

2006 USMS 3000/6000 Yard Postal Swims Results

Sponsored by the Rio Grande Swim Club

2006 USMS 3000 Individual - Women NR* denotes a new record

Women 18-24

<i>Record: A Beard</i>		2001		32:26.99
1	Kristine Kelly	19	SBAS	34:31.52
2	Lindsey Urbatchka	23	MOVY	37:45.22
3	Marly Wilson	22	FACT	38:40.05
4	Ryan Drasher	24	GBM	39:54.97
5	Kaitlyn Ament	20	GBM	41:37.60
6	Natalie Crooks	21	INWM	43:08.25
7	Emily Maret	24	INWM	43:41.29
8	Lauren Arcidi	18	GBM	48:50.11
9	Andrea Martinez	23	MOST	50:09.61
10	Rachel Cilley	23	GBM	52:39.91
11	Victoria Coleman	24	FMM	52:57.58
12	Ashley Nashleanas	20	IAM	55:25.00

Women 25-29

<i>Record: A Whitney</i>		2005		32:25.21
1	Jenny Tweedie	28	GBM	36:51.96
2	Mindy Williams	25	NEM	37:47.83
3	Theresa Brown	29	NCMS	39:44.53
4	Leslie Hahn	26	FACT	40:58.14
5	Katie Hedgecock	27	IAM	42:54.01
6	Stephanie Dion	27	GBM	45:58.88
7	Elizabeth Fandell	25	VACA	46:17.86
8	Laura Johnson	26	IAM	46:19.00
9	Lindsay Allen	29	NCMS	52:00.04
10	Kelly Glennon	28	GBM	52:58.82
11	Aimee Blanchard	29	GBM	53:39.75
12	Tara Hadley	28	GBM	54:25.26
13	Carrie Royslance	27	MERR	1:02:43.72
14	Kelly Dow	27	INWM	1:04:43.72

Women 30-34

<i>Record: L Welting</i>		2000		33:42.51
1	Kristi Lee	30	SAWS	35:28.57
2	Meghan Hopkins	30	GAJA	36:16.40
3	Jill Guerrero	33	MICH	39:56.36
4	Karla Rees	33	STAN	42:33.64
5	Elizabeth Strausbaugh	30	OREG	44:02.00
6	Joy Bresson	32	MERR	47:18.40
7	Stephanie Ashenfelder	32	NIAG	48:04.65
8	Amy Wu	30	NIAG	50:27.46

9	Joanne Drabant	31	ADMS	54:45.00
10	Jennifer McConathy	33	GBM	57:21.38
11	Michelle Rautmann	30	MOVY	1:00:02.01

Women 35-39

<i>Record: K Pipes-Neilsen</i>		1999		32:54.57
1	Nadine Day	36	IM	35:27.48
2	Heidi Williams	37	NCMS	36:22.16
3	Becky Franklin	38	SQST	39:01.10
4	Kim Wesson	38	GBM	39:21.81
5	Anja Norman	35	CATM	40:58.70
6	Carol Prescott	37	GBM	41:15.51
7	Debra Duttweiler	36	UNAT	42:02.08
8	Bridget Bailie	37	ISF	42:16.36
9	Connie Austin	38	OREG	42:52.99
10	Susan Knight	36	GBM	42:57.47
11	Jennifer Terry	35	SAWS	46:19.21
12	Cynthia Smidt	36	OREG	48:05.99
13	Sarah Downey	37	GBM	48:08.63
14	Masi Denison	35	GBM	48:20.32
15	Rebecca DeVillier	36	RGSC	49:80.42
16	Bridget McGinn	39	OREG	51:19.99
17	Jo Ann Fryer	37	GBM	53:17.43
18	Joan Colton	35	MERR	53:17.79
19	Kelly Anderson	38	GBM	54:13.56
20	Flavia Zappa	39	SPM	56:59.83
21	Bernadette Galvez	39	SWYM	57:04.67
22	Jennifer Daniels	36	GBM	58:55.63
23	Helaine Wemple	36	GBM	59:07.66
24	Laurie LaDow	39	IAM	1:02:46.00
25	Carrie Fleider	36	MOVY	1:11:36.85

Women 40-44

<i>Record: K Pipes-Neilsen</i>		2003		33:18.69
1	Charlotte Petersen	42	SPM	34:42.00
2	Jana Matena	44	MELO	36:14.97
3	Arlene Delmage	43	OREG	36:48.74
4	Victoria Rian	40	ISF	37:29.51
5	Karen Matson	43	OREG	37:34.00
6	Nicole Vanderpoel	42	CMS	38:50.48
7	Stephanie Schultz	40	OREG	39:25.53
8	Marcia Cleveland	42	IM	39:46.57
9	Lori Leadbetter	41	SPM	40:18.36
10	Kelly Cleary	43	SQST	40:37.93
11	Irene (Patty) Rupp Hodge	41	GBM	40:54.69

12	Maria Eifler	44	MOVY	42:51.00
13	Laura Schwartz	42	GBM	44:33.00
14	Charlotte Plummer	41	CMS	44:41.50
15	Christine Swanson	44	SPM	45:22.00
16	Jana Slezak	41	GBM	46:28.24
17	Gail Pentheny	44	GBM	47:27.52
18	Elizabeth Stine	40	GBM	48:47.31
19	Patti DelGrosso	41	GBM	50:45.86
20	Robyn Popish	41	JAM	51:29.00
21	Sherri Plunkett	40	UNAT	53:06.08
22	Barbara Godin	42	GBM	57:37.54
23	Roberta Varela-Hein	42	MOST	1:02:20.04
24	Iris Threatt-Milton	43	FMM	1:17:08.21
25	Zee Lewis	43	GBM	2:05:52.67

Women 45-49

<i>Record: K Einsidler</i>		2002		35:41.51
1	Kerri Roussain	47	OREG	37:28.14
2	Mary Sweat	49	OREG	37:41.31
3	Heidi Christensen	48	VCM	39:08.04
4	Sharon Salzman	48	SPM	39:29.23
5	Laura Kaleel	46	SPM	40:53.00
6	Joan Krehbiel	45	OREG	41:43.00
7	Gabrielle Walters	48	UNAT	44:50.00
8	Julia Malloy	46	GBM	45:13.91
9	Cynthia Larkin	47	OREG	48:41.00
10	Paula Moores	48	SAWS	48:44.00
11	Lisa Nirell	45	OREG	49:12.37
12	Ann Richard	47	GBM	50:59.03
13	Mary Smith	47	GBM	1:01:30.39
14	Keitha Bryan	46	VACA	1:04:29.38
15	Sue Moucha	48	BLUE	1:10:53.44

Women 50-54

<i>Record: D Ogier</i>		2003		36:33.58
1	Stacey Warmuth	50	VCM	37:27.29
2	Lisa Bennett	50	SQST	38:56.47
3	Jean Bancks	50	FACT	39:19.73
4	Denise Everitt	54	NIAG	39:42.74
5	Shirley Loftus-Charley	54	VMST	39:55.00
6	Debbie Wilson	52	NCMS	40:58.31
7	Kathy Boyer	52	MOST	42:46.21
8	Jo Ann Harrelson	50	SPM	42:50.44
9	Judith Laney	54	CMS	43:32.10
10	Cathy Murphy	50	INWM	45:30.25

11	Anne Yates	52	UNAT	45:37.00
12	Jan Johnson	52	ISF	48:50.16
13	Chris Mayhew	53	MOST	49:59.10
14	Amy Goldfarb	52	RGSC	51:05.10
15	Patricia Campbell	53	GBM	53:18.92
16	Toni Brown	51	OREG	53:41.99
17	Calli Roberts	52	OREG	54:13.00
18	Jane Masters	53	RGSC	54:34.55
19	Beverly Travis	54	UNAT	57:12.30
20	Susan Bowles	52	CMS	57:55.52
21	Sara Pope-Davis	51	IAM	58:08.00
22	Sandy Woodcock	50	GBM	1:01:10.02
23	Denise Abbott	50	OREG	1:07:16.07
24	Nancy Benchoff	54	FACT	1:12:36.70

Women 55-59

<i>Record: B Dunbar</i>		2004		36:25.69
1	Meegan Wilson	58	FACT	47:23.45
2	Andrea Haines	58	DCM	48:01.11
3	Darlene Staley	56	OREG	48:19.63
4	Katherine Watson	58	OJAI	49:48.62
5	Ruth Thompson	56	FMM	53:14.26
6	Kay Turner	59	NIAG	53:32.51
7	Barbara Larsen	59	ISF	54:23.43
8	Susan Barbary	56	GBM	55:03.68
9	Greta van Meeteren	59	NCMS	55:07.82
10	Jill Wright	55	SAWS	57:37.92
11	Selene Santucci	56	INWM	59:20.15
12	Stephanie Harris	56	OREG	1:02:27.00
13	Linda Dandy	56	MOVY	1:08:55.23

Women 60-64

<i>Record: B Frid</i>		2004		45:00.11
1	Jennifer Parks	63	MICH	48:28.67
2	Susan Meyers	64	ISF	48:58.76
3	Ann Fredette	61	GBM	53:25.47
4	Wendy Weinberg	61	ARIZ	53:40.32
5	Marianne Bradley	63	FACT	57:28.00
6	Peggy Whiter	62	OREG	59:31.28
7	Florence Delaney	61	FACT	1:01:26.66
8	Susan Paris	60	SKY	1:06:19.00
9	Susan Husson	62	NCMS	1:07:02.09
10	Gail Newton	62	OREG	1:08:11.00
11	Manya Hult	61	GBM	1:08:27.07
12	Mary-Lynn Jost	62	GBM	1:22:47.27

13	Kathleen Lawrence	62	ARIZ	1:24:25.00
14	Camille Klotz	61	NCMS	1:28:13.95
15	Maria O'Toole	61	FACT	1:55:02.66

Women 65-69

<i>Record: S Munn</i>		<i>2003</i>		<i>45:42.24</i>
1	Betsy Jordan	69	SDSM	49:54.00
2	Patricia Bond	68	FMM	52:08.64
3	Louise Murray	66	NIAG	53:10.87
4	Alice Seidel	65	GBM	1:02:38.36
5	Sandy Steer	67	SPM	1:04:13.00
6	Margie Hutinger	66	FMM	1:13:28.14
7	Carol Walters	65	ARIZ	1:20:19.12

Women 70-74

<i>Record: L Stoinoff</i>		<i>2004</i>		<i>45:35.99</i>
1	Katherine Knight-Perry	71	SPM	1:02:28.00
2	Doris Prokopi	70	FMM	1:03:26.02
3	Rosie Vijil	71	FMM	1:22:46.66

Women 75-79

<i>Record: J Campbell</i>		<i>2005</i>		<i>58:56.77</i>
NR*1	Joan Campbell	76	FACT	58:19.19
2	Nancy Durstein	76	FACT	1:04:07.28

Women 80-84

<i>Record: R Simonton</i>		<i>1998</i>		<i>55:12.91</i>
1	Lois Nochman	81	MICH	1:05:02.00

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Men 18-24

<i>Record: S Whitbeck</i>		2005		30:10.37
1	Devin Schmelzer	22	INWM	42:48.50
2	Brian Grandjean	24	GBM	46:30.94

Men 25-29

<i>Record: C Hobson</i>		1996		31:57.00
1	Pieter Dehart	28	AKMS	35:26.57
2	Ted Mitchell	29	GBM	36:27.30
3	Darren Johnson	25	GBM	40:19.02
4	Brian Baier	25	DAM	42:04.63
5	Filippo Porco	29	NCMS	42:36.06
6	Tom Ingebritson	28	GBM	49:44.50
7	Rob Ricard	29	GBM	53:40.12
8	Jacob McCluskey	27	GBM	56:09.97

Men 30-34

<i>Record: J Erwin</i>		1996		31:15.24
1	Ralph Sawyer	33	MERR	35:26.08
2	Steve Brenner	30	MICH	36:44.74
3	Ed Stoner	33	ADMS	37:28.64
4	Michael Schock	30	GBM	38:57.28
5	Richard Leduc	31	CMS	39:14.41
6	Marcos Donolo	31	BMS	39:18.25
7	Dale Salvador	32	VACA	41:29.89
8	Brian Grover	31	MERR	43:54.00
9	Sean Donohue	31	GBM	50:25.67
10	Aaron Colman	33	GBM	51:12.48
11	Jeremy Drake	32	GBM	59:30.31

Men 35-39

<i>Record: M Shaffer</i>		2002		30:16.43
1	Andrew Scheiner	37	STAN	32:25.37
2	Kurt Dickson	39	ARIZ	33:06.80
3	Rick Hamilton	39	VACA	33:52.70
4	Brian Rimel	39	SPM	34:04.65
5	Mark Matheson	36	NIAG	35:29.57
6	Leslie Bleamaster	36	ARIZ	35:30.52
7	Todd Walter	39	IAMA	35:31.80
8	David Cloninger	37	OREG	36:42.87
9	Michael Bell	38	MICH	37:05.39
10	Jim Robertson	37	GBM	37:22.83
11	Matt Craig	36	GBM	39:29.38
12	Paul Morrow	37	COM	41:06.33

13	Jeff Keith	35	OREG	41:40.99
14	Christian Tujo	35	OREG	42:04.99
15	Michael Domal	38	IAM	42:24.00
16	Gregory Sousa	37	NCMS	44:43.70
17	Mason Ham	36	GBM	45:41.21
18	Collin Crowther	35	CATM	46:01.11
19	Max Veltman	38	RGSC	53:09.27
20	Sanjuro Jogdeo	37	GBM	55:40.62
21	Nick Dellaserra	35	CATM	1:17:55.20

Men 40-44

<i>Record: J Erwin</i>		2004		30:31.55
1	Jeff Erwin	42	SAWS	30:43.23
2	Mike Shaffer	41	VCM	30:56.01
3	Ed Gendreau	44	GBM	33:56.59
4	Tim Nelson	40	OREG	34:55.50
5	Kurtis Baron	42	VCM	35:23.66
6	Jeffrey Kuvin	40	NEM	35:50.82
7	Brad Hermanson	42	UNAT	37:11.13
8	Rob Levine	42	NCMS	37:50.14
9	Robert Herick	42	AKMS	39:23.28
10	Tim Legge	40	IAM	39:37.40
11	Tim Traynor	42	INWM	39:55.54
12	Steve Wursta	40	OREG	43:00.00
13	David Mosher	43	COM	43:04.02
14	Kenneth Iczkowski	42	FACT	43:11.00
15	Doug Garcia	44	INWM	44:19.54
16	Billy Marshall	43	COM	45:05.68
17	George Halow	44	MICH	45:27.49
18	Scott Lauer	43	GBM	48:07.38
19	David Blair	40	MOVY	48:40.88
20	William Finch	41	CSI	52:24.30
21	Jeff Caplan	42	GAJA	53:25.70
22	Sam Schonstal	43	OREG	53:26.74
23	Jim Zuba	44	INWM	1:05:44.36
24	Daniel Imola	43	GBM	1:20:54.09

Men 45-49

<i>Record: J McConica</i>		2000		31:10.18
1	James Stewart	49	MINN	34:23.40
2	Doug Asbury	46	OREG	35:28.72
3	Tom Emison	48	MINN	37:13.00
4	John Peterson	46	OREG	37:28.69
5	Dag Seymour	47	CMS	37:51.96
6	Barry Zipp	45	GAJA	38:09.00
7	Tim McGough	48	MERR	38:34.15
8	Mark Doyle	47	NCMS	38:36.48
9	Steve Wantz	45	VCM	39:04.72

10	Craig Siegel	48	NCMS	39:25.29
11	Eric Bjorkman	46	SAWS	42:10.37
12	Ray Desmarais	48	GBM	42:43.00
13	James Whitsett	46	CATM	42:59.20
14	John O'Dea	48	ISF	43:15.00
15	Doug Garcia	45	INWM	44:18.08
16	David Nobles	46	COM	44:34.24
17	Ernest Beauvais	45	NCMS	45:27.75
18	Jeff Stevens	48	SAWS	46:55.51
19	Paul Roberts	49	UNAT	48:19.81
20	Ross Bogue	49	IM	52:03.60
21	Rick Bryan	46	VACA	52:13.35
22	Paul Griffin	46	GBM	55:03.32
23	Robert Oppenheim	46	RGSC	57:45.00
24	Wayne Merritt	45	GBM	1:00:40.43
25	Kevin Molloy	49	GBM	1:02:09.35
26	Chip Pease	48	GBM	1:16:46.70
27	Edward Wiles	47	RGSC	1:20:04.00

Men 50-54

<i>Record: J McConica</i>		<i>2001</i>		<i>31:37.55</i>
1	Larry Wood	52	TXLA	34:04.20
2	Kern Davis	51	SPM	34:37.20
3	John Needham	53	WM	35:34.52
4	Robert Tveitmoe	54	CMS	39:29.72
5	Mark Wright	53	MERR	39:37.93
6	John Flack	51	NCMS	40:16.94
7	Paul Hoffman	54	UCLA	40:25.32
8	Mike Berney	50	INWM	40:43.20
9	Floyd Fisk	54	SAWS	42:32.06
10	Daniel Meek	50	ISF	43:32.42
11	Jim Wallace	53	OREG	43:46.29
12	Pete Horner	50	MICH	44:53.31
13	Wes Edwards	53	OREG	45:01.12
14	Bill Beyerbach	51	NIAG	45:32.20
15	Gregory McCrone	53	GBM	45:36.12
16	Philipp Djang	51	RGSC	47:32.17
17	Barry Fussell	53	GBM	47:42.20
18	Allen Kossoy	53	MOVY	48:56.46
19	Patrick Stevens	53	GBM	49:09.92
20	Robert Tucker	52	GBM	50:00.52
21	David Tattan	54	MICH	51:05.12
22	Ross Bogue	50	IM	51:24.80
23	Read Johnston	50	COM	1:02:49.78
24	Peter Klevitch	52	GBM	1:15:44.11
25	Thomas Hegeman	54	GBM	1:23:00.08

Men 55-59

<i>Record: S Johnson</i>		2005		35:14.21
NR*1	Jim McConica	55	VCM	32:31.77
2	Steve Johnson	58	OREG	35:39.97
3	Hubie Kerns	57	VCM	36:52.74
4	Jack Fritts	56	IAMA	37:11.43
5	Terry Laughlin	55	ADMS	38:39.06
6	Bob Bruce	58	OREG	39:37.02
7	Stephen Smith	56	GBM	41:53.01
8	Randy Magin	57	FACT	42:36.02
9	Neil Salkind	59	MOVY	42:38.03
10	Bob Sinsheimer	57	OHIO	43:05.50
11	Peter Nickodem	57	FACT	43:37.87
12	Robert Mair	56	GBM	46:22.32
13	Brian Lamb	55	INWM	48:02.45
14	Tom Newkirk	58	GBM	48:42.78
15	Chris Eagar	59	GBM	50:36.01
16	Tom King	55	GBM	53:22.62
17	Charles Doleac	59	GBM	54:11.12
18	Richard Testa	56	NIAG	56:50.33
19	John Marzulli	57	FACT	57:05.52
20	Mel Lemons	58	INWM	1:01:39.81
21	Mark Hurley	55	MERR	1:04:21.55
22	Barry Trump	58	IAMA	1:08:53.06
23	Jeffery Schmitt	59	MERR	1:09:13.10

Men 60-64

<i>Record: W Braswell, Jr</i>		2005		37:50.01
1	Larry Rafaelli	63	VCM	38:18.29
2	Willis Braswell	61	DCM	38:27.80
3	Tom Landis	64	OREG	39:31.06
4	Vince Herring	63	MINN	41:04.50
5	Bob Husson	61	NCMS	43:38.45
6	Dick Brewer	61	FACT	44:53.35
7	Brian Buzby	63	UNAT	48:49.56
8	John Ellis	60	OREG	49:37.79
9	Roger Rudolph	63	OREG	51:48.99
10	Wayne Fagerberg	62	GBM	52:14.91
11	Phil Read	64	GBM	52:19.14
12	Marc Scheele	60	GBM	59:27.00

Men 65-69

<i>Record: G Johnston</i>		1996		37:16.16
1	Donald Puchalski	67	FACT	44:28.66
2	Ralph Mohr	65	OREG	45:12.00
3	Brent Lake	68	OREG	52:43.00
4	Norman Macartney	67	NCMS	57:42.18
5	Robert Zeitner	65	IM	1:05:40.15

6	Richard Criche	67	FMM	1:15:13.80
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Men 70-74

	<i>Record: G Johnston</i>	<i>2001</i>		<i>38:17.10</i>
1	David Radcliff	72	OREG	41:26.07
2	George Brunstad	72	CONN	44:15.54
3	Earl Ellis	70	INWM	48:30.96
4	George Thayer	70	OREG	55:22.91
5	John Cox	71	SPM	58:06.00
6	Peter Lansbury	73	NIAG	1:12:00.00
7	Forest McDaniel	70	SPM	1:19:09.00

Men 75-79

	<i>Record: F Piemme</i>	<i>2001</i>		<i>45:00.28</i>
1	Robert Beach	76	SPM	46:08.59
2	Thomas Weber	76	NIAG	1:12:20.00
3	George Weber	76	OREG	1:18:26.99
4	Ned Allen	76	SPM	1:32:28.00

Men 80-84

	<i>Record: J Schmidt</i>	<i>2003</i>		<i>50:34.86</i>
1	Raymond Allen	80	OREG	1:12:56.01
2	Alejandro Ramirez-Miller	81	SPM	1:14:44.00

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Women 18-24

<i>Record: S Taylor</i>		2003		1:10:00.61
1	Kristine Kelly	19	SBAS	1:18:03.17
2	Kristina Peterson	24	IAM	1:18:48.00
3	Victoria Coleman	24	FMM	1:51:40.28

Women 25-29

<i>Record: S Quan</i>		2000		1:10:44.87
1	Tera Stoner	28	ADMS	1:31:05.74
2	Elizabeth Fandell	25	VACA	1:37:52.65

Women 30-34

<i>Record: N Day</i>		2003		1:08:51.32
1	Diana Adlowitz	30	NIAG	1:21:13.20
2	Karla Rees	33	STAN	1:26:17.36
3	Elizabeth Strausbaugh	30	OREG	1:35:10.00

Women 35-39

<i>Record: K Pipes-Neilsen</i>		1998		1:09:11.14
1	Heidi Williams	37	NCMS	1:12:09.00
2	Nadine Day	36	IM	1:12:22.22
3	Susan Young	37	OREG	1:21:18.00
4	Bridget Bailie	37	ISF	1:25:18.97
5	Debra Duttweiler	36	UNAT	1:27:23.37
6	Jane Woo	37	UNAT	1:41:30.88
7	Flavia Zappa	39	SPM	1:55:00.10

Women 40-44

<i>Record: K Pipes-Neilsen</i>		2002		1:08:48.67
1	Charlotte Petersen	42	SPM	1:11:22.01
2	Victoria Rian	40	ISF	1:16:43.31
3	Marcia Cleveland	42	IM	1:19:59.54
4	Nicole Vanderpoel	42	CMS	1:21:30.32
5	Denise O'Connell	40	ARIZ	1:36:59.03
6	Roberta Varela-Hein	42	MOST	2:03:57.96

Women 45-49

<i>Record: K Einsidler</i>		2002		1:13:22.05
1	Mary Sweat	49	OREG	1:16:52.16
2	Kathy Morlan	47	VACA	1:22:03.10
3	Laura Kaleel	46	SPM	1:25:00.00
4	Paula Moores	48	SAWS	1:41:05.43
5	Lisa Huerta	45	UNAT	1:49:49.79
6	Sue Moucha	48	BLUE	2:22:32.02

Women 50-54

<i>Record: B Dunbar</i>		2002		1:15:44.35
1	Shirley Loftus-Charley	54	VMST	1:22:22.01
2	Kathy Boyer	52	MOST	1:28:48.10
3	Anne Yates	52	UNAT	1:32:55.00
4	Jan Johnson	52	ISF	1:39:33.97
5	Chris Mayhew	53	MOST	1:43:10.65

Women 55-59

<i>Record: B Dunbar</i>		2004		1:14:10.46
1	Barbara Bos	57	NEM	1:30:50.50
2	Andrea Haines	58	DCM	1:32:28.83
3	Katherine Watson	58	OJAI	1:41:54.13
4	Jill Wright	55	SAWS	1:44:52.35
5	Ruth Thompson	56	FMM	1:47:30.12
6	Barbara Larsen	59	ISF	1:51:53.80

Women 60-64

<i>Record: B Jordan</i>		1998		1:36:20.77
NR*1	Ann Svenson	60	DCM	1:33:58.37
2	Susan Meyers	64	ISF	1:46:00.40

Women 65-69

<i>Record: B Jordan</i>		2002		1:37:48.80
1	Betsy Jordan	69	SDSM	1:43:28.70
2	Sandy Steer	67	SPM	2:17:09.00

Women 70-74

<i>Record: A Pipes</i>		2005		1:39:55.23
1	Doris Prokopi	70	FMM	2:08:52.47
2	Katherine Knight-Perry	71	SPM	2:11:14.00

2006 USMS 3000/6000 Yard Postal Swims Results

Sponsored by the Rio Grande Swim Club

2006 USMS 6000 Individual - Men	NR* denotes a new record
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Men 30-34

	<i>Record: T Clark</i>	1998		1:04:58.25
1	Tommy Gainer	30	NEM	1:15:44.56
2	Brian Young	33	AKMS	1:23:35.52

Men 35-39

	<i>Record: M Shaffer</i>	2003		1:02:06.74
1	Kurt Dickson	39	ARIZ	1:07:01.00
2	David Kays	39	PNA	1:07:34.34
3	Leslie Bleamaster	36	ARIZ	1:15:23.06
4	Michael Bell	38	MICH	1:15:31.89

Men 40-44

	<i>Record: J Erwin</i>	2005		1:01:37.11
1	Jeff Erwin	42	SAWS	1:03:45.70
2	Kurtis Baron	42	VCM	1:14:45.99
3	David Barra	41	ADMS	1:15:43.05
4	Robert Herick	42	AKMS	1:24:16.54
5	William Miller	42	ADMS	1:24:47.81

Men 45-49

	<i>Record: S MacDonald</i>	2001		1:05:06.32
1	James Stewart	49	MINN	1:11:13.99
2	Ed Pierce	45	UNAT	1:32:02.53

Men 50-54

	<i>Record: J McConica</i>	2003		1:05:05.26
1	Larry Wood	52	TXLA	1:10:28.11
2	Kern Davis	51	SPM	1:11:21.08
3	Daniel Meek	50	ISF	1:31:07.11
4	Pete Horner	50	MICH	1:35:01.60
5	Ralph Swiger	50	VMST	1:40:17.35

Men 55-59

	<i>Record: K Bell</i>	2003		1:10:50.04
NR*1	Jim McConica	55	VCM	1:07:42.85
2	Hubie Kerns	57	VCM	1:15:52.39
3	Bob Bruce	58	OREG	1:21:54.99
4	David Foote	56	VCM	1:25:49.83
5	Bob Sinsheimer	57	OHIO	1:31:27.17

Men 60-64

<i>Record: L Raffaelli</i>		2003		1:16:23.50
1	Willis Braswell	61	DCM	1:17:29.25
2	Larry Rafaelli	63	VCM	1:18:38.33
3	Vince Herring	63	MINN	1:25:48.45
4	David Darst	63	UNAT	1:28:38.61

Men 65-69

<i>Record: G Johnston</i>		1997		1:18:14.25
1	Ralph Mohr	65	OREG	1:33:20.00
2	Frank Lea	65	NCMS	1:44:46.29
3	Robert Zeitner	65	IM	2:29:28.88
4	Richard Criche	67	FMM	2:41:40.00

Men 70-74

<i>Record: G Johnston</i>		2001		1:19:56.14
1	David Radcliff	72	OREG	1:22:05.75
2	George Brunstad	72	CONN	1:30:59.66
3	Forest McDaniel	70	SPM	2:50:38.00

Men 75-79

<i>Record: R Beach</i>		2005		1:35:11.99
1	Robert Beach	76	SPM	1:37:54.00
2	Ned Allen	76	SPM	2:58:38.00

Men 80-84

<i>Record: D Schofield</i>		1994		2:31:33.09
1	Raymond Allen	80	OREG	2:32:46.01

2006 USMS 3000/6000 Yard Postal Swims Results

Sponsored by the Rio Grande Swim Club

2006 USMS 3000 Relay - Women	NR* denotes a new record
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<i>Record:</i>	<i>Inland NW</i>		<i>2003</i>				<i>1:48:14.76</i>
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1	19+	FACT	Marly Wilson	22	Leslie Hahn	26	Jean Bancks	50	1:58:57.92
2	19+	INWM	Natalie Crooks	21	Emily Marett	24	Cathy Murphy	50	2:12:19.79
3	19+	MOVY	Lindsey Urbatchka	23	Maria Eifler	44	Linda Dandy	56	2:29:31.45
4	19+	IAM	Ashley Nashleanas	20	Laurie LaDow	39	Sara Pope-Davis	51	2:56:19.00
5	19+	FMM	Victoria Coleman	24	Iris Threatt-Milton	43	Ruth Thompson	56	3:03:20.05

<i>Record:</i>	<i>1776</i>		<i>2004</i>				<i>1:45:20.57</i>
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1	25+	OREG	Elizabeth Strausbaugh	30	Cynthia Smidt	36	Connie Austin	38	2:15:00.98
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<i>Record:</i>	<i>ISF</i>		<i>2004</i>				<i>1:55:40.47</i>
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NR*1	35+	OREG	Stephanie Schultz	40	Karen Matson	43	Arlene Delmage	43	1:53:48.27
2	35+	SPM	Lori Leadbetter	41	Charlotte Petersen	42	Christine Swanson	44	2:00:22.36
3	35+	SPM	Flavia Zappa	39	Sandy Steer	67	Katherine Knight-Perry	71	3:03:40.83

<i>Record:</i>	<i>Oregon</i>		<i>2003</i>				<i>1:55:43.32</i>
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1	45+	OREG	Joan Krehbiel	45	Kerri Roussain	47	Mary Sweat	49	1:56:52.45
2	45+	SPM	Laura Kaleel	46	Sharon Salzman	48	Jo Ann Harrelson	50	2:03:12.67
3	45+	FACT	Nancy Benchoff	54	Florence Delaney	61	Nancy Durstein	76	3:18:10.64

<i>Record:</i>	<i>SDSM</i>		<i>2004</i>				<i>2:14:19.15</i>
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1	55+	FACT	Meegan Wilson	58	Marianne Bradley	63	Joan Campbell	76	2:43:10.64
2	55+	OREG	Stephanie Harris	56	Darlene Staley	56	Peggy Whiter	62	2:50:17.91
3	55+	NCMS	Greta van Meeteren	59	Camille Klotz	61	Susan Husson	62	3:30:23.86

<i>Record:</i>	<i>San Diego</i>		<i>2005</i>				<i>2:26:57.24</i>
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1	65+	FMM	Margie Hutinger	66	Patricia Bond	68	Doris Prokopi	70	3:09:02.80
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2006 USMS 3000 Relay - Men	NR* denotes a new record
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<i>Record:</i>	<i>Davis Aquatic</i>		<i>1996</i>				<i>1:44:09.37</i>
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1	19+	INWM	Devin Schmelzer	22	Tim Traynor	42	Mike Berney	50	2:03:27.24
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<i>Record:</i>	<i>Sierra Nevada</i>		<i>1996</i>				<i>1:42:58.91</i>
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1	25+	MERR	Ralph Sawyer	33	Tim McGough	48	Mark Wright	53	1:53:38.16
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<i>Record:</i>	<i>Ventura County</i>	<i>2001</i>						<i>1:33:31.65</i>	
1	35+	VCM	Mike Shaffer	41	Kurtis Baron	42	Steve Wantz	45	1:45:24.39
2	35+	OREG	David Cloninger	37	Tim Nelson	40	Doug Asbury	46	1:47:07.09
3	35+	SPM	Brian Rimel	39	Kern Davis	51	Robert Beach	76	1:54:50.44

<i>Record:</i>	<i>Ventura County</i>	<i>2003</i>						<i>1:47:29.32</i>	
1	45+	NCMS	Mark Doyle	47	Craig Siegel	48	Bob Husson	61	2:01:40.22

<i>Record:</i>	<i>Oregon</i>	<i>2003</i>						<i>1:53:08.88</i>	
NR*1	55+	VCM	Jim McConica	55	Hubie Kerns	57	Larry Rafaelli	63	1:47:42.80
2	55+	OREG	Bob Bruce	58	Steve Johnson	58	Tom Landis	64	1:54:48.05
3	55+	FACT	Peter Nickodem	57	Randy Magin	57	Donald Puchalski	67	2:10:42.55

<i>Record:</i>	<i>Oregon</i>	<i>2003</i>						<i>2:15:27.00</i>	
1	65+	OREG	Ralph Mohr	65	Brent Lake	68	David Radcliff	72	2:19:21.07
2	65+	SPM	Forest McDaniel	70	John Cox	71	Ned Allen	76	3:49:43.00

2006 USMS 6000 Relay - Women	NR* denotes a new record
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<i>Record:</i>	<i>none</i>								
NR*1	19+	FMM	Victoria Coleman	24	Ruth Thompson	56	Doris Prokopi	70	5:48:02.87

<i>Record:</i>	<i>Oregon</i>	<i>2004</i>						<i>3:52:38.27</i>	
1	25+	OREG	Elizabeth Strausbaugh	30	Susan Young	37	Mary Sweat	49	4:13:20.16

<i>Record:</i>	<i>ISF</i>	<i>2004</i>						<i>3:56:57.02</i>	
1	35+	SPM	Flavia Zappa	39	Charlotte Petersen	42	Laura Kaleel	46	4:31:22.11

2006 USMS 6000 Relay - Men	NR* denotes a new record
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<i>Record:</i>	<i>Oregon</i>	<i>2003</i>						<i>3:55:37.04</i>	
NR*1	55+	VCM	Jim McConica	55	Hubie Kerns	57	Larry Rafaelli	63	3:42:13.57
2	55+	OREG	Bob Bruce	58	Ralph Mohr	65	David Radcliff	72	4:17:20.74

<i>Record:</i>	<i>OREG</i>	<i>2004</i>						<i>5:28:31.98</i>	
1	65+	SPM	Forest McDaniel	70	Robert Beach	76	Ned Allen	76	7:27:10.00

2006 USMS 3000 Relay - Mixed**NR* denotes a new record***Record: Novaquatics 2001 2:22:18.50*

1	19+	FACT	Marly Wilson	22	Leslie Hahn	26	Kenneth Iczkowski	42	Randy Magin	57	2:45:25.21
2	19+	INWM	Natalie Crooks	21	Devin Schmelzer	22	Emily Marett	24	Tim Traynor	42	2:49:33.58
3	19+	MOVY	Lindsey Urbatchka	23	David Blair	40	Maria Eifler	44	Neil Salkind	59	2:51:55.13

Record: Heart of Texas 2001 2:16:27.57

1	25+	IAM	Laura Johnson	26	Katie Hedgecock	27	Michael Domal	38	Tim Legge	40	2:51:14.41
2	25+	VACA	Elizabeth Fandell	25	Rick Hamilton	39	Keitha Bryan	46	Rick Bryan	46	3:16:53.29

Record: 1776 2004 2:20:51.38

1	35+	SPM	Brian Rimel	39	Charlotte Petersen	42	Sharon Salzman	48	Kern Davis	51	2:22:53.08
2	35+	OREG	David Cloninger	37	Tim Nelson	40	Karen Matson	43	Arlene Delmage	43	2:26:01.11

Record: Oregon 2003 2:29:46.69

NR*1	45+	VCM	Heidi Christensen	48	Stacey Warmuth	50	Jim McConica	55	Hubie Kerns	57	2:25:59.84
2	45+	OREG	John Peterson	46	Doug Asbury	46	Kerri Roussain	47	Mary Sweat	49	2:28:06.86
3	45+	FACT	Jean Bancks	50	Peter Nickodem	57	Meegan Wilson	58	Dick Brewer	61	2:55:14.40

Record: DC Masters 2003 2:47:38.21

1	55+	OREG	Darlene Staley	56	Steve Johnson	58	Peggy Whiter	62	Tom Landis	64	3:03:01.94
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Record: SDSM 2005 3:02:37.13

1	65+	SPM	Sandy Steer	67	Katherine Knight-Perry	71	John Cox	71	Robert Beach	76	3:50:55.59
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2006 USMS 6000 Relay - Mixed**NR* denotes a new record***Record: Ventura County 2003 4:57:31.67*

1	35+	OREG	Susan Young	37	Mary Sweat	49	Bob Bruce	58	David Radcliff	72	5:22:10.09
2	35+	SPM	Charlotte Petersen	42	Laura Kaleel	46	Kern Davis	51	Robert Beach	76	5:25:37.09

Record: none

NR*1	65+	SPM	Sandy Steer	67	Forest McDaniel	70	Katherine Knight-Perry	71	Ned Allen	76	10:17:39.00
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**United States Masters Swimming 2006
3000 Yard Postal National Championship Results**

Club Scores - Women

<u>Team</u>	<u>Club Code</u>	<u>Total Qpoints</u>	<u>Total Entries</u>
Great Bay Masters	GBM	24,911	37
Oregon Masters	OREG	14,360	19
Florida Aquatic Combined Team	FACT	7,669	10
St. Pete Masters	SPM	7,170	9
North Carolina Masters Swimming	NCMS	5,079	7
Florida Maverick Masters	FMM	4,497	7
Indy Swim Fit	ISF	4,004	5
Niagara Masters	NIAG	3,830	5
Inland Northwest Masters	INWM	3,415	5
Irish Aquatic Masters	IAM	3,194	5
Missouri Valley	MOVY	3,186	5
Colorado Masters	CMS	3,074	4
Sawtooth Masters	SAWS	3,025	4
Masters of South Texas	MOST	2,669	4
Michigan Masters	MICH	2,621	3
SwimQuest Masters	SQST	2,602	3
Rio Grande Swim Club	RGSC	2,039	3
Arizona Masters	ARIZ	1,941	3
Ventura County Masters	VCM	1,888	2
Merritt Marlins	MERR	1,847	3
Illinois Masters	IM	1,766	2
Vacaville Swim Club	VACA	1,254	2
South Belt Area "All Stars" Swimmint Team	SBAS	940	1
Georgia	GAJA	929	1
Menlo Masters Swim Team	MELO	919	1
San Diego Swim Masters	SDSM	916	1
Virginia Masters	VMST	916	1
New England Masters Swim Club	NEM	858	1
Clearwater Aquatic Team	CATM	803	1
Stanford Masters	STAN	792	1
DC Masters	DCM	759	1
Ojai Masters	OJAI	731	1
Swim Kentucky	SKY	679	1
Jeffco Aquatic Masters	JAM	647	1
Adirondack Masters	ADMS	616	1
South West YMCA Masters	SWYM	577	1
Blue Wave Masters	BLUE	503	1

**United States Masters Swimming 2006
6000 Yard Postal National Championship Results**

Club Scores - Women

<u>Team</u>	<u>Club Code</u>	<u>Total Qpoints</u>	<u>Total Entries</u>
Indy Swim Fit	ISF	4,040	5
St. Pete Masters	SPM	3,904	5
Oregon Masters	OREG	2,529	3
Florida Maverick Masters	FMM	2,092	3
Masters of South Texas	MOST	2,039	3
DC Masters	DCM	1,827	2
Illinois Masters	IM	1,816	2
Vacaville Swim Club	VACA	1,617	2
Sawtooth Masters	SAWS	1,433	2
North Carolina Masters Swimming	NCMS	959	1
San Diego Swim Masters	SDSM	945	1
Virginia Masters	VMST	920	1
South Belt Area "All Stars" Swimmint Team	SBAS	897	1
Irish Aquatic Masters	IAM	888	1
Niagara Masters	NIAG	848	1
Colorado Masters	CMS	844	1
New England Masters Swim Club	NEM	817	1
Stanford Masters	STAN	798	1
Adirondack Masters	ADMS	777	1
Ojai Masters	OJAI	728	1
Arizona Masters	ARIZ	710	1
Blue Wave Masters	BLUE	515	1

**United States Masters Swimming 2006
3000 Yard Postal National Championship Results**

Club Scores - Men

<u>Team</u>	<u>Club Code</u>	<u>Total Qpoints</u>	<u>Total Entries</u>
Great Bay Masters	GBM	23,938	37
Oregon Masters	OREG	16,302	21
North Carolina Masters Swimming	NCMS	6,815	9
Inland Northwest Masters	INWM	6,197	9
Ventura County Masters	VCM	5,673	6
St. Pete Masters	SPM	5,083	7
Florida Aquatic Combined Team	FACT	4,640	6
Merritt Marlins	MERR	4,257	6
Michigan Masters	MICH	3,662	5
City of Midland Aquatics	COM	3,325	5
Niagara Masters	NIAG	3,321	5
Sawtooth Masters	SAWS	3,141	4
Minn Masters Swim Club	MINN	2,665	3
Colorado Masters	CMS	2,420	3
Iowa Masters	IAMA	2,311	3
Vacaville Swim Club	VACA	2,244	3
Rio Grande Swim Club	RGSC	2,164	4
Missouri Valley	MOVY	2,100	3
Illinois Masters	IM	1,781	3
Clearwater Aquatic Team	CATM	1,771	3
Arizona Masters	ARIZ	1,767	2
Adirondack Masters	ADMS	1,746	2
Alaska Masters	AKMS	1,676	2
Irish Aquatic Masters	IAM	1,484	2
Indy Swim Fit	ISF	1,447	2
Georgia	GAJA	1,388	2
DC Masters	DCM	984	1
Stanford Masters	STAN	934	1
Longhorn Aquatics	TXLA	928	1
Westchester Masters	WM	889	1
Connecticut Masters	CONN	865	1
New England Masters Swim Club	NEM	852	1
Ohio Masters Swim Club	OHIO	818	1
Blacksburg Masters	BMS	795	1
UCLA Bruin Masters	UCLA	782	1
Davis Aquatic Masters	DAM	759	1
Cardinal Swimming Indiana	CSI	582	1
Florida Maverick Masters	FMM	495	1

**United States Masters Swimming 2006
6000 Yard Postal National Championship Results**

Club Scores - Men

<u>Team</u>	<u>Club Code</u>	<u>Total Qpoints</u>	<u>Total Entries</u>
Ventura County Masters	VCM	4,601	5
Oregon Masters	OREG	3,669	4
St. Pete Masters	SPM	2,886	4
Minn Masters Swim Club	MINN	1,804	2
Arizona Masters	ARIZ	1,751	2
Adirondack Masters	ADMS	1,540	2
Alaska Masters	AKMS	1,508	2
Michigan Masters	MICH	1,507	2
DC Masters	DCM	986	1
Sawtooth Masters	SAWS	966	1
Longhorn Aquatics	TXLA	924	1
Pacific Northwest Aquatics	PNA	919	1
Connecticut Masters	CONN	878	1
New England Masters Swim Club	NEM	858	1
Ohio Masters Swim Club	OHIO	775	1
North Carolina Masters Swimming	NCMS	747	1
Indy Swim Fit	ISF	714	1
Virginia Masters	VMST	649	1
Illinois Masters	IM	523	1
Florida Maverick Masters	FMM	484	1

**United States Masters Swimming 2006
3000 Yard Postal National Championship Results**

Club Scores - Combined

<u>Team</u>	<u>Club Code</u>	<u>Total Qpoints</u>	<u>Total Entries</u>
Great Bay Masters	GBM	48,849	74
Oregon Masters	OREG	30,662	40
Florida Aquatic Combined Team	FACT	12,309	16
St. Pete Masters	SPM	12,254	16
North Carolina Masters Swimming	NCMS	11,894	16
Inland Northwest Masters	INWM	9,612	14
Ventura County Masters	VCM	7,561	8
Niagara Masters	NIAG	7,151	10
Michigan Masters	MICH	6,283	8
Sawtooth Masters	SAWS	6,166	8
Merritt Marlins	MERR	6,104	9
Colorado Masters	CMS	5,494	7
Indy Swim Fit	ISF	5,451	7
Missouri Valley	MOVY	5,286	8
Florida Maverick Masters	FMM	4,993	8
Irish Aquatic Masters	IAM	4,679	7
Rio Grande Swim Club	RGSC	4,203	7
Arizona Masters	ARIZ	3,707	5
Illinois Masters	IM	3,547	5
Vacaville Swim Club	VACA	3,497	5
City of Midland Aquatics	COM	3,325	5
Masters of South Texas	MOST	2,669	4
Minn Masters Swim Club	MINN	2,665	3
SwimQuest Masters	SQST	2,602	3
Clearwater Aquatic Team	CATM	2,575	4
Adirondack Masters	ADMS	2,361	3
Georgia	GAJA	2,318	3
Iowa Masters	IAMA	2,311	3
DC Masters	DCM	1,742	2
Stanford Masters	STAN	1,726	2
New England Masters Swim Club	NEM	1,709	2
Alaska Masters	AKMS	1,676	2
South Belt Area "All Stars" Swimmint Team	SBAS	940	1
Longhorn Aquatics	TXLA	928	1
Menlo Masters Swim Team	MELO	919	1
San Diego Swim Masters	SDSM	916	1
Virginia Masters	VMST	916	1
Westchester Masters	WM	889	1
Connecticut Masters	CONN	865	1
Ohio Masters Swim Club	OHIO	818	1
Blacksburg Masters	BMS	795	1
UCLA Bruin Masters	UCLA	782	1
Davis Aquatic Masters	DAM	759	1
Ojai Masters	OJAI	731	1
Swim Kentucky	SKY	679	1
Jeffco Aquatic Masters	JAM	647	1
Cardinal Swimming Indiana	CSI	582	1
South West YMCA Masters	SWYM	577	1
Blue Wave Masters	BLUE	503	1

**United States Masters Swimming 2006
6000 Yard Postal National Championship Results**

Club Scores - Combined

<u>Team</u>	<u>Club Code</u>	<u>Total Qpoints</u>	<u>Total Entries</u>
St. Pete Masters	SPM	6,790	9
Oregon Masters	OREG	6,198	7
Indy Swim Fit	ISF	4,755	6
Ventura County Masters	VCM	4,601	5
DC Masters	DCM	2,813	3
Florida Maverick Masters	FMM	2,576	4
Arizona Masters	ARIZ	2,460	3
Sawtooth Masters	SAWS	2,399	3
Illinois Masters	IM	2,340	3
Adirondack Masters	ADMS	2,317	3
Masters of South Texas	MOST	2,039	3
Minn Masters Swim Club	MINN	1,804	2
North Carolina Masters Swimming	NCMS	1,706	2
New England Masters Swim Club	NEM	1,674	2
Vacaville Swim Club	VACA	1,617	2
Virginia Masters	VMST	1,569	2
Alaska Masters	AKMS	1,508	2
Michigan Masters	MICH	1,507	2
San Diego Swim Masters	SDSM	945	1
Longhorn Aquatics	TXLA	924	1
Pacific Northwest Aquatics	PNA	919	1
South Belt Area "All Stars" Swimmint Team	SBAS	897	1
Irish Aquatic Masters	IAM	888	1
Connecticut Masters	CONN	878	1
Niagara Masters	NIAG	848	1
Colorado Masters	CMS	844	1
Stanford Masters	STAN	798	1
Ohio Masters Swim Club	OHIO	775	1
Ojai Masters	OJAI	728	1
Blue Wave Masters	BLUE	515	1