

# United States Masters Swimming Long Distance National Championship

## RESULTS

CHAMPIONSHIP EVENT: 2013 USMS 5K Postal National Championship

EVENT DATE(S): May 15 - September 15, 2013

SANCTION NUMBER: 502-310-0231

SANCTIONING LMSC: Kentucky LMSC

SPONSORING ORG: Swim Louisville Masters

EVENT DIRECTOR: Susan Ehringer

Address PO Box 7842

Louisville, KY 40207

Phone (502) 310-0231

E-mail [susanehr@usms.org](mailto:susanehr@usms.org)

### RELAYS

#### WOMEN'S (3 Swimmers)

Age Group	Place	Club Name	Total Time	Names of Swimmers		MI	Age	Club Abbr	USMS #	Individual Time	√ if a National Record
				First Name	Last Name						
18+	1	St. Pete Masters	3:56:56.99	Dawn	Clark		49	SPM	143D-05VRX	1:20:28.00	
				Sarah	Kwon	R	23	SPM	1433-0655R	1:17:06.99	
				Melissa	Harasz		53	SPM	143Z-05H1D	1:19:22.00	
25+	1	Las Vegas Masters	3:50:04.00	Shannon	Colavito	J	25	LVM	3331-049ZS	1:16:04.10	
				Becky	Lamph	L	45	LVM	333H-049EY	1:15:02.61	
				Kari	Adams	S	47	LVM	333P-03AS1	1:18:57.29	
25+	2	Oregon Masters	3:59:01.00	Kelsey	Bowen	C	27	OREG	373G-0271E	1:20:07.07	
				Suzy	Jajewski		38	OREG	373Y-074MV	1:20:02.94	
				Gillian	Salton	G	44	OREG	373F-05G96	1:18:50.99	
35+	1	Oregon Masters	3:36:05.53	Mary	Sweat		55	OREG	373K-025UM	1:10:16.32	
				Serena	Johnson	H	35	OREG	3730-06K7N	1:14:29.08	√
				Jayna	Tomac	M	41	OREG	3730-05EJN	1:11:20.13	
35+	2	Michigan Masters	4:06:36.63	Jenny	Birmelin		36	MICH	193B-0292V	1:22:20.59	
				Maddie	Diedo		54	MICH	1931-028U9	1:33:16.31	
				Denise	Brown	H	53	MICH	1931-01U86	1:10:59.73	
35+	3	Masters of South Texas	4:32:24.13	Sheryl	Crump		40	MOST	4335-07Z3M	1:27:05.81	
				Chandra	Kelley	C	40	MOST	433P-0663T	1:35:32.63	
				Roxanna	Gonzales-Soza		47	MOST	4330-07SZJ	1:29:45.69	
35+	4	Huntsville Swim Assoc	6:03:22.98	Jennifer	Carroll	R	38	HUNT	153K-08C36	2:29:17.99	
				Carol	Munster	A	52	HUNT	153V-087JJ	1:46:12.99	
				Julie	McNeill	A	39	HUNT	153U-06M47	1:47:52.00	
45+	1	Oregon Masters	3:50:25.75	Denise	Stuntzner	E	50	OREG	3737-0266M	1:18:58.34	
				Karen	Matson	A	50	OREG	373C-0266T	1:15:05.42	
				Kris	Denney	A	53	OREG	373T-02726	1:16:21.99	
45+	2	Masters of South Texas	4:05:18.55	Susan	Ingraham	R	54	MOST	433S-02NH2	1:18:00.30	
				Suzanne	Cuda	E	53	MOST	433F-008RJ	1:29:22.00	
				Elaine	Valdez	S	58	MOST	433F-02P0H	1:17:56.25	
55+	1	Masters of South Texas	5:41:16.07	Elaine	Valdez	S	58	MOST	433F-02P0H	1:17:56.25	
				Linda	Callaway		60	MOST	433C-02NEV	1:34:58.83	
				Nancy	Wood	O	62	MOST	433B-02P50	2:48:20.99	
55+	2	North Carolina Masters Swimming	6:33:50.68	Greta	Van Meeteren		66	NCMS	133M-0232R	1:48:45.96	
				Camille	Klotz	A	68	NCMS	133U-0245H	2:26:32.91	
				Rita	Maynard		61	NCMS	1333-06J2A	2:18:31.81	

MEN'S (3 Swimmers)

Age Group	Place	Club Name	Total Time	Names of Swimmers			MI	Age	Club Abbr	USMS #	Individual Time	√ if a
				First Name	Last Name							National Record
25+	1	Puget Sound Masters	3:29:34.74	Dan	Robinson	L	56	PSM	363B-02M2D	1:13:49.39		
				Kirk	Nelson		43	PSM	363N-02KXZ	1:05:16.35		
				Johnny	van Velthuyzen		34	PSM	363K-06TTA	1:10:29.00		
35+	1	Oregon Masters	3:20:34.43	Matt	Miller		35	OREG	373V-07EEF	1:10:14.32		
				Can (Jon)	Ergenekan		41	OREG	373K-07SGF	1:06:54.12		
				Hardy	Lussier	C	48	OREG	373W-025VX	1:03:25.99		
35+	2	T2 Naples Masters	3:37:36.02	Timothy	O'Neill	R	38	T2NM	143U-02TB0	1:07:51.01		
				John	King	M	51	T2NM	143X-073AS	1:16:45.00		
				David	Gray	L	45	T2NM	1437-07C7R	1:13:00.01		
35+	3	St Pete Masters Inc	3:51:24.98	Chris	Pyhel	R	42	SPM	143C-0712K	1:11:00.99		
				Pat	Marzulli		64	SPM	143F-02RMV	1:29:07.99		
				Timothy	Kennedy	C	57	SPM	143H-02RF0	1:11:16.00		
45+	1	Oregon Masters	3:57:20.74	Charlie	Swanson	E	61	OREG	373P-026EP	1:22:04.76		
				Robert	Richardson	B	60	OREG	373G-049YA	1:23:02.99		
				Mark	Frost		46	OREG	373X-07KU4	1:12:12.99		
45+	2	Masters of South Texas	4:40:57.13	Geoffrey	Comstock	C	51	MOST	433Z-04KP2	1:33:57.81		
				Kirk	Frambes		53	MOST	433C-06P9A	1:28:58.19		
				Henry	Half	M	70	MOST	4338-02NHB	1:38:01.13		
45+	3	Huntsville Swim Assoc	5:25:42.98	George	DeWitt		54	HUNT	153G-088A3	1:44:06.99		
				Roger	Coomer	W	48	HUNT	153T-06MSC	1:53:04.00		
				Jeff	Hinely	T	49	HUNT	153G-05SZ6	1:48:31.99		
55+	1	Longhorn Aquatics	3:30:49.51	Jim	Sauer		56	TXLA	4339-06N4M	1:05:35.50		
				Craig	Siegel		55	TXLA	433G-0239K	1:14:15.97		
				Larry	Wood	W	59	TXLA	433C-02N9F	1:10:58.04		
55+	2	Oregon Masters	4:25:31.24	Ralph	Mohr		71	OREG	373J-0261C	1:29:30.26		
				Matt	Henderson		63	OREG	373P-07UME	1:31:07.99		
				Allen	Larson	J	60	OREG	373S-05VZ3	1:24:52.99		
65+	1	Oregon Masters	3:57:04.68	Steve	Johnson	M	65	OREG	3734-0264Y	1:17:45.20		
				Tom	Landis		71	OREG	373U-025X1	1:19:24.88		
				Bob	Bruce	A	65	OREG	373Z-025YX	1:19:54.60		
65+	2	North Carolina Masters Sw	4:48:59.09	Hans	Van Meeteren	P	69	NCMS	133B-023NH	1:52:29.78		
				James	Green	M	68	NCMS	133H-022ZR	1:21:10.42		
				Bob	Husson		68	NCMS	1339-023NF	1:35:18.89		

MIXED (2 Men, 2 Women)

Age Group	Place	Club Name	Total Time	Names of Swimmers			MI	Age	Club Abbr	USMS #	Individual Time	√ if a
				First Name	Last Name							National Record
18+	1	St Pete Masters Inc	4:58:46.00	Chris	Pyhel	R	42	SPM	143C-0712K	1:11:00.99		
				Timothy	Kennedy	C	57	SPM	143H-02RF0	1:11:16.00		
				Sarah	Kwon	R	23	SPM	1433-0655R	1:17:06.99		
				Melissa	Harasz		53	SPM	143Z-05H1D	1:19:22.00		
25+	1	Oregon Masters	5:15:54.65	Kelsey	Bowen	C	27	OREG	373G-0271E	1:20:07.07		
				Bob	Bruce	A	65	OREG	373Z-025YX	1:19:54.60		
				Christian	Tujo	F	42	OREG	373Z-026K2	1:17:01.99		
				Gillian	Salton	G	44	OREG	373F-05G96	1:18:50.99		
35+	1	Oregon Masters	4:42:57.65	Matt	Miller		35	OREG	373V-07EEF	1:10:14.32		
				Jayna	Tomac	M	41	OREG	3730-05EJN	1:11:20.13		
				Serena	Johnson	H	35	OREG	3730-06K7N	1:14:29.08		
				Can (Jon)	Ergenekan		41	OREG	373K-07SGF	1:06:54.12		

Age Group	Place	Club Name	Total Time	Names of Swimmers First Name Last Name		MI	Age	Club Abbr	USMS #	Individual Time	√ if a National Record
45+	1	Oregon Masters	4:47:06.39	Kris	Denney	A	53	OREG	373T-02726	1:16:21.99	
				Mark	Frost		46	OREG	373X-07KU4	1:12:12.99	
				Hardy	Lussier	C	48	OREG	373W-025VX	1:03:25.99	
				Karen	Matson	A	50	OREG	373C-0266T	1:15:05.42	
45+	2	St Pete Masters Inc	6:02:01.98	Pat	Marzulli		64	SPM	143F-02RMY	1:29:07.99	
				Dawn	Clark		49	SPM	143D-05VRX	1:20:28.00	
				Philip	Harasz		55	SPM	1432-07GD6	1:43:56.99	
				Jo Ann	Harrelson		57	SPM	1434-02RWB	1:28:29.00	
55+	1	Oregon Masters	5:20:08.39	Jeanna	Summers		59	OREG	373A-000PT	1:32:41.99	
				Tom	Landis		71	OREG	373U-025X1	1:19:24.88	
				Steve	Johnson	M	65	OREG	3734-0264Y	1:17:45.20	
				Mary	Sweat		55	OREG	373K-025UM	1:10:16.32	
65+	1	North Carolina Masters Swimming	7:43:07.54	Hans	Van Meeteren	P	69	NCMS	133B-023NH	1:52:29.78	
				Greta	Van Meeteren		66	NCMS	133M-0232R	1:48:45.96	
				Bob	Husson		68	NCMS	1339-023NF	1:35:18.89	
				Camille	Klotz	A	68	NCMS	133U-0245H	2:26:32.91	