ, CHAIRMAN, USMS REGISTRATION
COMMITTEE

Please be advised that for your swimmers' times, both individual and relay, to be considered for Records and Top Ten, we must have both your swimmers and your clubs registered, insured, and in our records.

To illustrate: a swimmer, competing in a sanctioned meet during January, 1982, whose time(s) might better a record or qualify for Top Ten, will not be tabulated if the swimmer's registration (accompanied by the proper fee of \$3.25) has not been received by the National Registrar by the 15th of the month following, in this case February 15. Likewise, club relays will not be tabulated if the club registration (accompanied by the \$10 club fee) has not been received.

Simply stated, the tabulation system will be programmed to accept only the names of those individual swimmers and clubs that have been received and paid for in full. All registrations received by the 15th of a calendar month will validate times only for the previous month, i.e., registrations received by March 15th will qualify times of those swimmers and clubs for sanctioned events during February. (A swimmer who did a better time in a January meet would not have that time considered because that swimmer was not registered with the National Registration Office by February 15th. Times submitted between the last National Meets and December 1981, would be covered by the previous year's registration.

The crux of this matter is that timely reporting is imperative and certain parameters must be established to ensure the success of our Masters Swimming Program. I fully recognize that we are all volunteers and that we donate our time, money and efforts as best we can. Since the bulk of the registrations occur during the first five months of the year, I urge you to try to set aside time between the 25th and the end of each month so that your reporting is current and no swimmer will have cause to feel "shortchanged". The success and strength of our program will be measured by our ability to work together towards our common goal of a hopefully longer and healthier life. I thank you in advance for the important role you are playing in this program.

NOTE TO ALL AMERICANS - If you wish to obtain a certificate and patch for your All American honor please send \$5.00 with your name and address to: Ted Haartz, 155 Pantry Rd., Sudbury, MA 01776. It might take a few months before the patches and certificates are available so please be patient.

A PROGRAM FOR CV (CARDIOVASCULAR) FITNESS

BY Patti Fischer

1. A thorough physical exam by a doctor is essential.
2. Start the program off slowly. After a couple of weeks of building the intensity of each workout, an individual should be well into the program necessary for fitness development. One reason for starting out slowly in a CV program is because the circulatory and muscular systems require an initial period of transition, adjustment, and adaptation to the CV program. Muscle pulls and muscle soreness can be harmful not only to the physical aspect of the workouts, but also to the motivation required to continue each workout.
3. All workouts should begin with 3 to 5 minutes of light stretching, jogging, or a similar activity to loosen up and prepare the body for more strenuous exercise. Each workout should end with the same routine to enable the body to recover in a more relaxed and injury free state.
4. Three workouts a week with a total of 45 minutes per workout is effective in obtaining CV fitness. Reaching the max. heart rate is essential during these workouts.
5. The length of the exercise periods can be of any length between the 3 and 45 minutes suggested for each workout. This takes in consideration the loosening up time, the workout time, and the rest between sets time. A single workout can involve a combination of short, medium, and longer durations of the activity. Each individual must experiment and determine what brings on the best results physically, and what is enjoyable mentally.

AND DIRECT FROM SWIM-SWIM

"The following tips from Speedo should make your swimsuit last a little longer. Both nylon and lycra suits should fit comfortable. A fit that's too tight puts undo strain on the fabric and shortens the life of the suit. Chlorine, sweat and sunlight are harmful to both types of material. Rinse out your suit without soap in cold or warm water after use and let it drip dry in a shaded area. Also, do not shampoo your hair while wearing your suit. Lycra suits are particularly susceptible to the harsh components in most shampoos."



LONG COURSE RECORDS

U.S. MASTERS LC RECORDS 10/81

WOMEN	25-29!	30-34!	35-39!	40-44!	45-49!	50-54!	55-59!	60-64!	65-69!	70-74!	75-79!	80-84!	85-89!
50 FREE	27.94!	28.69!	29.42!	30.97!	31.28!	33.10!	34.07!	36.05!	36.97!	46.05!	52.93!	1.06.86!	1.32.63!
100 FREE	1.01.36!	1.03.56!	1.05.28!	1.10.36!	1.09.85!	1.13.71!	1.16.55!	1.20.10!	1.29.46!	1.53.73!	2.02.44!	2.34.37!	3.54.33!
200 FREE	2.13.29!	2.18.79!	2.26.46!	2.35.00!	2.36.57!	2.46.49!	2.54.10!	3.00.61!	3.27.35!	3.58.76!	4.24.30!	5.26.82!	8.57.90!
400 FREE	4.45.03!	4.53.36!	5.08.20!	5.22.40!	5.28.88!	5.59.78!	6.23.80!	6.34.26!	7.19.87!	8.17.17!	9.29.52!	11.18.98!	18.39.66!
1500 FREE	19.13.38!	19.45.34!	20.25.14!	21.23.78!	21.26.16!	23.50.38!	26.02.31!	26.21.54!	29.19.17!	33.22.73!	36.11.35!	43.12.82!!
50 BACK	33.04!	33.77!	35.15!	37.18!	38.89!	40.91!	39.96!	46.50!	47.31!	56.04!	1.01.68!	1.09.41!	2.24.73!
100 BACK	1.10.97!	1.11.85!	1.19.48!	1.21.47!	1.24.69!	1.30.52!	1.35.94!	1.44.68!	1.46.95!	1.59.62!	2.17.74!	2.45.24!!
200 BACK	2.36.48!	2.38.28!	2.51.45!	2.59.22!	3.05.19!	3.15.01!	3.24.85!	3.49.13!	3.51.56!	4.15.79!	4.54.81!	10.49.53!!
50 BRST	36.22!	37.57!	39.61!	41.89!	41.88!	43.54!	45.14!	49.40!	55.30!	1.02.70!	1.13.83!	1.32.84!	2.51.97!
100 BRST	1.21.07!	1.23.46!	1.28.28!	1.33.86!	1.29.80!	1.35.63!	1.40.19!	1.52.50!	2.03.56!	2.20.37!	2.44.41!	3.31.64!	6.15.65!
200 BRST	2.58.62!	3.05.60!	3.11.60!	3.18.56!	3.15.85!	3.28.49!	3.34.85!	3.59.72!	4.24.50!	5.02.44!	5.56.57!	8.00.00!	13.42.69!
50 FLY	30.38!	32.14!	32.39!	34.40!	36.00!	35.58!	41.12!	42.37!	52.87!	1.05.54!	1.14.47!	8.36.30!!
100 FLY	1.08.38!	1.09.91!	1.12.95!	1.18.59!	1.21.32!	1.25.80!	1.39.59!	1.38.21!	2.01.18!	2.29.23!	2.45.93!!!
200 FLY	2.32.85!	2.33.32!	2.53.35!	3.03.26!	3.09.78!	3.17.90!	3.35.80!	3.48.20!	4.28.41!	5.44.74!	6.00.78!	13.01.80!!
200 I.M.	2.36.50!	2.38.49!	2.45.97!	3.01.04!	2.55.61!	3.06.12!	3.14.15!	3.38.12!	4.05.51!	4.57.66!	5.47.08!	7.57.25!!
400 I.M.	5.29.87!	5.43.12!	5.55.65!	6.26.90!	6.29.10!	6.46.47!	7.27.20!	7.48.30!	8.34.84!	10.28.73!	12.22.99!!!
200 FR.REL.	1.56.15!	2.09.88!	2.19.85!	2.36.98!	3.22.33!!!!!!!!!
200 MED.R.	2.14.79!	2.28.23!	2.46.55!	3.06.64!	4.13.79!!!!!!!!!
MIX.FR.REL.	1.47.46!	1.55.57!	2.04.41!	2.15.26!	2.37.47!	5.00.04!!!!!!!!
MIX.MED.R.	2.03.44!	2.12.59!	2.31.91!	2.53.11!	3.18.32!	6.14.44!!!!!!!!
.....!!!!!!!!!!!!!!
MEN	25-29!	30-34!	35-39!	40-44!	45-49!	50-54!	55-59!	60-64!	65-69!	70-74!	75-79!	80-84!	85-89!
50 FREE	23.89!	24.50!	25.33!	26.00!	26.25!	27.86!	28.56!	29.63!	30.30!	33.20!	33.75!	38.95!	50.74!
100 FREE	51.23!	55.51!	56.63!	57.94!	1.01.11!	1.03.92!	1.06.23!	1.05.60!	1.11.89!	1.18.80!	1.19.04!	1.33.72!	3.39.50!
200 FREE	1.53.78!	2.01.26!	2.08.42!	2.09.08!	2.15.33!	2.18.75!	2.29.71!	2.30.39!	2.49.01!	2.58.75!	2.57.83!	3.39.69!!
400 FREE	4.21.99!	4.23.41!	4.33.14!	4.38.82!	4.48.49!	4.52.42!	5.24.47!	5.28.90!	5.59.67!	6.25.17!	6.27.76!	7.38.23!!
1500 FREE	17.31.53!	17.46.75!	18.06.20!	18.41.90!	19.07.05!	19.39.09!	21.30.12!	22.03.54!	23.08.20!	26.02.41!	26.08.40!	31.41.66!	45.22.05!
50 BACK	28.76!	29.21!	28.04!	30.89!	33.01!	34.50!	34.61!	35.75!	39.25!	40.60!	42.28!	59.54!	1.02.40!
100 BACK	1.01.68!	1.04.33!	1.03.00!	1.09.35!	1.12.80!	1.16.10!	1.18.97!	1.20.74!	1.28.83!	1.33.92!	1.37.48!	2.06.19!	2.43.70!
200 BACK	2.14.07!	2.19.85!	2.19.40!	2.35.98!	2.40.81!	2.46.52!	2.51.91!	3.07.73!	3.22.25!	3.29.67!	3.42.54!	4.33.53!!
50 BRST	31.54!	32.31!	33.55!	34.40!	33.91!	36.77!	38.55!	39.96!	40.44!	43.68!	51.20!	58.81!	1.06.00!
100 BRST	1.06.87!	1.09.30!	1.14.11!	1.15.80!	1.15.47!	1.22.96!	1.29.00!	1.31.77!	1.33.40!	1.40.87!	1.58.20!	2.26.30!	2.43.08!
200 BRST	2.32.10!	2.33.51!	2.46.83!	2.49.12!	2.54.31!	3.04.04!	3.22.82!	3.21.95!	3.36.04!	3.45.01!	4.21.18!	5.40.12!	6.23.70!
50 FLY	25.48!	26.70!	27.31!	28.21!	29.41!	29.97!	33.30!	34.26!	38.26!	44.60!	49.34!	58.97!!
100 FLY	56.93!	58.94!	1.03.42!	1.02.05!	1.06.65!	1.13.36!	1.22.05!	1.23.30!	1.33.81!	1.54.58!	2.15.70!!!
200 FLY	2.13.14!	2.12.83!	2.27.79!	2.27.47!	2.38.72!	2.57.59!	3.15.45!	3.34.16!	3.45.66!	4.33.72!	6.08.43!!!
200 I.M.	2.14.02!	2.18.78!	2.27.04!	2.23.98!	2.37.60!	2.40.88!	2.58.36!	3.03.96!	3.24.35!	3.43.95!	4.21.09!	4.55.18!!
400 I.M.	4.52.11!	5.01.43!	5.20.94!	5.15.84!	5.37.40!	5.46.74!	6.15.31!	6.45.94!	7.22.09!	8.26.15!	9.56.75!	10.48.40!!
200 FR.REL.	1.38.30!	1.45.04!	1.53.12!	2.00.28!	2.18.70!!!!!!!!!
200 MED REL.	1.50.00!	1.59.30!	2.08.59!	2.22.86!	2.46.51!!!!!!!!!
.....!!!!!!!!!!!!!!

SWIM CELLAR PENTATHLON
SHORT-COURSE MASTERS
December 6, 1981
Beaverton, Oregon

Men 25-29

50 Free

Joe Burgess	28	:24.35
Ed Pittaway	26	:24.58
Brett Arvidson	26	:24.59
Adrian Kalil	28	:25.19
Howard Ronkin	26	:25.21
Richard Weil	29	:27.81
Eric Carlson	25	:31.91

50 Back

Brett Arvidson	26	:29.36
Adrian Kalil	28	:31.00
Howard Ronkin	26	:32.12
Ed Pittaway	26	:32.26
Joe Burgess	28	:32.38
Richard Weil	29	:39.04
Eric Carlson	25	:39.11

50 Breast

Howard Ronkin	26	:30.69
Brett Arvidson	26	:33.18
Ed Pittaway	26	:33.48
Joe Burgess	28	:33.76
Richard Weil	29	:34.73
Adrian Kalil	28	:34.88
Eric Carlson	25	:41.05

50 Fly

Ed Pittaway	26	:27.30
Brett Arvidson	26	:27.37
Joe Burgess	28	:27.86
Howard Ronkin	26	:28.85
Adrian Kalil	28	:29.19
Richard Weil	29	:32.59

100 IM

Brett Arvidson	26	1:01.83
Joe Burgess	28	1:03.14
Howard Ronkin	26	1:03.28
Ed Pittaway	26	1:04.14
Adrian Kalil	28	1:05.59
Richard Weil	29	1:13.97
Eric Carlson	25	1:23.30

Men 30-34

50 Free

Vern Dasch	23	:23.17
Bob Maestre	31	:23.18
Doug Huestis	33	:24.60
Doug Hunsicker	34	:25.76
Bill Harbeck	31	:31.35
Keith Gray	31	:38.65

50 Back

Bob Maestre	31	:29.54
Doug Huestis	33	:30.32
Vern Dasch	32	:30.72
Doug Hunsicker	34	:33.84
Bill Harbeck	31	:40.14
Keith Gray	31	:57.39

50 Breast

Vern Dasch	50	:30.79
Bob Maestre	31	:32.11
Doug Huestis	33	:32.79
Doug Hunsicker	34	:35.38
Bill Harbeck	31	:40.79
Keith Gray	31	:53.10

50 Fly

Bob Maestre	31	:26.47
Vern Dasch	32	:26.62
Doug Huestis	33	:27.08
Doug Hunsicker	34	:29.99
Bill Harbeck	31	:49.57
Keith Gray	31	DQ

100 IM

Vern Dasch	32	1:00.91
Doug Huestis	33	1:03.14
Doug Hunsicker	34	1:08.70
Bill Harbeck	31	1:23.38
Keith Gray	31	1:48.91
Bob Maestre	31	DQ

Men 35-39

50 Free

Karl Von Tagen	38	:23.33
Dale Vaughan	36	:24.08
Art Smith	37	:25.37
Roy Watters	37	:26.81

Gary Johnson	38	:26.95
Brian Frid	38	:27.13
Barry Carlson	39	:27.97
Jim Hutcheson	35	:28.02
Roy Lambert	35	:28.58
Dick Hodge	36	:29.23
Pat Caudill	36	:29.66

50 Back

Karl Von Tagen	38	:30.01
Dale Vaughan	36	:31.84
Art Smith	37	:32.66
Roy Watters	37	:32.87
Barry Carlson	39	:35.06
Gary Johnson	38	:35.52
Brian Frid	38	:35.68
Pat Caudill	36	:36.77
Dick Hodge	36	:37.36
Roy Lambert	35	:37.49
Jim Hutcheson	35	:39.10

50 Breast

Art Smith	37	:30.71
Dale Vaughan	36	:31.05
Karl Von Tagen	38	:32.02
Jim Hutchinson	35	:33.15
Brian Frid	38	:35.58
Gary Johnson	38	:36.79
Roy Watters	37	:36.98
Roy Lambert	35	:38.31
Barry Carlson	39	:38.31
Pat Caudill	36	:39.14
Dick Hodge	36	:43.48

50 Fly

Karl Von Tagen	38	:26.94
Art Smith	37	:27.61
Dale Vaughan	36	:28.09
Roy Watters	37	:28.95
Barry Carlson	39	:30.19
Jim Hutcheson	35	:30.52
Brian Frid	38	:31.89
Gary Johnson	38	:33.08
Roy Lambert	35	:33.68
Dick Hodge	36	:34.20
Pat Caudill	36	:36.33

100 IM

Art Smith	37	1:02.19
Dale Vaughan	36	1:02.97
Roy Watters	37	1:09.20
Jim Hutcheson	35	1:09.65
Brian Frid	38	1:10.51
Roy Lambert	35	1:13.88
Barry Carlson	39	1:14.60
Gary Johnson	38	1:15.81
Pat Caudill	36	1:16.54
Dick Hodge	36	1:21.17
Karl Von Tagen	38	DQ

Men 40-44

50 Free

David Boyd	40	:25.86
Ron Nakata	42	:26.09
C. A. Schaumburg	43	:26.18*
Robert Pailthorp	44	:30.79
Richard Gordon	40	:33.29

50 Back

David Boyd	40	:31.26
C. A. Schaumburg	43	:32.33
Ron Nakata	42	:35.53
Robert Pailthorp	44	:38.31
Richard Gordon	40	:47.80

50 Breast

Ron Nakata	42	:35.14
C. A. Schaumburg	43	:36.08
David Boyd	40	:36.39
Richard Gordon	40	:39.19
Robert Pailthorp	44	DQ

50 Fly

David Boyd	40	:28.84
Ron Nakata	42	:29.37
C. A. Schaumburg	43	:29.54
Robert Pailthorp	44	:35.52
Richard Gordon	40	:41.39

100 IM

Ron Nakata	42	1:07.69
C. A. Schaumburg	43	1:08.47
David Boyd	40	1:10.06
Richard Gordon	40	1:27.51

Men 45-49

50 Free

Dick Slawson	45	:27.13
Jim Bigler	46	:28.71
Joe Gamblin	46	:31.95

50 Back		
Jim Bigler	46	:33.07
Dick Slawson	45	:33.58
Joe Gamblin	46	:49.59

50 Breast

Jim Bigler	46	:36.21
Dick Slawson	45	:36.81
Joe Gamblin	46	DQ

50 Fly

Dick Slawson	45	:30.80
Jim Bigler	46	:33.15
Joe Gamblin	46	:39.49

100 IM

Dick Slawson	45	1:12.71
Jim Bigler	46	1:13.43
Joe Gamblin	46	1:31.86

Men 50-54

50 Free

Eric Guest	52	:27.83
Lee Miesen	54	:35.29

50 Back

Lee Miesen	54	:39.88
Eric Guest	52	:41.62

50 Breast

Eric Guest	52	:37.12
Lee Miesen	54	:38.15

50 Fly

Eric Guest	52	:34.64
Lee Miesen	54	:39.99

100 IM

Eric Guest	52	1:18.93
Lee Miesen	54	1:23.88

Men 55-59

50 Free

Jim Holland	57	:29.61
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50 Back

Jim Holland	57	:43.17
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50 Breast

Jim Holland	57	:41.11
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50 Fly

Jim Holland	57	:37.12
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100 IM

Jim Holland	57	1:25.55
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Men 60-65

50 Free

Earl Walter	60	:29.05
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50 Back

Earl Walter	60	:34.71
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50 Breast

Earl Walter	60	:37.70
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50 Fly

Earl Walter	60	:33.58
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100 IM

Earl Walter	60	1:16.02
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Men 65-69

50 Free

Don Stevenson	69	:33.39
Syd Henty	68	:34.08

50 Back

Syd Henty	68	:40.12
Don Stevenson	69	:42.92

50 Breast

Don Stevenson	69	:44.58
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50 Fly

Don Stevenson	69	:41.63
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100 IM

Don Stevenson	69	1:30.05
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Women 25-29

50 Free

Peggy Lubchenco	26	:27.15
Vicki Moore	26	:29.81

Barbara O'Brien	27	:29.86
Cathy Zagunis	29	:30.46
Gay Koenig	26	:31.28
Gayle Miller	25	:31.92
Debra Angello	28	:32.17
Debra Hardmeyer	29	:33.69

50 Back

Cathy Zagunis	29	:33.26
Peggy Lubchenco	26	:34.16
Barbara O'Brien	27	:37.40
Vicki Moore	26	:37.57
Debra Angello	28	:38.64
Gayle Miller	25	:39.75
Gay Koenig	26	:43.66
Debra Hardmeyer	29	:47.48

50 Breast

Peggy Lubchenco	26	:35.71
Debra Angello	28	:38.36
Vicki Moore	26	:39.48
Gay Koenig	26	:39.48
Kathy Zagunis	29	:39.88
Barbara O'Brien	27	:41.87
Gayle Miller	25	:44.72
Debra Hardmeyer	29	:50.65

50 Fly

Peggy Lubchenco	26	:30.09
Cathy Zagunis	29	:33.83
Barbara O'Brien	27	:34.28
Debra Angello	28	:34.29
Vicki Moore	26	:35.06
Gayle Miller	25	:36.71
Gay Koenig	26	:38.61
Debra Hardmeyer	29	:50.28

100 IM

Peggy Lubchenco	26	1:09.30
Cathy Zagunis	29	1:12.73
Vicki Moore	26	1:14.58
Debra Angello	28	1:16.23
Barbara O'Brien	27	1:19.12
Gayle Miller	25	1:23.82
Gay Koenig	26	1:26.06
Debra Hardmeyer	29	1:35.55

Women 30-34

50 Free

Tanya Mansigh	32	:27.89
Sandi Rousseau	34	:28.77
Sue Snyder	32	:28.81
Darlene Pohl	31	:29.49
Karyn Hale	30	:32.36
Nancy Milner	30	:33.06

50 Back

Tanya Mansigh	32	:32.84
Sue Snyder	32	:33.43
Darlene Pohl	31	:34.45
Sandi Rousseau	34	:35.83
Karyn Hale	30	:40.99
Nancy Milner	30	:45.30

50 Breast

Sue Snyder	32	:37.33
Tanya Mansigh	32	:38.54
Darlene Pohl	31	:38.58
Karyn Hale	30	:39.08
Sandi Rousseau	34	:40.68
Nancy Milner	30	:43.90

50 Fly			
Barbara Frid	39	:32.37	
Linda Jones	39	:37.78	
100 IM			
Barbara Frid	39	1:16.59	
Linda Jones	39	1:25.15	
Women 40-44			
50 Free			
Nancy Ross	44	:29.25	
Susan Rittenhouse	44	:29.66	
Peggie Hodge	41	:37.43	
50 Back			
Susan Rittenhouse	44	:36.93	
Nancy Ross	44	:37.92	
Peggie Hodge	41	:51.55	
50 Breast			
Nancy Ross	44	:41.92	
Susan Rittenhouse	44	:42.98	
Peggie Hodge	41	:46.64	
50 Fly			
Susan Rittenhouse	44	:33.54	
Nancy Ross	44	:34.92	
Peggie Hodge	41	:50.64	
100 IM			
Nancy Ross	44	1:18.43	
Susan Rittenhouse	44	1:18.43	
Peggie Hodge	41	1:41.10	

Women 45-49

50 Free			
Lavelle Stoinoff	48	:31.22	
Nadine Whitehall	47	:32.20	
Joan Whisman	45	:33.09	
Connie Wilson	47	:37.41	
50 Back			
Connie Wilson	47	:37.90	
Lavelle Stoinoff	48	:39.28	
Nadine Whitehall	47	:42.64	
Joan Whisman	45	:44.12	
50 Breast			
Nadine Whitehall	47	:43.65	
Lavelle Stoinoff	48	:44.42	
Joan Whisman	45	:45.14	
Connie Wilson	47	:52.29	
50 Fly			
Nadine Whitehall	47	:34.62	
Joan Whisman	45	:38.12	
Lavelle Stoinoff	48	:40.89	
Connie Wilson	47	:52.43	
100 IM			
Lavelle Stoinoff	48	1:22.21	
Joan Whisman	45	1:26.80	
Nadine Whitehall	47	1:27.41	
Connie Wilson	47	1:38.50	
Women 55-59			
50 Free			
Mary Ann Wolfe	55	:35.45	
50 Back			
Mary Ann Wolfe	55	:43.16	
50 Breast			
Mary Ann Wolfe	55	:51.44	
50 Fly			
Mary Ann Wolfe	55	:47.81	
100 IM			
Mary Ann Wolfe	55	1:35.64	
Women 60-64			
50 Free			
Elfie Stevenin	60	:56.98	
50 Back			
Elfie Stevenin	60	1:04.15	
50 Breast			
Elfie Stevenin	60	1:13.24	
50 Fly			
Elfie Stevenin	60	1:17.46	
100 IM			
Elfie Stevenin	60	2:30.85	

Women 70-74			
50 Free			
Hazel Bressie	72	1:30.57	
50 Back			
Hazel Bressie	72	1:24.02	
50 Breast			
Hazel Bressie	72	1:33.57	
50 Fly			
Hazel Bressie	72	1:58.46	
100 IM			
Hazel Bressie	72	3:27.60	
Women 80-84			
50 Free			
Martha Keller	80	1:04.06	
50 Back			
Martha Keller	80	DQ	
50 Breast			
Martha Keller	80	1:30.54	
50 Fly			
Martha Keller	80	DQ	
100 IM			
Martha Keller	80	3:17.03	

Results of
D.C. Department of Recreation
Masters Swim Meet
9 January 1982
Washington D.C.
Sanction No. 82-1(25 Yd Pool)
Meet Director
Alfonso Allen
9812 Muirfield Dr.
Upper Marlboro Md. 20772
301-743-4358/4723/4510/4250

WOMEN 25-29			
50 yds Freestyle			
Kim Hansen	25	26.42	
Diane Cheffins	26	31.57	
Susan Gadjatsy	26	33.25	
100 yds Freestyle			
Kim Hansen	25	59.23	
50 yds Backstroke			
Susan Gadjatsy	26	43.85	
50 yds Breaststroke			
Patricia Coutet	28	35.55	
Susan Gadjatsy	26	46.64	
50 yds Breaststroke(Novice)			
Diane Cheffins	26	45.75	
100 yds Breaststroke			
Patricia Coutet	28	1:16.68	
Barbara Bowman	27	1:22.45	
200 yds Breaststroke			
Patricia Courtet	28	2:46.09	
50 yds Butterfly			
Diane Cheffins	26	36.29	
Susan Gadjatsy	26	38.02	
100 yds Butterfly			
Barbara Bowman	27	1:13.68	
100 yds Individual Medley			
Kim Hansen	25	1:10.68	
Barbara Bowman	27	1:11.83	
Patricia Courtet	28	1:11.86	
Diane Cheffins	26	1:25.35	
200 yds Individual Medley			
Barbara Bowman	27	2:36.95	
WOMEN 30-34			
50 yds Freestyle			
Patricia Haffey	30	29.45	
Pamela Stinson	30	30.75	
100 yds Freestyle			
Patricia Haffey	30	1:04.64	
Didido Clark	31	1:05.40	
Gail Dummer	31	1:17.44	
200 yds Freestyle			
Patricia Haffey	30	2:26.92	
Didido Clark	31	2:31.96	
Rebecca Snyder	33	2:48.18	
500 yds Freestyle			
\$Rebecca Snyder	33	7:18.52	
Didido Clark	31	7:28.94	
50 yds Backstroke			
Patricia Haffey	30	37.62	

100 yds Backstroke			
Susan Schaffer	34	1:20.09	
Patricia Haffey	30	1:21.06	
200 yds Backstroke			
Susan Schaffer	34	2:46.61	
Patricia Haffey	30	2:49.86	
Dolley McClary	33	3:02.00	
50 yds Breaststroke			
Dorothy Wise	30	33.49	
Gail Dummer	31	38.88	
Pamela Stinson	30	38.93	
Dolley McClary	33	42.22	
100 yds Breaststroke			
Didido Clark	31	1:26.81	
Gail Dummer	31	1:30.36	
50 yds Butterfly			
Dorothy Wise	30	29.23	
50 yds Butterfly(Novice)			
\$Rebecca Snyder	33	40.58	
200 yds Butterfly			
Dorothy Wise	30	2:30.72	
100 yds Individual Medley			
Dolley McClary	33	1:22.56	
Gail Dummer	31	1:26.58	
\$Rebecca Snyder	33	1:31.96	
200 yds Individual Medley			
Susan Schaffer	34	2:46.72	
Dolley McClary	33	2:56.31	
WOMEN 35-39			
50 yds Freestyle			
Mary Lou Wilt	35	37.51	
100 yds Freestyle			
Barbara Charles	38	1:16.50	
200 yds Freestyle			
Carol Chidester	37	2:11.90	
Judy Decker	39	2:33.88	
Mary Lou Wilt	35	3:14.00	
500 yds Freestyle			
Carol Chidester	37	5:56.63	
Patricia Durkin	39	9:13.72	
50 yds Backstroke			
Mary Lou Wilt	35	44.28	
Mary Farrell	37	58.62	
200 yds Backstroke			
Carol Chidester	37	2:29.00*	
50 yds Breaststroke			
Judy Decker	39	38.83	
Mary Lou Wilt	35	48.42	
100 yds Breaststroke			
Judy Decker	39	1:26.26	
Barbara Charles	38	1:38.24	
50 yds Butterfly			
Judy Decker	39	34.61	
100 yds Butterfly			
Carol Chidester	37	1:09.30	
Judy Decker	39	1:24.98	
100 yds Individual Medley			
Judy Decker	39	1:19.54	
200 yds Individual Medley			
Judy Decker	39	2:55.78	
WOMEN 40-44			
100 yds Freestyle			
Charlene Burke	40	1:14.39	
Joann Leilich	42	1:16.20	
200 yds Freestyle			
Charlene Burke	40	2:44.54	
500 yds Freestyle			
Charlene Burke	40	7:16.96	
50 yds Backstroke			
Charlene Burke	40	39.79	
200 yds Backstroke			
Charlene Burke	40	3:03.21	
50 yds Breaststroke			
Joann Leilich	42	37.76	
Charlene Burke	40	44.35	
100 yds Breaststroke			
Joann Leilich	42	1:21.89	
200 yds Breaststroke			
Joann Leilich	42	3:00.98	
100 yds Individual Medley			
Charlene Burke	40	1:24.60	
WOMEN 45-49			
50 yds Freestyle			
Jean Gentry	46	38.93	
100 yds Freestyle			
Jean Gentry	46	1:28.05	
Marylyn Calabrese	46	1:39.47	
200 yds Freestyle			
Marylyn Calabrese	46	2:32.55	
50 yds Backstroke			
Jean Gentry	46	45.74	
100 yds Backstroke			
Marylyn Calabrese	46	1:52.42	
200 yds Backstroke			
Marylyn Calabrese	46	4:01.75	
50 yds Breaststroke			
\$Margaret Land	45	41.91	
50 yds Breaststroke(Novice)			
Jean Gentry	46	1:13.56	

100 yds Breaststroke			
\$Margaret Land	45	1:32.01	
100 yds Individual Medley			
\$Margaret Land	45	1:24.88	
WOMEN 50-54			
50 yds Freestyle			
Mary Ann Treiber	51	39.71	
100 yds Freestyle			
Mary Ann Treiber	51	1:27.77	
Betty Griffin	50	1:31.45	
Mathilde Huber	54	1:51.54	
200 yds Freestyle			
Betty Griffin	50	2:24.03	
500 yds Freestyle			
Betty Griffin	50	8:55.83	
Barbara Glancy	50	8:56.77	
50 yds Backstroke			
Barbara Glancy	50	49.74	
200 yds Backstroke			
Mathilde Huber	54	5:42.22	
100 yds Breaststroke			
Mary Ann Treiber	51	1:48.74	
Mathilde Huber	54	2:04.88	
50 yds Butterfly			
Barbara Glancy	50	49.46	
Betty Griffin	50	1:02.38	
200 yds Butterfly			
Barbara Glancy	50	3:57.07	
100 yds Individual Medley			
Mary Ann Treiber	51	1:39.10	
Barbara Glancy	50	1:41.25	
Betty Griffin	50	2:03.57	
200 yds Individual Medley			
Mathilde Huber	54	4:48.61	
WOMEN 60-64			
50 yds Freestyle			
Helen Hummer	62	37.32	
Betty Hickok	63	58.48	
100 yds Freestyle			
Mini Lee	61	1:20.36	
Helen Hummer	62	1:24.27	
Lorraine Murphy	63	1:52.69	
Betty Hickok	63	2:24.94	
200 yds Freestyle			
Mini Lee	61	3:04.03	
Helen Hummer	62	4:08.41	
Betty Hickok	63	5:30.82	
500 yds Freestyle			
Helen Hummer	62	8:14.40	
Betty Hickok	63	14:41.57	
100 yds Backstroke			
Betty Hickok	63	2:38.76	
200 yds Backstroke			
Mini Lee	61	3:57.89	
Lorraine Murphy	63	4:12.03	
Betty Hickok	63	5:46.36	
50 yds Breaststroke			
Lorraine Murphy	63	1:13.28	
100 yds Breaststroke			
Mini Lee	61	1:41.16	
200 yds Breaststroke			
Mini Lee	61	3:40.94	
50 yds Butterfly			
Helen Hummer	62	46.07	
100 yds Butterfly			
Helen Hummer	62	1:50.40	
WOMEN 70-74			
100 yds Freestyle			
Rita Shephard	72	1:47.75	
200 yds Freestyle			
Rita Shephard	72	3:54.19	
Elsa Mattila	71	4:05.97	
100 yds Backstroke			
Elsa Mattila	71	1:56.46	
200 yds Backstroke			
Elsa Mattila	71	4:09.20*	
Rita Shephard	72	4:44.71	
50 yds Butterfly			
Rita Shephard	72	1:09.28	
100 yds Butterfly			
Elsa Mattila	71	2:26.79	
100 yds Individual Medley			
Rita Shephard	72	2:18.71	
200 yds Individual Medley			
Elsa Mattila	71	4:22.40*	
MEN 25-29			
50 yds Freestyle			
Peter Munger	29	22.29	
\$Peter Engelstad	28	23.66	
Leon Wells	26	26.48	
100 yds Freestyle			
\$Peter Engelstad	28	52.09	
Leon Wells	26	1:05.69	
200 yds Freestyle			
Dave Blum	28	2:19.49	
500 yds Freestyle			
Robert Hansen	27	5:05.74	
Dave Blum	28	6:03.63	

100 yds Backstroke		
Leon Wells	26	1:26.99
200 yds Backstroke		
Peter Engelstad	28	2:26.43
50 yds Breastroke		
Yohinnie Shambourger	28	32.48
Dave Blum	28	36.47
100 yds Breastroke		
Robert Hansen	27	1:05.30
Dave Blum	28	1:17.14
Leon Wells	26	1:18.56
200 yds Breastroke		
Robert Hansen	27	2:23.57
Dave Blum	28	2:47.51
50 yds Butterfly		
Peter Munger	29	23.53
Bob Monsheimer	26	26.84
Mark Walters	29	29.01
Leon Wells	26	31.33
100 yds Butterfly		
Bob Monsheimer	26	1:00.26
Mark Walters	29	1:05.35
100 yds Individual Medley		
Bob Monsheimer	26	1:03.29
Leon Wells	26	1:12.34
Mark Walters	29	1:13.40
200 yds Individual Medley		
Yohinnie Shambourger	28	2:45.93
MEN 30-34		
50 yds Freestyle		
Roy Fagin	30	23.21
John Croley	31	25.09
L. DeMille Wagman	30	25.50
David Weiss	34	27.67
Gregory, Mattson	30	28.02
100 yds Freestyle		
L. DeMille Wagman	30	57.21
200 yds Freestyle		
David Weiss	34	2:32.65
500 yds Freestyle		
Don Anderson	30	5:30.03
David Weiss	34	7:03.18
50 yds Backstroke		
Toby Shannon	33	35.40
100 yds Backstroke		
Don Anderson	30	1:04.71
200 yds Backstroke		
Don Anderson	30	2:21.98
50 yds Breastroke		
Gregory Mattson	30	38.67
100 yds Breastroke		
L. DeMille Wagman	30	1:15.49
David Weiss	34	1:23.17
Gregory Mattson	30	1:27.98
200 yds Breastroke		
Don Anderson	30	2:24.84
50 yds Butterfly		
Roy Fagin	30	26.88
John Croley	31	28.14
Toby Shannon	33	31.81
100 yds Butterfly		
John Croley	31	1:09.96
200 yds Butterfly		
Toby Shannon	33	3:45.19
100 yds Individual Medley		
L. DeMille Wagman	30	1:06.87
MAN 35-39		
50 yds Freestyle		
Henry DeWitt	35	23.44
David Schwartz	37	25.25
Gary Jones	35	25.48
100 yds Freestyle		
Henry DeWitt	35	50.43
Gary Jones	35	57.94
David Schwartz	37	59.77
200 yds Freestyle		
Henry DeWitt	35	1:55.23
500 Yds Freestyle		
Henry DeWitt	35	5:39.46
50 yds Backstroke		
Tom Calomeris	39	28.37
200 yds Backstroke		
Tom Calomeris	39	2:19.96
50 yds Breastroke		
Walter Meares	38	34.14
Gary Jones	35	35.41
100 yds Breastroke		
Jet Lowe	35	1:22.54
200 yds Breastroke		
Walter Meares	38	2:49.92
50 yds Butterfly		
Gary Jones	35	30.79
Alan Roth	39	34.07
50 yds Butterfly(Novice)		
Jet Lowe	35	32.08
100 yds Butterfly		
Henry DeWitt	35	59.41
200 yds Individual Medley		
David Schwartz	37	2:40.73

MEN 40-44		
50 yds Freestyle		
Jerome Yurow	40	26.00
Dave Harrison	44	26.84
Floyd DeAndrade	43	27.51
100 yds Freestyle		
Dave Harrison	44	1:00.47
Robert Parke	43	1:06.94
200 yds Freestyle		
Dave Harrison	44	2:18.58
500 yds Freestyle		
Floyd DeAndrade	43	6:18.61
Jerome Yurow	40	6:42.86
Robert Parke	43	7:16.01
50 yds Backstroke		
Arthur Smith	42	28.95
David Diehl	40	32.54
Richard Hay	44	32.94
Floyd DeAndrade	43	33.00
100 yds Backstroke		
Arthur Smith	42	1:04.49
Floyd DeAndrade	43	1:12.01
David Diehl	40	1:15.21
Richard Hay	44	1:20.14
200 yds Backstroke		
Arthur Smith	42	2:21.92
Floyd Andrade	43	2:34.21
David Diehl	40	2:53.50
Richard Hay	44	2:55.70
50 yds Breastroke		
Jerome Yurow	40	32.61
50 yds Butterfly		
Arthur Smith	42	27.77
Jerome Yurow	40	1:10.96
Richard Hay	44	1:16.27
MEN 45-49		
50 yds Freestyle		
Edward Izumi	48	28.64
Lee Countess	47	29.22
Jim Lieberman	47	40.49
100 yds Freestyle		
Lee Countess	47	1:07.22
Edward Izumi	48	1:08.99
Jim Lieberman	47	1:32.42
200 yds Freestyle		
Carl Russ	46	2:17.58
500 yds Freestyle		
Lee Countess	47	8:40.21
50 yds Backstroke		
Edward Izumi	48	34.63
Lee Countess	47	40.20
200 yds Backstroke		
Lee Countess	47	4:03.40
50 yds Breastroke		
Ray Chen	48	36.79
Edward Izumi	48	37.45
100 yds Breastroke		
Ray Chen	48	1:27.12
Carl Russ	46	1:32.45
200 yds Breastroke		
Ray Chen	48	3:00.48
Carl Russ	46	3:19.52
50 yds Butterfly		
Ray Chen	48	33.04
Carl Russ	46	37.59
200 yds Butterfly		
Ray Chen	48	3:16.36
100 yds Individual Medley		
Carl Russ	46	1:16.79
Lee Countess	47	1:27.21
200 yds Individual Medley		
Carl Russ	46	2:42.62
Ray Chen	48	2:45.80
MEN 50-54		
50 yds Freestyle		
Alfonso Allen	52	27.92
Norman Rainer	53	29.45
Bill Van Balen	52	35.34
100 yds Freestyle		
Edward Richards	53	1:02.91
Bill Van Balen	52	1:20.57
200 yds Freestyle		
Alfonso Allen	52	2:33.13
Bill Van Balen	52	3:11.57
500 yds Freestyle		
Bill Van Balen	52	8:57.81
50 yds Backstroke		
Edward Richards	53	33.29
David McCulloch	50	36.01
Bill Van Balen	52	50.15
100 yds Backstroke		
Edward Richards	53	1:17.14
David McCulloch	50	1:17.48
Bill Van Balen	52	1:54.03
200 yds Backstroke		
David McCulloch	50	2:49.59
Edward Richards	53	2:58.12
Bill Van Balen	52	4:12.98
50 yds Breastroke		
Norman Rainer	53	41.66

100 yds Breastroke		
Alfonso Allen	52	1:26.08
50 yds Butterfly		
Norman Rainer	53	36.37
100 yds Butterfly		
Norman Rainer	53	1:38.26
100 yds Individual Medley		
David McCulloch	50	1:17.56
Norman Rainer	53	1:25.24
200 yds Individual Medley		
Norman Rainer	53	3:16.13
MEN 55-59		
50 yds Freestyle		
Bill Campbell	58	28.67
James Ferguson	57	33.67
100 yds Freestyle		
Bill Campbell	58	1:09.16
Garnett McCoy	56	1:10.60
200 yds Freestyle		
Bill Campbell	58	2:47.53
50 yds Backstroke		
Garnett McCoy	56	35.23
Albert Bove	57	41.17
100 yds Backstroke		
Garnett McCoy	56	1:21.68
50 yds Breastroke		
Albert Bove	57	43.34
James Ferguson	57	42.43
50 yds Breastroke(Novice)		
Bill Campbell	58	40.34
100 yds Breastroke		
Albert Bove	57	1:38.59
James Ferguson	57	1:38.96
200 yds Breastroke		
James Ferguson	57	3:37.60
100 yds Individual Medley		
Albert Bove	57	1:34.00
MEN 60-64		
50 yds Freestyle		
Ranjan Borra	60	47.27
100 yds Freestyle		
Birch Davidson	63	1:04.29
Ranjan Borra	60	1:57.27
200 yds Freestyle		
Frank Murphy	63	2:39.80
500 yds Freestyle		
Frank Murphy	63	7:11.62
50 yds Backstroke		
Birch Davidson	63	34.71
Ranjan Borra	60	57.09
100 yds Backstroke		
Frank Murphy	63	1:33.55
200 yds backstroke		
Frank Murphy	63	3:27.08
50 yds Breastroke		
Birch Davidson	63	36.53
50 yds Breastroke(Novice)		
Ranjan Borra	60	1:11.07
50 yds Butterfly		
Birch Davidson	63	32.80
200 yds Butterfly		
Birch Davidson	63	3:02.46
100 yds Individual Medley		
Birch Davidson	63	1:13.36
MEN 65-59		
50 yds Freestyle		
Francis Miller	68	36.61
Richard Ware	65	38.21
100 yds Freestyle		
Francis Miller	68	1:28.83
200 yds Freestyle		
Francis Miller	68	3:35.58
Les Finnegan	68	3:45.16
500 yds Freestyle		
Kelly Lemmon	69	7:02.85
Francis Miller	68	9:26.48
Les Finnegan	68	9:54.11
50 yds Backstroke		
Kelly Lemmon	69	39.32
Richard Ware	65	42.24
Les Finnegan	68	51.95
Francis Miller	68	54.22
100 yds Backstroke		
Les Finnegan	68	1:51.73
Francis Miller	68	2:02.91
200 yds Backstroke		
Kelly Lemmon	69	3:18.04
Richard Ware	65	3:49.18
Les Finnegan	68	3:56.19
50 yds Breastroke(Novice)		
Richard Ware	65	1:08.28
50 yds Butterfly(Novice)		
Richard Ware	65	1:03.92

IC MASTFRS 1650 AND		
200 FLY MEET 12/13/1981		
FUN & FITNESS, ARLINGTON, VA.		
WOMEN 25-29		
1650 Free		
Kim Abramson		20:15.70
Jeanne Mason		21:03.06
200 yd. Fly		
Frisky Stringer		3:38.04
WOMEN 30-34		
1650 Free		
Diddo Clark		23:16.00
Gail Dummer		26:34.98
Susan Lyngaas		27:04.80
200 yd. Fly		
Gail Dummer		3:22.46
WOMEN 35-39		
1650 Free		
Martha Witebsky		30:03.35
WOMEN 40-44		
1650 Free		
Judy Collins		25:39.10
Karen Klisch		26:41.95
200 yd. Fly		
Judy Collins		3:21.76
WOMEN 45-49		
1650 Free		
Nancy Brown		22:41.27
Barbara Glancy		31:50.10
200 yd. Fly		
Barbara Glancy		3:52.33
WOMEN 50-54		
1650 Free		
Betty Griffin		30:33.84
WOMEN 60-64		
1650 Free		
Mimi Lee		27:26.27
WOMEN 65-69		
1650 Free		
Mary Lathram		36:45.63
WOMEN 70-74		
1650 Free		
Rita Shephard		35:14.40
Elsa Mattila		36:30.73
MEN 25-29		
1650 Free		
Bob Hansen		18:12.13
Bob Monsheimer		21:48.73
200 yd. Fly		
Bob Hansen		2:02.32
MEN 30-34		
1650 Free		
Anton Canew		23:26.77
Toby Shannon		29:25.85
MEN 35-39		
1650 Free		
John Flanagan		18:57.50
Jim Myerberg		21:24.23
Walter Meares		24:01.51
200 yd. Fly		
John Flanagan		2:10.14
Ken Berquist		2:25.13
MEN 40-44		
1650 Free		
Art Smith		21:01.21
Paul Lovett		22:36.50
Brian Shalen		24:41.52
Robert Parke		25:51.29
Richard Hay		27:11.14
MEN 45-49		
1650 Free		
Ray Chen		26:31.13
Tazewell Banks		32:33.00
200 yd. Fly		
Ray Chen		3:21.10
Tazewell Banks		4:35.38
MEN 50-54		
1650 Free		
John Alleva		21:20.06
Charlie Moyer		26:32.05
Norman Rainer		27:55.77
MEN 55-59		
1650 Free		
John MacKenzie		25:07.00
William Phillips		27:54.58
MEN 60-64		
1650 Free		
Frank Murphy		24:59.94
Ranjan Borra		46:21.42
MEN 65-69		
1650 Free		
Kelly Lemmon		26:38.16
Francis Miller		33:09.74
Les Finnegan		35:19.28
MEN 70-74		
1650 Free		
Dave McAfee		29:30.39
Howard Smith		38:25.36
MEN 75-79		
1650 Free		
Ted Johnson		37:03.28

CHRISTMAS SWIM MEET
SOUTH GATE, CA 5 DEC. 1981

WOMEN 25-29

50 YARD FREESTYLE
MARILYN SILVA 27* 26.33
BARBARA HELD 27 27.30
DIANE DAGOSTA 25 27.96
ALLISON JOLLY 25 29.15
LOUISE E CULLEN 25 32.59
MONICA FAY 27 35.09
ANNE HOPMEISTER 27 36.03
JILL P. WILEY 26 36.16
ESTHER ALOIA 26* 39.84

100 YARD FREESTYLE
MARILYN SILVA 27* 57.09
BARBARA HELD 27 58.25
DIANE DAGOSTA 25 59.82
ALLISON JOLLY 25 1:06.86
LOUISE E CULLEN 25 1:12.74
MONICA FAY 27 1:14.66
ANNE HOPMEISTER 27 1:22.54
JILL P. WILEY 26 1:34.48
ESTHER ALOIA 26* 1:39.43

200 YARD FREESTYLE
MARILYN SILVA 27* 31.63
MONICA DYBALSKI 28 32.79
KIMBERLY W MCGALIAN 25 33.26
COLLEEN COGAN-JONES 26 33.91
ALLISON JOLLY 25 36.20
MONICA FAY 27 40.28
JILL P. WILEY 26 41.34
ESTHER ALOIA 26* 43.59

50 YARD BACKSTROKE
KIMBERLY W MCGALIAN 25 1:11.77
MONICA DYBALSKI 28 1:12.83
COLLEEN COGAN-JONES 26 1:17.86
JILL P. WILEY 26 1:39.60
ESTHER ALOIA 26* 1:44.47

100 YARD BACKSTROKE
LORI SCOTT 25 34.45
VIRGINIA BENZER 26 38.01
MONICA DYBALSKI 28 38.41
KIMBERLY W MCGALIAN 25 38.45
LOUISE E CULLEN 25 39.25
ALLISON JOLLY 25 40.88
MONICA FAY 27 46.23
ANNE HOPMEISTER 27 47.59
ESTHER ALOIA 26* 58.04
JILL P. WILEY 26 1:09.16

200 YARD BACKSTROKE
LORI SCOTT 25 2:37.81
KIMBERLY W MCGALIAN 25 2:52.21
VIRGINIA BENZER 26 3:04.53
LOUISE E CULLEN 25 3:11.40

50 YARD BUTTERFLY
KIMBERLY W MCGALIAN 25 2:20.70
BARBARA HELD 27 2:24.49

100 YARD BUTTERFLY
LORI SCOTT 25 1:05.75
MARILYN SILVA 27* 1:08.52
MONICA DYBALSKI 28 1:11.67
DIANE DAGOSTA 25 1:12.76
VIRGINIA BENZER 26 1:17.63
COLLEEN COGAN-JONES 26 1:17.67
ALLISON JOLLY 25 1:19.70
LOUISE E CULLEN 25 1:25.68
MONICA FAY 27 1:27.31
ANNE HOPMEISTER 27 1:35.98

WOMEN 30-34

50 YARD FREESTYLE
LUCY JOHNSON 34 28.70
BARBARA DUNBAR 32* 30.56
PAMELA G. HEAD 30 32.13
DORIS J. RYDER 34 34.06
MARYANN MCCULLOUGH 31* 38.13

100 YARD FREESTYLE
PAMELA G. HEAD 30 1:11.72
DORIS J. RYDER 34 1:16.35
MARYANN MCCULLOUGH 31* 1:25.71

200 YARD FREESTYLE
BARBARA DUNBAR 32* 34.70
KATHERINE WATSON 33 38.38
DORIS J. RYDER 34 40.85
MARYANN MCCULLOUGH 31* 50.93

50 YARD BACKSTROKE
KATHERINE WATSON 33 1:22.14

100 YARD BACKSTROKE
BARBARA DUNBAR 32* 37.62
PAMELA G. HEAD 30 39.44
LUCY JOHNSON 34 41.07
KATHERINE WATSON 33 49.80

200 YARD BACKSTROKE
LUCY JOHNSON 34 3:10.03
PAMELA G. HEAD 30 3:14.24

50 YARD BUTTERFLY
KATHERINE WATSON 33 3:26.75

100 YARD BUTTERFLY
BARBARA DUNBAR 32* 1:11.70
LUCY JOHNSON 34 1:11.88
DORIS J. RYDER 34 1:34.65

WOMEN 35-39

50 YARD FREESTYLE
DIANA TODD 38 26.45
JO ANNE MILLER 35 40.77
JAN KLEIN 38 42.01

100 YARD FREESTYLE
JO ANNE MILLER 35 1:26.55

200 YARD FREESTYLE
JO ANNE MILLER 35 51.04
JAN KLEIN 38 53.50

50 YARD BACKSTROKE
JAN KLEIN 38 1:57.30

100 YARD BACKSTROKE
DIANA TODD 38 36.71
JAN KLEIN 38 54.09
JO ANNE MILLER 35 56.63

200 YARD BACKSTROKE
JO ANNE MILLER 35 1:44.13
JAN KLEIN 38 1:54.31

WOMEN 40-44

50 YARD FREESTYLE
JOAN JETER 42 30.95

100 YARD FREESTYLE
JANET E ROYER 40 1:06.49
JOAN JETER 42 1:11.46
NANCY KENNEDY 44 1:35.99

200 YARD FREESTYLE
JANET E ROYER 40 1:30.34

50 YARD BREASTSTROKE
HELEN GEOFFRION 42 43.72
JOAN JETER 42 45.02
ANN CARLYLE 41 48.55
NANCY KENNEDY 44 50.48

200 YARD BREASTSTROKE
JANET E ROYER 40 3:12.08
JOAN JETER 42 3:33.85
HELEN GEOFFRION 42 3:37.20
ANN CARLYLE 41 3:42.79
NANCY KENNEDY 44 3:50.38

100 YARD BUTTERFLY
JANET E ROYER 40 2:56.38
HELEN GEOFFRION 42 3:47.25
ANN CARLYLE 41 4:05.55

WOMEN 50-54

50 YARD FREESTYLE
JACQUELINE DUNLOP 50 31.90
MAURETA BUNGE 52 38.63
HELGA HAYES 53 39.47
MALCHIA S. OLSHAN 50 40.21

100 YARD FREESTYLE
JACQUELINE DUNLOP 50 1:14.76
HELGA HAYES 53 1:27.04
MALCHIA S. OLSHAN 50 1:28.63
MAURETA BUNGE 52 1:31.10

200 YARD FREESTYLE
JACQUELINE DUNLOP 50 1:34.93
JACQUELINE DUNLOP 50 41.16
HELGA HAYES 53 48.28
MALCHIA S. OLSHAN 50 50.33
MAURETA BUNGE 52 1:04.21

50 YARD BACKSTROKE
ANNE ADAMS 53 3:19.60
MALCHIA S. OLSHAN 50 3:50.84

100 YARD BACKSTROKE
ANNE ADAMS 53 3:12.25

200 YARD BACKSTROKE
JACQUELINE DUNLOP 50 1:26.28
MALCHIA S. OLSHAN 50 1:45.48

WOMEN 55-59

50 YARD FREESTYLE
DIANA SILVA 59* 40.55
CAROLA FISCHER 58 45.43

100 YARD FREESTYLE
GRACE ALTUS 57 1:22.83
MARY GOE 56 1:28.55
DIANA SILVA 59* 1:32.37

200 YARD FREESTYLE
MARY GOE 56 43.25
DIANA SILVA 59* 46.72
CAROLA FISCHER 58 50.87

50 YARD BACKSTROKE
DIANA SILVA 59* 1:40.94
CAROLA FISCHER 58 1:53.39
GRACE ALTUS 57 1:58.97

100 YARD BACKSTROKE
GRACE ALTUS 57 4:08.24

200 YARD BACKSTROKE
GRACE ALTUS 57 4:05.48

50 YARD BUTTERFLY
GRACE ALTUS 57 1:44.92

100 YARD BUTTERFLY
GRACE ALTUS 57 1:44.92

WOMEN 60-64

50 YARD FREESTYLE
MAURINE E. KORNFIELD 60 45.84
LORRAINE PETERSON 63 51.72

100 YARD FREESTYLE
BETTE F. CROWELL 61 1:22.36
RITA SIMONTO 63 1:27.27
LORRAINE PETERSON 63 1:52.31

200 YARD FREESTYLE
MAURINE E. KORNFIELD 60 56.58
LORRAINE PETERSON 63 1:02.48

50 YARD BACKSTROKE
BETTE F. CROWELL 61 1:41.83
LORRAINE PETERSON 63 2:11.10

100 YARD BACKSTROKE
RITA SIMONTO 63 3:53.24

200 YARD BACKSTROKE
RITA SIMONTO 63 4:00.45

50 YARD BUTTERFLY
BETTE F. CROWELL 61 1:34.80

100 YARD BUTTERFLY
BETTE F. CROWELL 61 1:34.80

WOMEN 65-69

50 YARD FREESTYLE
RUTH RIDENOUR 67 55.70

100 YARD FREESTYLE
M. GEORGE-SAMPSON 65 52.21
RUTH RIDENOUR 67 1:06.79

200 YARD FREESTYLE
M. GEORGE-SAMPSON 65 54.50

50 YARD BACKSTROKE
MAXINE MERLINO 69 3:51.41
M. GEORGE-SAMPSON 65 4:11.62
RUTH RIDENOUR 67 4:51.72

100 YARD BACKSTROKE
MAXINE MERLINO 69 3:58.35

200 YARD BACKSTROKE
M. GEORGE-SAMPSON 65 1:56.11
RUTH RIDENOUR 67 2:13.83

WOMEN 70-74

50 YARD FREESTYLE
JOHNNIE BELSHE 73 2:06.37

100 YARD FREESTYLE
WOMEN 75-79

50 YARD BACKSTROKE
KATHERINE PELTON 76 1:10.48

100 YARD BACKSTROKE
KATHERINE PELTON 76 2:45.58

200 YARD BACKSTROKE
KATHERINE PELTON 76 1:07.26

50 YARD BUTTERFLY
KATHERINE PELTON 76 5:07.28

100 YARD BUTTERFLY
KATHERINE PELTON 76 5:23.69

WOMEN 25-29

50 YARD FREESTYLE
BRUCE L. HOWELL 25* 23.03
MICHAEL HEATHER 27 23.18

100 YARD FREESTYLE
MARK ELLIOT 28 24.07
DON CURTIS 28 24.50

200 YARD FREESTYLE
JOHN CLEVELAND 25 25.17
MIKE SUTTLE 28 25.62
ROBERT J. SCHIER 28 26.00

100 YARD FREESTYLE
MARK ELLIOT 28 52.41
JOHN TOWNSEND 28 52.52
JOHN CLEVELAND 25 53.89
MICHAEL GILMORE 28 54.53
MIKE SUTTLE 28 55.02
DON CURTIS 28 55.07
EDWARD A. GRAHAM 29 55.74
ROBERT J. SCHIER 28 57.82

50 YARD BACKSTROKE
EDWARD A. GRAHAM 29 28.71
JOHN TOWNSEND 28 29.39
JOHN CLEVELAND 25 29.78
GREG HARRISON 29 32.02
MARK ELLIOT 28 34.82

100 YARD BACKSTROKE
MICHAEL HEATHER 27 1:03.63
EDWARD A. GRAHAM 29 1:04.26
JOHN TOWNSEND 28 1:06.37
GREG HARRISON 29 1:09.80

50 YARD BUTTERFLY
BRUCE L. HOWELL 25* 29.07
GREG HARRISON 29 31.98

100 YARD BUTTERFLY
MARK ELLIOT 28 33.31
DAN JENSEN 28 33.47

200 YARD BUTTERFLY
BRUCE L. HOWELL 25* 2:19.79
GREG HARRISON 29 2:25.30
DAN JENSEN 28 2:36.67

50 YARD FREESTYLE
JOHN CLEVELAND 25 2:14.53
JOHN TOWNSEND 28 2:32.04
EDWARD A. GRAHAM 29 2:33.46
MIKE SUTTLE 28 2:33.90

100 YARD FREESTYLE
BRUCE L. HOWELL 25* 58.47
MICHAEL HEATHER 27 59.93
MICHAEL GILMORE 28 1:02.82
GREG HARRISON 29 1:04.08
MARK ELLIOT 28 1:06.01
DON CURTIS 28 1:06.53
DAN JENSEN 28 DISQ

WOMEN 30-34

50 YARD FREESTYLE
RODNEY CARGILL 34 23.87
RALPH HEMINGTON 34* 24.16
KENNETH HAINES 34 24.50
TOM WHEELER 32 24.61
MICHAEL FARQUHAR 34* 25.25
JIM FARRELL 32* 25.39
DAVID A. HEAD 33 25.97
STEPHEN WASHBURN 34 26.45
RON NASH 30* 27.51
JAMES FARRELL JR. 30 27.98
ROBERT D. WASHBURN 33 29.04
JOHN ZYSKIND 30 30.28
PAUL S. PESQUIRIRA 31 31.10

100 YARD FREESTYLE
WILLIAM J. PENN 30 52.00
TOM WHEELER 32 54.23
TOM WHELAN 31 54.68
JIM FARRELL 32* 54.90
GLENN A. GRUBER 32 55.26
KENNETH HAINES 34 57.45
DAVID A. HEAD 33 57.98
MICHAEL FARQUHAR 34* 58.02
STEPHEN WASHBURN 34 59.20
ALAN HARTLEY 34 59.56
JOHN ZYSKIND 30 1:02.39
ROBERT D. WASHBURN 33 1:08.14

50 YARD BACKSTROKE
RALPH HEMINGTON 34* 28.50
LEIF HIDDLE 31 31.86
ALAN HARTLEY 34 33.39
STEPHEN WASHBURN 34 34.89
RON NASH 30* 38.01
PAUL S. PESQUIRIRA 31 39.30

100 YARD BACKSTROKE
RALPH HEMINGTON 34* 1:07.27
LEIF HIDDLE 31 1:09.71
STEPHEN WASHBURN 34 1:22.28

200 YARD BACKSTROKE
KLAUS BARTH 32 29.77
RODNEY CARGILL 34 30.26
RALPH HEMINGTON 34* 31.41
LEIF HIDDLE 31 32.62
ALAN HARTLEY 34 33.31
DAVID A. HEAD 33 33.52
RON NASH 30* 34.23
JAMES FARRELL JR. 30 36.32
TOM WHEELER 32 36.36
PAUL S. PESQUIRIRA 31 37.68

50 YARD BUTTERFLY
KLAUS BARTH 32 2:21.67
RODNEY CARGILL 34 2:29.80
WILLIAM J. PENN 30 2:34.33
ERIC NELSON 30 2:34.80
DAVID A. HEAD 33 2:51.69
JOHN ZYSKIND 30 2:59.63

100 YARD BUTTERFLY
WILLIAM J. PENN 30 2:04.08
KLAUS BARTH 32 2:20.92
JOHN ZYSKIND 30 2:58.00

200 YARD BUTTERFLY
RALPH HEMINGTON 34* 1:03.14
JIM FARRELL 32* 1:03.42
RODNEY CARGILL 34 1:03.60
GLENN A. GRUBER 32 1:06.45
TOM WHEELER 32 1:06.90
LEIF HIDDLE 31 1:07.81
STEPHEN WASHBURN 34 1:09.04
MICHAEL FARQUHAR 34* 1:09.47
ALAN HARTLEY 34 1:10.72
JAMES FARRELL JR. 30 1:11.54
DAVID P. DUNBAR 31* 1:17.35
JOHN ZYSKIND 30 1:18.95
PAUL S. PESQUIRIRA 31 1:22.86

WOMEN 35-39

50 YARD FREESTYLE
JON (BULLET) BALES 37 25.89
BOB BRIZIUS 35 26.81

100 YARD FREESTYLE
STEPHEN SAYLOR 39 55.01
BOB BRIZIUS 35 1:00.44
JEAN J. LORRE 36 1:01.37
THOMAS THOMSON 37 1:01.48

200 YARD FREESTYLE
BOB BRIZIUS 35 26.47

100 YARD BACKSTROKE
ROBERT S. SMITH 38 59.59
JEAN J. LORRE 36 1:15.01

50 YARD BREASTSTROKE
ROBERT S. SMITH 38 30.67
BOB BRIZIUS 35 36.56

200 YARD BREASTSTROKE
THOMAS THOMSON 37 2:36.63
JEAN J. LORRE 36 3:11.17

50 YARD BUTTERFLY
STEPHEN SAYLOR 39 2:41.47
JON (BULLET) BALES 37 2:49.99

100 YARD BUTTERFLY
ROBERT S. SMITH 38 58.78
THOMAS THOMSON 37 1:06.93
STEPHEN SAYLOR 39 1:08.78
BOB BRIZIUS 35 1:10.39
JON (BULLET) BALES 37 1:13.98

WOMEN 65-69

50 YARD FREESTYLE
WOODY BOWERSOCK 68 28.81
ED ALLEN 66 32.05
GENE WADE 67 36.56

100 YARD FREESTYLE
WOODY BOWERSOCK 68 1:09.44
ED ALLEN 66 1:15.46

200 YARD FREESTYLE
WOODY BOWERSOCK 68 39.09
ED ALLEN 66 45.29

50 YARD BACKSTROKE
WOODY BOWERSOCK 68 1:31.93

100 YARD BACKSTROKE
ED ALLEN 66 47.02

200 YARD BACKSTROKE
ED ALLEN 66 4:18.59

50 YARD BUTTERFLY
WOODY BOWERSOCK 68 1:31.05

WOMEN 70-74

50 YARD FREESTYLE
REG RICHARDSON 70 31.22
JOHN RILEY 73 38.33
ERNE HALE 71 41.92

100 YARD FREESTYLE
REG RICHARDSON 70 1:09.70

200 YARD FREESTYLE
ERNE HALE 71 49.60
JOHN RILEY 73 50.84

50 YARD BACKSTROKE
REG RICHARDSON 70 1:25.94

100 YARD BACKSTROKE
ERNE HALE 71 45.22

200 YARD BACKSTROKE
REG RICHARDSON 70 3:23.49
ERNE HALE 71 4:09.05

50 YARD BUTTERFLY
ERNE HALE 71 4:46.56

WOMEN 80-84

50 YARD FREESTYLE
JACK BLUMBERG 84 57.01

100 YARD FREESTYLE
JACK BLUMBERG 84 2:09.80

200 YARD FREESTYLE
JACK BLUMBERG 84 1:21.73

50 YARD BACKSTROKE
JACK BLUMBERG 84 2:51.94

100 YARD BACKSTROKE
JACK BLUMBERG 84 2:51.94

* DENOTES NON SPAAAN SWIMMER

PROGRAMMED BY CURTIS MOSSO

LONG COURSE ERRATA

MEN 70-74 Correction
50 METER BACKSTROKE
6 John Hoey 50.70

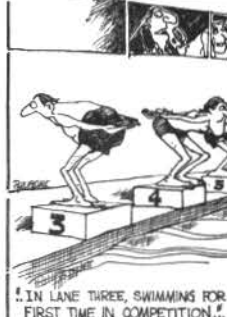
MEN 30-34 Correction
200 METER BUTTERFLY
10 Bruce Boyer 2:44.89

MEN 55-59 Remove
200 METER BUTTERFLY
3 Jurgen Schmidt 3:27.68

WOMEN 35+ Correction
200 METER FREE RELAY
3 Illinois Masters 2:25.11
(Bennett, Turcotte, Oberwels, David)

Chicago Today, Saturday, Dec. 23, 1972

ON CAMPUS With Phil Frank



26.90
32.04
1:03.53
1:10.80
1:10.84
1:12.13
50.72
37.47
1:14.55
1:47.67
34.26
35.59
39.70
39.94
40.07
2:58.75
2:59.23
3:12.03
3:17.43
3:24.34
3:31.05
3:01.05
3:34.08
1:10.02
1:20.35
1:27.58
1:37.15

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Swimming News

RULES - All amendments to our Masters Rules and Regulations may be proposed only by a local Masters Swimming Committee, a duly constituted committee or the Board of Directors. The deadline for submitting rule changes for 1982 will be Saturday, June 26th. The amendments are then submitted to the appropriate committee (Legislation or Rules) and those amendments receiving a majority vote of the committee members voting will be mailed to all members of the Board of Governors not less than one month prior to the annual meeting of the Board of Governors.....

1982 FINISH RULES FOR ALL STROKES

102.1 Breaststroke

(5) Finish

(a) Short Course -- One the finish the touch of the solid wall or pad must be etc....

(b) Long Course -- On the finish the touch of the solid wall or pad must be etc....

102.2 Butterfly

(5) Finish

(a) Short Course -- On the finish the touch of the solid wall or pad must be etc....

102.3 Backstroke

(4) Finish -- The swimmer shall have finished the race when any part of his person touches the solid wall or pad at the end of the pool.

102.4 Freestyle

(4) Finish -- The swimmer shall have finished the race when any part of his person touches the solid wall or pad at the end of the pool.

102.5 Individual Medley

(3) Finish -- The swimmer shall have finished the race when any part of his person touches the solid wall or pad at the end of the pool

102.6 Relays

(1) Freestyle Relay. Add: Freestyle finish rules apply.

THOUGHTS AND PHILOSOPHY FOR THE MASTER SWIMMER

- What is man's physical potential as he ages . . .

- Views of physiological aging - experiment of one . . .

- Study of health - not disease. Health is the study of universality of life . . .

- For some, sports is a therapy, an escape into the universal mind of man. The mundane things of living are surpassed which is the true reward, not the medal for surpassing your competitors. Sport is not a question of the meaning of life, but an answer . . .

- No man can understand for another --you must experience the inner self of swimming yourself. The world, not words (teaches), which Mark Twain points out in the observation, "Anyone who has had a bull by the tail, knows five or six things more than someone who hasn't . . ."

- Experts in exercise physiology have shown that the perpetual athlete is 20 to 30 years younger physically than their contemporaries . . .

- We must explore pain and exhaustion in the creative use of our bodies. Tax your physical capabilities frequently in a progressive manner to maintain a high level of the body's physiological functions. Decreases in the body's function is more of a part of disuse (hypokinetic disease) than aging . . .

NATIONAL MASTERS SPORTS FESTIVAL - The executive committee chairman, Jack Kelly (with members Dale Petranec, Rob Lea, Dave Mayor and Charles Colgan) has announced that the dates will be August 12 through 15 in Philadelphia. The University of Pennsylvania will be the center of activities for swimming. Entries will be open to foreign athletes and each sport will determine eligibility. There will be a social on Saturday night - a relaxed affair with an opportunity to meet participants from other sports.....

SWIM-MASTER

June Krauser, Editor
2308 N.E. 19th Avenue
Ft. Lauderdale, FL 33305

swim today...

swim for the health of it!

LIFETIME VIGOROUS SWIMMING FOR FUN, SPORT AND HEALTH

VOL XI - No 2

SWIM CALENDAR

FEBRUARY 1982

FEB 6	SC - Ed Levy, 7979 Symphony, Cincinnati, OH 45242
7	SC - Ron Bank, 80 Pebble Beach Dr., Little Rock, AR 72212
14	SC - O*H*1*0 - Pieter Cath, 29749 Harvard Rd., Cleveland, OH 44122
27	SC - Ed Hunter, 423 Flemridge, Cincinnati, OH 45231
27-28	SC - Region II - Barb Bowman, 22 Walden Mill Way, Catonsville, MD 21228
28	SC - Barbara Pustizzi, JCC, 18900 NE 25 Ave., North Miami Beach, FL 33180
MAR 12-14	SC - Ontario Champ. - Sheila Marsden, 36 Bernadine St., Scarborough, Ont. MIP 4M2
12-14	Hurth Swim Club near Cologne, West Germany
13-14	SC - John W. Woods, Rec Dept, 649 W. Livingston St., Orlando, FL 32801
13-14	DCM Spring Meet - Dave McAfee, 510 E. Broad St., Falls Church, VA 22046
14	SC - Peg McCollum, c/o Fairfield Y, 785 Nilles Rd., Vairfield, OH 45014
20-21	SC - Bill Carrow, P.O. Box 1150, Raleigh, NC 27602
20-21	SC - Region 8 - Andy Knapp, 1020 Timberridge, Harrah, OK 73045
21	SC - John Sallade, Upper Main Line Y, 1416 Paoli Rd., Berwyn, PA 19312
27	SC - 1650 - Michael Murphy, 7136 B Rolling Bend, Baltimore, MD 21207
APR 2-4	SC - Region IV - Joe Biondi, 216 Elizabeth St., Clearwater, FL 33519
4	SC - Harry Rawstrom, Coach Ret., Carpenter Sports Bldg, U of DE, Newark, DE 19711
10	DCM Pentathlon - Dave McAfee, 510 E. Broad St., Falls Church, VA 22046
17	Triathalon - Westside Ymca, 3400 N. Mueller, Bethany, OK 73008
24	EOMAC - SC - Alec Monro, 63 Jackson Ave., Toronto, Ont. M8X 2J7 Canada
24	SPA 1650 - Industry Hills, CA
24-25	NE Champ. - Dave Eskin, 66 Andoleon Dr., Chestnut Hill, MA 02167
30-May 1-2	SC - Jan Truchan, c/o B.R. Ryall Y, 49 Deicke Dr., Glen Ellyn, IL 60137
MAY 1	SC - Neal Craven, 5014 Bennington Dr., Greensboro, NC 27410
1-2	SPA Championships - Industry Hills, CA
1-2	SC - Texas A & M - Will Worley, 1001 Village Dr., College Station, TX 77840
2	SC - F.A.S.T. Masters, P.O. Box 12507, University Station, Gainesville, FL 32604
7-9	YMCA NATIONALS - South Hills YMCA, 79 McMurray Rd., Pittsburgh, PA 15241
21-24	US MASTERS NATIONAL SC - Thomas D. Boak, Jr. 2720 N. Logrun, Woodlands, Houston, TX
28-30	LC - Region VI - Joe Biondi, 216 Elizabeth St., Clearwater, FL 33519
JUN 12-13	LC - Venice, FL
AUG 12-15	NATIONAL MASTERS SPORTS FESTIVAL - The Penn Mutual Life Ins.Co., 530 Walnut St., Philadelphia, PA 19172
26-29	US MASTERS NATIONAL LC - Barbara Frid, Swim Cellar, 10230 SW Parkway, Portland, OR 97225
SEP 18-19	SC - Naples, FL
WISCONSON	- Feb 13, Mar 13, Apr 2-4 - John Bauman, 9717 Saratoga Dr., Caledonia, WI 53108
CORONADO	- Mar 14, May 30, Aug 1, Oct 17, Dec 5 - Alicia Horst, 24 The Point, Coronado, CA 92118
NEW ENGLAND	- Feb 14,20,21, Mar 6,21, Apr 18, May 30 - Enid Uhrich, 25 Lafayette Rd., Newton, MA 02162
OREGON	- Feb 6-7, Mar 6-7, Apr 9-10, Apr 30 May 1-2, Jun 26-27, Jul 30-31 Aug 1 Earl Walter, 3904 SW 57 Ave., Portland, OR 97221
INLAND EMPIRE	- Feb 28, Apr 3-4 - Harry Lewis, 944 E. 39 Ave., Spokane, WA 99203
SOUTHEASTERN	- Feb 21, May 14, May 1-2 - NAC Masters, 213 Osceola Ave., Nashville, TN 37209
KENTUCKY	- Apr 2-3, Aug 21-22, Oct 23-24 - Joanne Tingley, 2107 Eastview Ave., Louisville, KY
NEW JERSEY	- Feb 6, 21, 27, Mar 14, 27, Apr 10, 30-May 1-2