

**United States Masters Swimming
Long Distance National Championship**

WOMEN'S RESULTS

CHAMPIONSHIP EVENT: 10K ePostal

EVENT DATE(S): 5/15-9/15/2015

SANCTION NUMBER: 375-S003

SANCTIONING LMSC: Oregon LMSC

SPONSORING ORG: Central Oregon Masters Aquatics

EVENT DIRECTOR: Bob Bruce

Address 61200 Parrell Rd

Bend, OR 97702-2602

Phone 541-317-4851

E-mail coachbobbruce@gmail.com

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS Number	Time	Quality Points	New Record
25-29	1	Regina	Roach	A	28	WCM	385X-0727V	3:07:44.08	719	
25-29	2	Katherine	Ciurej	A	29	PSM	365W-077RT	3:14:27.18	694	
30-34	1	Lauren	Au	E	30	CALM	385G-03RD5	2:38:47.53	856	
30-34	2	Alexis	Underwood		31	GAJA	455W-073GW	2:39:33.64	852	
30-34	3	Amy	Charley	C	30	VMST	125Z-061BG	2:41:03.09	844	
30-34	4	Audrey	Viers		31	MVN	3353-07V6B	2:54:23.99	779	
30-34	5	Emily	Traw		32	IM	215W-09N9K	3:17:43.86	687	
35-39	1	Michelle	McRae		39	PSM	3658-04FBZ	2:32:12.34	881	

35-39	2	Sonja	Koppenwallner		38	SFTL	505D-01YJF	2:33:12.99	876
40-44	1	Jayna	Tomac	M	43	OREG	375Y-05EJN	2:35:05.99	853
40-44	2	Stephanie	Henry		41	IM	2156-09R25	2:38:36.03	834
40-44	3	Bonnie	Edwards	B	43	OREG	375Y-065UP	2:46:33.23	794
45-49	1	Brooke	Bowman	J	48	SPM	1459-004KC	2:32:52.99	914
45-49	2	Livia	Zien	L	49	SPM	145F-02RN5	2:48:08.99	831
45-49	3	Julie	May		48	SKY	415X-06T3A	2:53:00.57	808
45-49	4	Karen	Charney	L	46	DAM	385N-0423B	3:01:17.93	771
45-49	5	Megan	Lassen	M	45	SFTL	505G-02KUC	3:16:57.96	709
45-49	6	Ruth	Giles-Ott		46	IM	2152-02VKN	3:17:48.65	706
45-49	7	Flavia	Medlin	Z	48	O*H*	185Z-02RHK	3:52:54.45	600
50-54	1	Arlene	Delmage		52	OREG	3757-01Z4F	2:36:31.98	870
50-54	2	Marcia	Cleveland	E	51	IM	215H-01S4Y	2:37:54.64	863
50-54	3	Karen	Matson	A	52	OREG	375J-0266T	2:42:02.41	841
50-54	4	Heidi	Kafka		52	IM	215J-02X7X	2:42:38.48	838
50-54	5	Shannon	Cutting	E	51	T2NM	145S-02NSU	2:43:22.15	834
50-54	6	Dawn	Clark		51	SPM	145H-05VRX	2:56:01.99	774
50-54	7	Allison	LaField		52	MOST	435M-06MXY	3:38:18.99	624
50-54	8	Jennifer	Phalen	R	50	DAM	385D-JENNY	3:40:59.99	616
50-54	9	Alice	Perez	M	50	MOST	4353-07NGE	4:56:51.59	459
55-59	1	Denise	Brown	H	55	MICH	195X-01U86	2:29:33.27	983
55-59	2	Sharon	Smith	V	57	TXLA	435P-04KHX	2:34:27.99	952
55-59	3	Sharon	Blaha	L	55	DAM	385C-DAM83	2:35:38.99	944
55-59	4	Sally	Dykstra	K	56	TXLA	4359-02NEE	2:42:20.20	906
55-59	5	Melissa	Harasz		55	SPM	1452-05H1D	2:43:23.02	900
55-59	6	Leslie	Sauber		56	TULS	275F-01JWY	2:54:11.43	844
55-59	7	Paula	Moores	J	57	SAWS	595A-01J0E	3:18:53.77	739
55-59	8	Debbie	Gortowski	A	58	IM	2157-02UNY	3:19:25.89	737

55-59	9	Maddie	Diedo		56	MICH	195X-028U9	3:22:01.78	728
55-59	10	Cynthia	Henley	P	57	SFTL	505N-07SFD	3:24:33.37	719
55-59	11	Valerie	Golbus		59	IM	215P-09DCM	3:39:27.60	670
60-64	1	Shirley	Loftus-Charley	A	63	VMST	125Y-WATER	2:33:33.99	969
60-64	2	Catherine	Rust	M	61	PBM	5055-06WNH	2:45:20.99	900
60-64	3	Linda	Larson	L	60	SFTL	505W-2WNDA	3:15:07.99	763
60-64	4	Jill	Wright	M	64	SAWS	595T-01J02	3:16:28.14	757
60-64	5	Linda	Callaway		62	MOST	435J-02NEV	3:30:13.67	708
70-74	1	Linda	Webb		70	SFTL	505W-02FR0	3:32:55.40	931
70-74	2	Pam	Dameron	D	70	QMST	125Z-02HJ2	3:42:35.19	890